sale in Canada.

A copy of the pamphlet may be had

free on application to the Seed Division

Advice to Athletes.

The following strong statement is

Witt's "Guide to Young Men," who

ance' to the fraternity, but telling

Wet Coal Burns Best.

An accident has revealed to officials

of the British Navy that coal which

endurance than coal fresh from the

pit's mouth. Experts believe that ex-

periments now going on will produce

New York housekeepars found dur

The Germs of Catarrh.

A little candy after lunch or dinne

is not only uninjurious, but it aids di-gestion. Between meals on an empty

stomach it is simply pernicious and

would eventually ruin the stomach of

the strongest person. Mothers who let children eat candies and other sweets

between their meals certainly err from

ignorance, for they would not willing

ly let them do a thing that would

child has a strong constitution does

pepsia when she is growing,

not insure her against chronic dys-

Wakeful Children.

considerable

Co rrespondence, Suggestions and Inquiries welcomed to these columns. Notice of Seed Control

Condiments or Correctives for Swine.

A copy of bulletin No. 15, entitled, "Bill No. 200, Reprinted as Amended; Highly fed require a corrective of some kind to maintain the digestive system and Sale of Sceds with Explanations and Sale of Sceds with Explanations and This Comments, has been received. This pamphlet is issued for general distrithe fatter the pig the greater the ne-cessity, says L ve Stock Commissioner F. W. Hodson. When the digestive organs become clogged with fat their notice to the interested public, and allarge he does not root up the pasture erations of feed producers, seed merchcraving that causes a confined pig to eals, grasses, clovers or forage plants to tear apart brick walls in order to unnatural craving is not well under-stood, It may be due in part to a purity and vitality, the Timothy, Allack of ash in the food; for, as has aleady been stated, a hog may be get-Branch of the Commissioner of Agri-culture and Dairying, Ottawa, Letters addressed as above do not need possome form of indigestion. Whatever may be the part played in the anisupplied, hogs are healthier, eat better, thrive better, and, consequently, crank, but the soler advice given by

ay better, Witt's "Guide to Young Men, who Charcoal is probably one of the best desire to win success in the popular tives; and, when it can be read-sport of baseball: ily obtained it will pay to keep a supply in some place where the hogs can
physical and mental powers to their

and become useful and worthy citizens or you can raise Cain, as you do
in school, graduate from there into a get at it whenever they like. The fol- utmost advantage, must ignore, first, brake beam tramp and die a dirty lowing preparation is that used by intemperance in eating, and, second, Mr. Theodore Louis, one of the most refuse to allow a drop of alcoholic successful hog feeders in the United States, and should by an excellent wine, beer or cider, to pass down his

'coal, or three bushels of common them facts, hard, incontrovertible charcoal; eight pounds of salt; two fact, which experience is gradually "quarts of air-slaked lime; one bushed "of wood ashes. Break the charcoal "well down, with shovel or other im "plement, and thoroughly mix. Then plement, and thoroughly mix. Then

"plement, and thoroughly mix. Then "take one and a quarter pounds of "copperas and dissolve in hot water, "and with an ordinary watering pot "sprinkle over the whole mass and "then again mix thoroughly. Put this "mixture into the self-feeding boxes, "and place where hogs of all ages can "eat of the contents at their pleasure." The charcoal furnishes the required mineral matter which may have been lacking in the food, and is also an excellent corrective for digestive troubles, while the copporas is a valuable tonic and stomachic. If the charcoal is at all hard to get its place is taken almost as well by sods or earth rich in humus. It is questionable, indeed, if there is anything better than sods or vegetable mold taken wet coal surns Best.

A Timely Saggestion.

A Timely Saggestion.

A Timely Saggestion.

A Timely Saggestion.

