### To access or order:

Consult the Consular Web site (see above) or

Tel.: 1-800-267-8376 (in Canada) or (613) 944-4000

## Country Travel Reports (free)

Country Travel Reports provide information on safety and security conditions, health issues and entry requirements for over 220 travel destinations. This information is available 24 hours a day, 365 days a year.

### To access or order:

Consult the Consular Web site (see above) or

Tel.: 1-800-267-6788 (in Canada) or (613) 944-6788

Fax: 1-800-575-2500 (in Canada) or (613) 944-2500

# Canada Customs and Revenue Agency (CCRA)

Web site: http://www.ccraadrc.gc.ca

## Customs

Customs Border Services Automated Customs Information Service

Tel.: **1-800-461-9999** (in Canada) or **(204) 983-3500** or **(506) 636-5064** 

## Publications (free)

I Declare

Importing a Firearm into Canada Importing a Motor Vehicle into Canada

Moving Back to Canada

#### To order:

Canada Customs and Revenue Agency, Ottawa, ON K1A 0L5 Tel.: 1-800-461-9999 (in Canada) or (204) 983-3500 or (506) 636-5064, consult the CCRA Web site or contact your local Customs Border Services office. Copies of these publications are also available from Canadian government offices abroad.

## Taxation

The Canada Customs and Revenue Agency's International Tax Services Office processes income tax returns for factual residents, non-residents and

# Coping with Culture Shock

## Make Friends

Make an effort to meet others. Interacting with local people will help you learn about their culture and will demonstrate your commitment to becoming part of the community.