

Louisville, Ky. "The treatment of the affection," he states, "includes remedies to counteract the constitutional factor at work in the production of the disease and measures looking to the relief of the pain. As anodynes, opium is to be studiously avoided in all cases. Antikamnia is a reliable anodyne, which does not produce cardiac depression and will give relief without injurious after-effects. In sciatica it is best given in tablet form, with salol. One antikamnia and salol tablet every two to four hours will act both as a curative and anodyne.

Mr. S. P., age 39, applied for treatment for a most distressing case of sciatica. This gentleman was so racked with severe pain that he could not attend to business, and had to give up all work and was now confined to bed. He drank largely of buttermilk and took antikamnia and salol tablets. These tablets kept him free from pain, and after ten days' regular employment of the treatment he was able to go about his business.

Jennie G., age 19, had severe sciatica, which extended all along the course of the sciatic nerve. She suffered a great deal and could not attend school and had been almost an invalid. She was put on antikamnia and salol tablets—one every two hours for the first three days and one every four hours thereafter. She began also to take a cod liver oil emulsion about the tenth day. She recovered entirely within a period of four weeks. Now, after a lapse of four months, she has had no recurrence of the disease.

SUMMER-TIME IS SPRAIN-TIME.

Some wit has said that "Summer-time is sprain-time." Golf, tennis, baseball and the other outdoor sports inaugurate a season of sprains and wrenches, and ankles, knees, wrists, elbows, shoulders, and backs pay the penalty of a missed drive, an overhand smash or a slide to base. The resultant conditions, the stretching or tearing of ligaments, contusion of the synovial membrane and damage to vessels and nerves, are best remedied by the use of antiphlogistine, which markedly aids in the reconstruction of the injured part.

By removing the products of inflammation, through the absorption of the liquid exudate from the swollen tissues, and by permitting free circulation of blood through the seat of the injury, antiphlogistine acts as Nature's first assistant. The affected cells are stimulated and toned up through endosmosis, and the process of repair is greatly hastened.

Antiphlogistine should always be applied directly to the affected area as hot as can be comfortably borne, and covered with absorbent cotton and a bandage.