This is the time of year when the prudent and careful housewife replensibles her supply of Chambeslant be needed before the winter is over, and results are more prompt and satisfactory when i is kept at hand and given as soon as the cold is contracted and before it has become settled in the system. In almost every instance a severe cold may be warded off by taking this remedy freely as soon as the first indication of the cold appears. There is no danger in giving to children, for it contains no harmful substance. It is pleasant to take—both adults and children like it. Buy and you will get the best. It always cures. For sale by S. N. Weare, ter than sods or vegetable mold taken be thrown into each pen daily, it is astonishing to see how much of it the hogs will consume; and the improved health and thrift of the animals will be a revelation to the feeder that has

old mortar, rotten wood, etc., are alommended for this purpose. Prof. and hard wood ashes, when given as a supplement to an exclusive corn rasition of coonomy in all the navies and and hard wood ashes, when given as tirely satisfactory growth, but the difference in favor of those getting narked. The pigs fed exclusiv?ly on marked. The pigs fed exclusiv?ly on corn were most plainly marked. When cinders intended for reburning went slaughtered the several lots showed no better when thoroughly dampened. difference in the proportion of fat or lean, nor was there any difference in the size or character of the various inthe size or character of the various internal organs. The bones, however, were a most interesting study. The table given below shows clearly the more economical gains and the greater strength of bones in the case of the animals furnished with ashes or bone madal. It is quite evident that commend, salt and water do not supply all the elements essential to building a normal framework of bone and muscle.

Result with pigs living on corn meal with or without bone meal and hardwood ashes in addition.—Wiscon-

hardwood ashes in addition .- Wiscon-

Corn meal required to produce 100 lks. of gain, lbs. 487 499 629 Average breaking strength of thigh bones, lbs. 680 Average ash in thigh bones, grams. ... Yours very truly,

Publication Clerk.

It is difficult for a progressive farmer of forty years ago could live when every farm operation was done by hand or by use of the crudest contrivances. Grain was cut with a cradle, hay with a scythe. Plowing was done with a metal pointed mold board stocked at home, and a tree fork and wooden pegs made the harrow. Grain was trodden out by horses or thrashed on rail pens with flalls. Then there were no many toothed cultivators, weeders or disk plows or harrows. Then an or disk plows or harrows. Then an acre a day was good work in cultivating or preparation. Now we do much better work at the rate of five to ten acres per day. Now one man can do the work that formerly occupied five men the same number of hours. The inventive genius of man has been grad ually eliminating every form of drudgery from farm life.

—Seventy per cent. of the failures in life are caused by delays, for some reason or other—the habit of putting off, instead of acting on the principle, "Never put of till to-morrow what you can do to-day," and when the morrow comes the opportunity is gone or the enthuslasm has grown cold. Act on the injunction, "Whatsoever your hands find to do, that do with all your might." It is true that Procrastination is the thief of time, and that to-morrow never comes.—Ex. disk plows or harrows. Then an

-Minard's Liniment cures distemper

The King of England has shown

ment of cancer, and generous subscriptions have been made for thorough investigations and experiment. Every step forward for the relief or mitigation of human suffering from this mys terious disease will be welcomed eager ly. Cancer, advanced tuberculosis, le prosy and rheumatism in its worst forms still baffle the skill of the ablest doctors in the world. It is of interest however, to note that Professor Hutchinson, of England, who has given many years of exhaustive study to ability to digest and assimilate is weakened. When a hog is running at large state of the Bill in its relations to the opthe origin and development of leprosy, erations of seed producers, seed merchants and seed consumers. The Bill as at least in part spoiled, is a prolific Man's Heavy Fall Pants, all wool, 95c paints and seed consumers. he do it because of innate cussedness. He roots to obtain something for which his system craves. It is this support of his contention which are so plausible, at least, that health ofwhich contain the seeds of certain noxious weeds named in the Bill, will ficials all over the globe ought to be be prohibited from sale. It further sures to prevent the sale and consump-tion of sea food which is in the least provides for uniform methods of graddegree tainted.

The Bad Boy and the School.

This item is taken from an exchange and it is for the small boy of from 12 to 15 years of age, who thinks it is a school and wear out the life of his teacher and destroy the good work which the school was intelled to accomplish. This sort of boy is found in country as well as city schools. They are too big for a little woman to thrash and seem to have no moral "Now, boys, you are the architects of sense which may be appealed to. your own fortunes. You can improve the educational advantages given you and become useful and sure way to get into plenty of trouble when grown to manhood is to make lots of trouble in the public schools. throat. We are not preaching 'temper- You ought to have the meanness well licked out of you, but the teacher can't do it. your father won't, and the school board had rather fire you than lick you. Fun and plenty of it is a birthright to the American boy, but your type of meanness is not fun; it is the out-cropping of the heathen in you, and you belong with the Moros or Tagals of the Phillippines rather than with the people of civilized North America. Turn over a new

Heart Palpitation at Night.

