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HOME TESTIMONY:

TWO SAMPLE LETTERS MUST SUPPRIE-MORE ANOTHER TIME.

The Rec. COVERDALE WATSON, for the last three years tastor of the Central Methodist Church, Bloor-street, Totonto, but now of Victoria, B.C., writes under date of Aug. 5th inst., as follows: "Dear MR. SIMPSON—Yours of the 20th July was duly received. I can only say with respect to Dr. A. WILFORD HALL'S Hygienic treatment that I regard it as a wonderful discovery, and i fperseceingly used it cannot fail to be of great service. I would advise any one to get the pamphlet, begin the use of the treatment and throw medicine to the dogs. A very clever physician said to re the other day. Let medicine alone and get rid o the waste materials and the organs will perform their functions. This is precisely what this treatment does.

"Sincerely yours, C. WATSON."

this treatment does.

MR. ROBERT LINN, Miller, with Messrs, McLaughlin & Moore, Bay and Explanade streets, Toronto, writes August as follows: "To J. J. WESLEY SIMPSON—Dear Sir,—A remarkable experience prompts me to write concerning DR. HALLS' Health Pamphlet' purchased of you some time ago. The treatment unfolded therein, is to my mind, the greatest health discovery of the present century. It certainly has proved a great boon to me in a recent and severe attack of inflammation and hemorrhage of the kidneys, accompanied with piles of a painful character. The treatment acted like a charm in allaying the inflammation, stopping the issue of blood and causing the piles to disappear almost immediately. The rapidity with which the inflammation was arrested and healthy action restored was simply wonderful. I do not believe that any system of drug treatment in a case so critical could possibly have accomplished a cure so safely, effectively and rapidly. The treatment has also cured me of a very distressing headache, periodical in character and threatening to become obtainately chronic. The unique home treatment is simply of priceless value, and should be known and practiced by everybody, however slightly out of health, as it would not only eradicate the disease from the system, but prevent much sickness and suffering and save most people many times its cost every year. I never invested \$4 to better advantage.

"Your stuly, ROBERT LINN, 168 Parliament street."

The Microcosmic Echo, containing Portrait of Dr. Hall, history of his most remarkable discovery, with scores of letters from Ministers, Doctors, Editors, and others attesting the marvels of this wonderful Revolution will be sent FREE to any address by THE SIMPSON PUBLISHING CO., 60 Address by THE SIMPSON PUBLISHING CO.

HOUSEHOLD HINTS.

MATTING FOR WINTER.-Taking up matting in the fall is less done than it used to be. Some housewives use it all winter in place of carpet; others carpet over it.

BEAUTIFUL CAKE.—Two cupfuls of butter, three cupfuls of sugar, five cupfuls of flour, one pound of fruit, one cupful of milk, five eggs, two heaping teaspoonfuls of baking powder sifted in with the flour.

BAKED APPLES.—Wipe and core a dozen apples, put into a pudding dish, fill the cavities with sugar; take a tablespoonful of butter, the same of flour, rub smooth, add boiling water enough to cover the apples. Grate nutmeg over and bake slowly.

BUCKWHEAT CAKES. (Ready in five minutes.)-Two teacupfuls buckwheat flour, one teacupful wheat flour, four teaspconfuls Cleveland's Superior Baking Powner, one teaspoonful salt. Mix all together, and add sufficient sweet milk or water to make a soft batter. Bake on griddle at once.

TO SAVE SOAP .- How many readers wonder what to do with the small pieces of soap left after using a piece till so small you can't hold it. My plan is to make a flannel bag, about five inches by five inches, put the pieces in, sew up, and use as you would a bar of soap. Try it once and see how it does.

CRYSTALLIZED PEARS .- Use only absolutely perfect fruit because the cores are to remain intact. For a dozen pears beat the whites of two fresh eggs only until they are liquid and smooth, and sift a large dish of confectioners' sugar; leave stems on the pears and peel them very thin and smooth. When peeled hold each one by the stem, roll it in the beaten egg until all parts are moistened, then in the sugar to thoroughly coat the entire surface, and dry the pears upon a large dish. If the first application of egg and sugar does not cover the fruit, repeat it. To serve the fruit arrange it upon a glass or china dish for dessert.

FOUND AT HOME WHAT HE SOUGHT FOR IN VAIN ABROAD.

A Toronto man a few years ago travelled for some months in Europe. The next year he roamed over the prairies of our own North-West, all in search of health and relief from dyspepsia. Three years ago he began to diet on Descipted When made he the Indianal on Dessicated Wheat made by the Ireland National Food Co., and that cured him. He gained fifteen pounds in weight, and is now in excellent health.

THE QUEEN PAYS ALL EXPENSES.

The Queen's last "Free Trip to Europe," having excited such universal interest, the pubhaving excited such universal interest, the publishers of that popular magazine offer another and \$200 extraction expenses, to the person sending them the largest list of English words constructed from terters contained in the three words british North America." Additional prizes, consisting of Silver Tea Sets, China Dinner Sets, Gold Watches, French Music Royae Populare Curtains Silk Dresses. Music Roxes, Portiere Curtains, Silk Dresses, Mantel Clocks and many other useful and valuable articles will also be awarded in order of merit. A special prize of a Seal Skin Jacket to the lady, and a handsome Shetland pony to the girl or boy (delivered free in Canada or United States), sending the largest lists. Every one sending a list of not less than twenty words will receive a present. Send four 3 cent stamps for complete rules, illustrated catalogue of prizes, and sample number

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