

Tired Nervous Mothers

Should Profit by the Experience of These Two Women



Buffalo, N. Y.—"I am the mother of four children, and for nearly three years I suffered from a female trouble with pains in my back and side, and a general weakness. I had professional attendance most of that time but did not seem to get well. As a last resort I decided to try Lydia E. Pinkham's Vegetable Compound which I had seen advertised in the newspapers, and in two weeks noticed a marked improvement. I continued its use and am now free from pain and able to do all my housework."—Mrs. B. B. ZIELINSKA, 202 Weiss Street, Buffalo, N. Y.

Portland, Ind.—"I had a displacement and suffered so badly from it at times I could not be on my feet at all. I was all run down and so weak I could not do my housework, was nervous and could not lie down at night. I took treatments from a physician but they did not help me. My Aunt recommended Lydia E. Pinkham's Vegetable Compound. I tried it and now I am strong and well again and do my own work and I give Lydia E. Pinkham's Compound the credit."—Mrs. JOSEPHINE KIMBLE, 935 West Race Street, Portland, Ind.

Every Sick Woman Should Try

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THE EWE AT LAMBING

Hints on Care of Both Mother and Lamb.

Care Before Lambing Important—How to Help in Cases of Poor Delivery—A Good Ration for Ewes When Raising Lambs.

(Contributed by Ontario Department of Agriculture, Toronto.)

THE two main factors contributing to a satisfactory lamb crop are the proper feeding and care of the sheep during the six months previous to lambing time together with care and detailed attention given to the flock during the lambing period. Plenty of exercise coupled with sufficient amount of the right kind of feed to maintain the ewes in good thriving condition will usually result in the birth of active rugged lambs, for which the mother will have a sufficient supply of milk. In practically every flock, no matter how well cared for, the attendant must be on hand frequently, day and night, during the period the lambs are arriving. A little attention at the proper time often results in the saving of not a few lambs.

Absolute dryness and freedom from draught is very essential for the flock at lambing time, and when the lambs are expected in March or even early April provision should be made for reasonable protection from the cold.

Wool balls in the stomach is often the cause of much loss in young lambs. This trouble as well as difficulty in getting the lambs to nurse may be avoided by clipping away all loose and dirty wool from around the udder and quarters of the ewes. It must be borne in mind that at this time the ewes, heavy in lamb, should be handled gently, otherwise serious loss may occur from ewes slipping their lambs.

Provision should be made for a few small pens located along the warmest side of the building. The ewe about to lamb is much safer separated from the main flock and in cases of difficult parturition, weak lambs, ewes disowning their lambs, and numerous other difficulties that may arise they can be looked after a great deal more satisfactorily when confined in small enclosures. It not infrequently happens that a ewe has difficulty in delivering her lamb; this is more common in the case of young ewes with their first lamb. When the lamb has come forward far enough so that the nose and front feet are in sight and the head is unable to pass through the ewe should be assisted by gentle pulling on the forefeet. If this fails smear the inside of the vagina well with linseed oil; this has the effect of softening and allowing the opening to stretch, and will, unless the case is a very severe one, give relief. No action should be taken until it is reasonably certain some assistance is needed, and before investigating the hands should be perfectly clean and disinfected.

Lambs may be born weak and apparently lifeless, more particularly in case of difficult delivery. These may be revived by quick action on the part of the attendant. First remove the phlegm from the mouth, then hold the mouth open and blow

gently a few times to start respiration. Next lay the lamb on its belly and gently beat it on the sides next to the heart just back of the shoulder.

A ewe may lose her lamb and still have a supply of milk. She may be given a lamb say one of twins or an orphan lamb belonging to another ewe to raise. This may be accomplished by skinning the dead lamb and throwing the skin over the one to be adopted. A ewe may take to another lamb when held and the lamb allowed to suck. Especially is this true where a ewe has a full flow of milk.

When a lamb is born during a cold spell it may become so thoroughly chilled as to require attention. Place the lamb in hot water until well warmed, rub dry, then wrap in a cloth and place beside a fire until restored. A little warm milk taken from the mother should be given as soon as the lamb will take it. A few drops of whiskey in a little warm water may often prove beneficial.

Ewes, like dairy cattle, vary a great deal in the amount of milk given. In case of single lambs the mother may have more milk than the lamb will take for a week or more, the lambs may be nursing on one side only and the other side will become inflamed and caked. Either hold the ewe and allow another lamb to nurse or milk out. In case the udder has become hard bathe with hot water for five minutes with a woollen cloth, dry thoroughly and apply (warm) pure melted hog's lard.

Ewes should be fed sparingly, especially of grain, for a few days after lambing, as soon as they are safely over the effects of lambing they should be gradually brought up to full feed. Clover or alfalfa hay, together with a grain ration of oats and bran should give results. If roots or good quality silage is available they will supply succulence and add variety to the ration.

All lambs should be docked and the male lambs, other than those intended for breeding purposes, castrated at from ten days to two weeks' old.

Following is a good ration for ewes when raising lambs:—

Oats, eight parts.
Bran, four parts.
Oil cake, one part.
Roots, four to six pounds per day.
Good hay.
Lambs started on ¼ pound per day will give a good account of the feed consumed.—Percy Sackville, O. A. College, Guelph.

A laying hen requires grain, meat or milk as well as green food during the winter months.



Worn-Out, Weak Men and Women Testify

Chatham, Ont.—"For many years I suffered with stomach trouble and I tried many remedies but they seemed to be a failure—my stomach seemed to be getting worse instead of better. One day I came in possession of a bottle of Dr. Pierce's Golden Medical Discovery and took it. My stomach seemed completely cured. I have great faith in this medicine and hope any sufferer that reads this will give the 'Discovery' a trial. Once tried, you will never be without it."—C. TITUS, Jr., 28 Duke St.

New Wiltshire, P. E. I.—"I suffered three years with bronchial asthma. I was so weak I could hardly walk three steps at a time. I could not sleep so would get up and stay up the rest of the night. One day a friend advised me to use Dr. Pierce's Golden Medical Discovery so I sent to my druggist for a bottle and when I had taken half of it I felt a great deal better. When I used that bottle I sent for two more, and when I finished the third bottle I was completely cured. It is over two years since I first took Dr. Pierce's Golden Medical Discovery and I have not been troubled a day with asthma since."—ALEX. McLEOD.

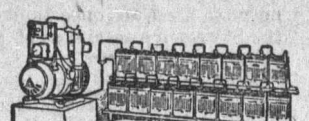
Hamilton, Ont.—"I have suffered with rheumatism for the last five years and I have only taken three bottles of Dr. Pierce's Anurie (anti-uric-acid) Tablets and three bottles of 'Golden Medical Discovery' and am nearly cured. I also had that dread disease, Spanish Influenza, leaving me in a terrible condition. Only those who have had it know what an awful condition it leaves a man. I am sure if it had not been for Dr. Pierce's medicines and advice I certainly would have died.

"I want to recommend Dr. Pierce's medicines to any sufferer with kidney trouble or to anyone run down after having the 'Flu'. Also try Dr. Pierce's Pleasant Pellets for constipation."—MRS. ESTELLE GRANBY, 54½ James St. North.

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