Rattles even the strongest man, but to the average woman it is a taste of general purgatory. Take a little Nerviline in sweetened water and away goes the palpitation. You'll be saved lots of worry by keeping Nerviline on hand, which is a treasure for all sorts of palms and solve Nerviline are sent solves. of pains and aches. Nerviline cures headache, stomach and bowel troulles quickly. Costs 25c for a large bottle.

chine has been devised which can also be operated from the lamp socket of an ordinary electric light. It consists of a transformer and what is called an Audriols tube. This converts the oxy-hydrogen of the air into ozone Ozone is the active agent in sea air, and one of the most effectual killers of the consumption microbe.

Spent Over \$2.000 Doctoring.

complete nevolution in coaling sta-tions. If the coal can be kept under water it will last long and be cheap-Mr. Joseph Pominville, cf Sull-As the coal burned by British warhits costs \$10,000,000 a year, the
itiem of coonomy in ail the navies and
morphant marines of the world, if yet

morphant marines of the world, if yet

Stomach and Liver Tablets. He did merchant marines of the world, if wet coal really does burn better, will te

-It is said that a lotion compose of two ounces each of rosewater, alcohol and glycerine, with one teaspoonful of borax, is a certain cure for blackheads. After bathing the face night and morning rub in with the

For a Bad Cold.

If you have a bad cold you need a good reliable medicine like Chamberlain's Cough Remedy to loosen and relieve it, and to allay the inflammation of the thouse and lungs. The southing of the throat and lungs. The soothing and healing properties of this medicine and the quick cures which it effects make it a favorite everywhere. For sale by S. N. Weare.

He found the cow in the pasture with a broken leg. The dog kad chased her over a high bank. Does it pay him to keep a dog to bring in the cows at milking time?

bed with soap and then with bran. This will remove the dirt, and the bran will soften the water and keep the hands smooth.

Minard's Liniment cure diphtheria.

CHURCH SERVICES. Parish of Bridgetown.

HURCH OF ENGLAND.—Rev. E. Underwood St. James' Churce, Bridgerown.
Sunday School every Sunday at 9.45 a. in.
Sunday Services: 1st Sunday in the month
7.00 p. m. All other Sundays at 11 a. m. and
7.00 p. m.
Holy Communion: 3rd and 5th Sundays at 11
a. m., 2nd and 4th Sundays at 8 a. m.
Week day service in Schoolroom, Friday
7.30 p, m., other times according to notice.

7.30 p, m., other times according to notice.

ST. Mary's Church, Brlleisle.

1st Sunday in month, 10.30 a. ro. (The Holy Communion is administered at this service.)

All other Sundays at \$2 p. m.

Sunday School: 1st Sunday in month at 9.45 a. m. All other Sundays at 1.45 p. m.

Week day service, Thursday 7.30 p. m., other times according to notice.

YOUNG'S COVE.

1st Sunday in the month at 2.30 p. m. BAPTIST CHURCH.—Rev. E. E Daley, pas Bible Class and Sabbath-school at 10 a. preaching service at 11 a. m. and 7.00 p Prayer-meeting on Wednesday and Fri evenings of every week.

PROVIDENCE METHODIST CHUNCH.—Rev Benj, Hills, pastor, Sunday services at 11 s. m. pr. 100 method in the service of the service Salvation Army.—S. M. Munroe, Captain.
Public meeting every Sabbach at 7.00 a. m.
and il.00 a. m.; at 2.30 p. m. and 7.30 p. m.
Week services Monday, Thresday, Thursday,
Friday and Saturday evenings 4 7.39 p. m.
Soldiers meetings on Wednesday evenings
at 8.00 p. m.

the requisites for a

New Store

I HAVE REMOVED TO MY NEW STORE AT COR. QUEEN AND WATER STS. AND HAVE NOW DAILY ARRIVING

B.va.* Fleece Lined and Wool Underclothes, 24:) per suit. 15 doz. Suits in stock. Lidies' Skirts and Underskirts, all wool, — Price \$6—MARKED DOWN to \$3 50. All kinds of Dress Goods from 10: yd up. Print Cotton, 1500 yards. yd wide, price 12: — MARKED to 9:.

