

**Adieu.**

A RONDEAU.

May fortune's brightest smile abide with you,  
 And flow'rs of joy your path of life bestrew :  
 May envious glances on your fame be few—  
 Zimmerman, adieu !

Though in your native land kind hearts renew  
 The bonds of friendship, faithful, full and true:  
 None are more faithful than the many who  
 Must say, adieu !

E'en though a bitter thought ; a sneer undue  
 Escaped the hasty, let no ill ensue ;  
 But banish such, we beg, from Memory's  
 view—

Zimmerman, adieu !  
 —*Irish Cyclist.*

**Sidewalk Riding in St. Catharines.**

Mr. E. W. Smith, Chief Consul of the C.W.A. at St. Catharines, sends us the "Police Notice," which we publish below as a warning to tourists and others who have been in the habit of making use of the sidewalks when in St. Catharines. Several people have been hurt and some windows broken, hence the reviving of the old By-law.

**POLICE NOTICE.**

I beg respectfully to call the attention of the public to Section 13 of By-law No. 865, relating to streets and sidewalks, which reads as follows :

"No person shall run, draw or push any Carriage, Wagon, Wheelbarrow, Cart, Hand-cart, Horse-cart, Truck, Hand-wagon, Sleigh, Bicycle, Tricycle, or other vehicle used for the conveyance of any person, article

or property upon any of the sidewalks of the said city, under a penalty of \$50.00 and costs, or six months imprisonment."

I hereby give notice that the city police will, on and after the 15th day of August, 1892, enforce the said portion of the said By-law.

Trusting all persons concerned will govern themselves accordingly.

JOHN CUMMING, *Chief of Police.*

St. Catharines, August 9th, 1892.

Has the 24-hour contest heralded a new epoch in cycle racing? is what many are asking themselves. In this race, pacemakers were used for the first time on the path, and with complete success; and there is no reason why the experiment should not be tried in scratch races. It would do away with crawls, and make the race interesting to the public; and it would ensure the fastest man over the distance winning, and thus lead to men training specially for the distances which they believed suited them best. The anomaly of a mere sprinter winning a distance contest is one which should not exist, and nothing else can put an end to it but pacemaking. There are two ways in which it could be done—either to induce men to pacemake simply for the honor and glory of doing so, or else to give the value of the prize to the man scoring most points. To ensure a fast pace all through, there should be at least four points for scoring in each lap. When the bell rings, the pacemakers should turn off on the inside of the track, and leave the real competitors to fight out the finish between themselves. A race run on the rules would be intensely interesting, and could not fail to please the spectators.—*Irish Cyclist.*

# HOW TO WIN THE RACE!

STRENGTHEN UP BY TAKING

## Johnston's Fluid Beef

REGULARLY

It forms Muscle, Sinew, and gives  
 Powers of Endurance.