Lidies' Shirt Waists, Sateen, price \$1.50—MARKED to \$1.00.
Lidies' Shirt Waists, Cotton, price 75c—marked to 35:.

Table Cioths, — 2½ yds long, 1½ yds wide, — 75:.

All kinds of Cloth and Dress Goods, and Smill and Fancy Ware.

Man's Suspenders, Silk, from 20s up.

Men's Suspenders, heavy web, from 15s up.

Boys' Suspenders from 5s up.

A full line of Groceries

Women's Flannelette Wrappers, thirty dez,

assorted colors and sizes, latest styles,

Children's Coats, Reefers, and all kinds, \$2.50 up.

20 per pound given for butter; 18c. per dcz for eggs.

Butter, Eggs and Country Produce HENRY MAMY

A Course in FLOUR in Five Roses, Ogilvie's Hungarian, Hornet, Rainbow Advertising Harvest Queen, Tilson's Pride, Delight, White Coat, and other One Dollar CORNMEAL in barrels and bags

MPRESSIONS, a monthly jour nal of business making ideas and which, during the year, JOSEPH I. FOSTER gives a thorough treatment of the different phases of advertising, will be sent to any address in Canada THE INVERNESS RAILWA or the United States for One Dollar. Send ten cents for a sample INVERNESS. - CAPE BRETON copy. It will be worth a dollar

IMPRESSIONS CABLE ADDRESS: | Established over a quarter of a century

JOHN FOX & CO. Auctioneers and Fruit Brokers. Spitalfields and Stratford Market, LONDON, G. B.

AFWe are in a position to guarantee highest-market return for all consignments entrusted to us. Cash draft forwarded immediately goods are sold. Current prices and market reports forwarded with pleasure. Nova Scotia Apples a Specialty. Our facilities for disposing of apples a highest prices is better than ever.

Abram Young BRIDGETOWN,

Established 1810.

W. Fieatt and Son FRUIT BROKERS, Govent Garden, London, England.

ASHBY HUTCHINSON, Bridgetown T. JEFFERSON, Lawrencetawn.

Greatest Bargains in Town

Boots, Shoes and Rubbers. TOP SHIRTS and other new Fall

A Line of Standard Groceries. . A. FOSTER, Queen Street, BRIDGETOWN.

Don't Forget B. M. WILLIAMS' Is the place to get



On and after MONDAY, OCT. 25TH 1903, the Steamship and Train Service of his Railway will be as follows (Sunday ex-

S. S. "Prince Arthur"

Royal Mail S. S. 'Prince Rupert,' take a cold sponge. 1260 Gross Tonnage, 3000 H. P. ST. JOHN and DICBY,

Leaves St. John, Monday, Wednesday, Thursday and Saturday 7.45 a.m day, Thursday and Saturday 7.45 a.m should end with a cold sponge.

"For cold feet, wading ankle deep in cold water in the bath tub for one of two minutes before retiring will be

P. GIFKINS,

AND COAL CO'Y. Miners and Shippers of the celebrated

INVERNESS IMPERIAL COAL St. Catharines, Ontario Sepsened. Run-of-Mine. Slack First-class both for Domestic

We have a large stock of

FLOUR,

MEAL

FEED

Feed Flour, Middlings, Shorts.

BUNKER COAL.

The Inverness Railway & Coal Co. laverness, Cape Breton, VM. PERIE, Agent, Port Hastings, C. B.

> IN ALL COUNTRIES HAVE YOU AN IDEA have ten years experience in transactions business by correspondence. Commu business by corresponding a rough sketch, photo any one sending a rough sketch, photo of an invention, we will give our opinion froge as to whether it is probably patentable ions secured through Marion & Marion and the without charge in over

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FINEST and FRESHEST

always in stook. Wm. I. Troop

PALFREY'S CARRIAGE SHOP -AND-

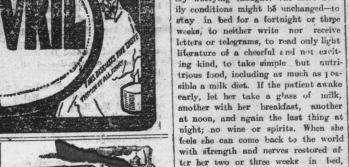
Good Dinner

The subscriber is prepared to furnish the public with all kinds of Carriages and Buggles. Sleighs and Pungs that may be desired.

Turkeys, Geose, Ducks, Chickens, etc., to select

Turkeys, Geose, Ducks, Chickens, etc., to select

REPAIR ROOMS.



she must get up for a short time each that there are many among our read-RAILWAY ers who need this simple rest curtions the cleverest doctors could Steamship Lines

Boston via Yarmouth. Land of Evangeline" Route

Frains will Arrive at Bridgetown:

out of Boston, leave Yarmouth, N. S., Wodnesday, Saturday, immediately on arrival of the Saveress train, arriving in Boston next morning. Returning leave Long Wharf, Boston, Tuesday, Friday at 2 pm.

The S. S. Peroy Cann makes daily trips between Kingsport and Paraboro.
Unequalled cuisine on Dominion Atlantic Railway Steamers and Palace Car Express taneous circ

CANADIAN PACIFIC

Through Fast Express leaving Halifax at SHORT LINE 8.45 a.m., St. John, 6.00 p.m. MONTREAL. First and Second Class Halifax to Montreal.

The Fast Train leaving LIMITED run to Vancouver in 97 hours.

Pacific Coast. Carries Palace and Tourist Sleeping Cars.

Leaves Mon

PACIFIC EXPRESS Leaves Montreal 9.30 a.m daily, carrying First and Second Class Coaches Palace Sleepers, and on BRITISH COLUMBIA British Columbia.

Write for descriptive matter, rates, etc., to C. B. FOSTER, Reasons why You should buy

The Standard Sewing Machine! two on other machines.

Because the STANDARD does most beautiful him eligible as a husband. In the Ishemstitching! Because the STANDARD has a ruffler that lead of Marken in Zuyderzee the bride's lead of Marken in Zuyderzee the bride's

Because the STANDARD does more kinds of ment is announced. It is a sad com-Because the STANDARD runs 75 per cent. mentary, I know, but it would be a lighter than old style machines. Bocause the STANDARD does nt break thread when run backward. First stitch perfect without holding ends of threads.

une the STANDARD makes less noise than other machines owing to the rotary motion and being bali-bearing. I can sell THE STANDARD at

W. A. CHESLEY.

BENTLEY'S LINIMENT 96 ez. size (over 5 time as much), 25c.

F. a WHEATON CO. LIMITED.

COLE PROPRIETORS. FOLLY VILLAGE, N. S.

30kers' Corner The bousehold.

THE REST CURE AT HOME. (From the Family Doctor.)

feels she can come back to the world

more than all the drugs and prescrip-

or twike a week when a full bath is

one from an old cook, who made use

The peculiar odor which permeates

the flesh of lambs and sheep, the lat-

lemon and with it sufficient butter to

make a gravy, and pour this over the

Another method which she gave, and

which may possibly be known to oth-

when it is done, over some fresh

remain long enough for the mint to

back over the meat. This is known as

-I wish I might hang over every

girl's mirror or near her writing desk,

notto: "The realms of ideals and the

rodes." I with I could make them understand that it is not what a yourg

man would promise to be for their

sakes, but what he is, what he was

before they knew him, that makes

most appropriate ceremony in a good

ened portions of the world to-day.

finer sensibilities that they do not

and cannot heed the intuitions that

WATER FOR THE COMPLEXION.

drinking to be the cheapest and best

Better Than a Plaster.

A piece of flannel dampened with

The woman with a muddy skip and

RAN WHOLE FARM, BUT THAT

(New York Mail and Express.) I stopped to get a glass of milk the other day at a Jersey farmhouse cure" as practiced at various institu-tions, such, for example, as nursing homes and private hospitals, and many impracticable people have asksix children playing round, was ined, Why not try the curs at houe? clined to grumble at her hard luck

press conditions of success is that the ration must banish from his mind every marked, in a tone which indicated her ery worrying thought! The mere bodwillingness to resign.

"A hundred and forty.

letters or telegrams, to read only light "Ten head of cattle, two cows, six liferature of a cheerful and not exciting kind, to take simple but nutri- hogs and work horses for the place." trious food, including as much as 1 ossible a milk diet. If the patient awake early, let her take a glass of milk, another with her breakfast, another of it," she sighed.

"Don't you hire some help?" "Of course, but 'taint hired help that takes the load offen one's hody." night; no wine or spirits. When she There was some philosophy in that, ter her two or three weeks in hed, "Haven't you got a husband?" I she must not do so saddenly. Instead

> "Yes," she said sternly, THE NEW MOTIVE POWER.

then asked, sympathetically.

A coster stopped outside a chem-

"Mister," said the pearly one, "car COLD WATER FOSTERS VITALITY. you give that 'ere animal sumfink to make 'im gee-whiz? 'Ee won't move

"Habitual colds are due to an illkept skin on the outside and dyspep- for nuts." The man of poisons smiled, went inof liquid ammonia. . He withdrew the of liquid ammonia. He withdrew the stopper, and placed the neck of the stopper, and placed the neck of the

mon sense are the foundations upon vessel underneath the tired one's nasponge bath, one to three minutes long, with a brisk, dry rub immediate of twenty ass-power, then off galloped y before and after, is excellent—usual Neddy as though his Satanic majesty

ly all that is necessary to keep the cutaneous circulation alive and the The coster, in stupefaction, gazed at skin active to sudden changes of tem- the rapidly retreating form of his as-"Say, cockie, is that 'ere stuff expe

steal vitality, but fosters it. It stimulates the nerves that control the expansion and contraction of the signated by that facetious title. blood vessels, and regulates the cutaneous circulation. A dry rub is a "Then git a move on yer an' give us two sniffs. I've got to catch that fair substitute for those who cannot

FEARED A SEPARATION. Her father had read her the parable

went as consoler. set in after brisk rubbing, wrap the feet in flannel: they will soon thaw "About the goats. Oh, I'm afraid

out. Do not use hot water bottles or "Why, no, dearie. You are a sweet I'm a goat." night you would go straight to heav-With this and like assurance she This recipe is an original and tested

The next night the same performance of it for her own personal kenefit. was repeated, and again the mother "It's the goats. I'm afraid about ter especially, is very offensive to

the goats."
"Didn't I tell you, dear that you most people, and many who would otherwise enjoy the meat cannot eat it on account of this unpleasant at-"Oh," she sobbed, "I'm not crying tribute. Now, the remedy is simple about myself but I'm afraid you may and inexpensive, for all that is nebe a goat!"-Brooklyn Life. cessary is to take the juice of one

SPURGEON REBUKED.

of somewhat severe aspect, and to pass the time he entered into conver gathered mint leaves, allowing it to den, in Essex, where Spurgeon first thoroughly flavor it; then pour it dearly loved a joke, pointed from the window and remarked: "A very great man was born there

-Mr. Spurgeon, the eminent preach-The lady looked at him with a stony as a help toward the higher life, this stare for some time and then replied realm of solf-indulgence are anti- birthplace, he would have said, 'A very gr at sinner was born there,' Mr. Spurgeon.' It was the first intimation which

the preacher had that he had been recognized by his travelling compar THE KITTEN'S FATE.

Lady Visitor (to little girl)-"What

"It growed up into a cat."

full eyes will find generous water orning and night will brighten her eyes, clear her conplexion and im story of an old negro woman who prove her digestion. Let the water called him in to treat a little child. be absolutely pure, and a few months "Doctah," she said, "de child hab of the simple freatment will gein swallered a pint er ink." "Have you many compliments for the woman done anything to relieve him?" asked whose greatest affliction is an unat- the doctor. "Yes," replied the mother. "I'se made 'im eat free sheets ob

NOT LOOKING FOR APPLAUSE.

blottin' paper, doctah. Was dat

right?"

Two Cottages.

Apply to

JOHN HALL, Lawrencetown.

Oc. 14 3i

Chamberlain's Pair. Balm and bound to the affected parts is superior to any plaster. When troubled with lame back, or pains in the side or chest, give it a trial and you are certain to be more than pleased with the prompt relief which it affords. For sale by S. N. Weare.

"Don't let my carving this chicken disturb your conversation," said the young husband, red and perspiring, to the company at fabls. "I can do it even better if you keep on talking and pay no attention to me."

To Cure a Cold in One Day Take Laxative Bromo Quinine Tablets. 6. 71. Grove box. 256. Seven Million boxes sold in past 12 months. This signature,

UNION BLEND

is a combination of pure Indian and Ceylon Teas, and is the best packet Tea in the market. St. John, N. B. HARRY W. deFOREST,