

ABOUT YOUR CHILBLAINS!

What are they? A mild form of frost-bite—a chilling of the part to such a degree that inflammation is set up, causing a tingling pain, excessive irritation and often swelling. Zam-Buk cures chilblains by drawing out the inflammation, thus ending the pain and irritation and reducing the swelling.

Miss Annie Lopard of Beaverdale, Ont., says: "I suffered agonies from chilblains and used many remedies, but nothing gave me any ease until I used Zam-Buk, which, after a little perseverance, completely rid me of this painful ailment."

Regular applications of Zam-Buk will prevent a recurrence of the trouble. Keep it handy. 50c. box.



Sarnia and Port Huron are growing very rapidly. There have never been such opportunities for young people who have a good training in Bookkeeping and Stenography.

The Secretarial Course in



gives this training.

College opens for Winter Term, January 5th.

PLUMBING and TINSMITHING

The undersigned having purchased the Plumbing and Tinsmithing business of T. Dodds & Son, is prepared to attend to the wants of the public in any branch of his line.

A full line of Plumbing and Heating Goods will be kept on hand at all times.

Agent for the SUNSHINE, RADIUM and HECLA Furnaces. Revetroughing and repairing of all kinds promptly attended to.

The patronage of the public respectfully solicited.

EDWARD MACKNESS

The Old Stand—T. Dodds & Son

GIRLS WANTED

at The Andrews Wire Works.

Good wages, short hours, light and pleasant work and cheerful surroundings, light and sanitary workshop.

Apply to

W. L. MILLAR
Superintendent.

Special Values in Drinks

- Ashwyn Blend Black Tea.....70c
- Golden Butterfly Japan Tea.....70c
- Sun Flower Japan Tea.....85c
- Woods' Boston Coffee.....60c
- Woods' Souvenir Coffee.....70c
- French Drip Coffee.....75c
- Seal Brand Coffee.....75c

Your money back if not satisfactory.

N. B Howden Estate

WRAPS FOR WINTER

Heavy Ulsters Have Been Made to Be Really Attractive.

Bulky Garment Now Does Work It Was Cut Out to Do; Good Looking.

The big ulster coat has developed into one of woman's most fetching garments. Once it was a bulky arrangement, designed mostly after the pattern of the man's, to give warmth, and that only. Now it does the work that it was cut out to do and is extremely good looking as well.

The materials are of soft texture. There are velours de laine and silk duvetyns which rival the handsomest qualities of velvet. There are beautifully woven English tweeds and Scotch mixtures. Those who manufacture these cloths assure us that they will "wear like iron," and that, indeed, is true.

As for colors in these coat stuffs, they range over the whole gamut. The thick pile fabrics are being made up in gorgeous plaids, and the Parisian designers have made most interesting combinations of plaids and plain materials in the construction of coats. You will see a plain taupe lower section combined with an upper portion of taupe and dull green and brown, making a large-patterned plaid. Another combination uses the plaid merely for a wide facing.

Besides the plaids there are many of these soft materials made in patterns of stripes, and the colors combined in them give a warm look which will take the place of furs, now almost prohibitively high in price. When furs are worn they seem much more lavish than ever before. The coats are big and roomy. Kolinsky is a popular variety of fur and the deepness and richness of its brown tones make it almost universally a becoming shade. Then there are the dyed rabbit skins, which have come into favor not only for deep collars and cuffs used on coats and suits of woolen materials but also for whole coats. The ermine coats for evening are more beautiful than ever and those of sable rival the mantles of queens. Goat skin, long and silky, has been dyed and used for fur trimming. The favorite shade is gray.

The wraps for evening indulge in color to the last degree, and it is here that the metal brocades and the velvet brocades are used to their best advantage. The wraps are cut out of long square pieces and little or no shaping is given to them. All of their style comes in the draping.

HANDY ARTICLE FOR INVALID

Pocket for Books, Letters, Papers, Etc., to Be Attached to Head of Bed.

A very acceptable little present to make for an invalid or anyone who may be confined to bed for a time is shown in the sketch. It is for suspending from the rail at the head of the bed above the pillow, and in it may be kept letters, books, papers, etc., in which position they will be within easy reach of the occupant of the bed.

To make it: Procure a piece of thin board of the shape indicated in the sketch, and cover it on both sides with colored linen. Prior to doing this,



For the Invalid's Bed.

however, the pockets must be sewn upon the material covering the front of the board. They are also made of linen, and should be roomy; they are bound at the edges with colored braid. The board is finished off at the edges with woolen cord to match the braid.

For hanging the pockets upon the rail of the bed, procure two hooks, of the nature shown in sketch A, and screw them on at the back of the board in the positions shown in sketch B.

Suitable hooks, with screws for fastening them on, can be obtained for a trifle, but care should be taken to select large enough hooks to slip easily over the bed-rail.

The pockets should be large enough to hold a book or magazine, and a small writing-pad.

Millinery Colors.
Black is nearly always the best for the hat itself but it is believed this year that brown will be a very successful rival and that more brown hats will be sold than is usual of any one color. Taupe is quite a vogue. Trimming shades will be orange, reddish tones, electric blue and turquoise.

Hair Dressed High.
Fashion says hair is to be worn high this winter and the advent of the tall coiffure will bring a return of fancy combs and pins. Even barrettes—small ones—are to come into their own again.

CASTORIA

For Infants and Children
In Use For Over 30 Years

Always bears the Signature of *Dr. J. C. Hutchins*

Wedding Stationery of the finest quality at The Guide-Advocate.

WOOL SET FOR WINTER WEAR



"Great" for fall and winter days when one loves to feel the "bite" of the crisp air yet wants to be properly protected from treacherous chills and drafts. It is in tan and brown. The little cap is made in much the same style as the United States overseas cap.

UP-TO-DATE TABLE SERVICE

More Favorable Comment From Daintiness Than From Amount of Solid Food.

The hostess who would be smart and modern must keep up with all the latest notions as to table service and food garnishing. A square meal well cooked is well enough in its way; more important—vastly more important—is the service thereof, and a few light edibles perfectly served will give that hostess a higher reputation among her women friends, at least, than any amount of good solid food minus the little touches that bespeak up-to-dateness.

For instance, the butter knife is an obsolete affair; almost as obsolete as the ancient soup ladle no more seen on the modern dinner table. Soap is served in plates by the maid—no tureen or ladle are in evidence.

As for butter, the little squares or cubes—now much smarter than roly-poly butter balls—are taken up with a dainty silver two-pronged fork, or "butter pick." The same little fork may be used at tea hour for picking up lemon slices for the teacups.

Small silver butter spreaders are still correct at the individual places and the smartest butter plates now are of silver, plain and rather flat, about the size of a saucer and engraved with a monogram in the center.

No housewife now is completely happy until she has coaxed a set of silver vegetable dishes from her better half. And if her cup of happiness is to be full he will provide also one of those stunning silver plate meat platters with a gravy "tree" grooved out in the center, like the old Sheffield plate meat platters.

In solid silver these table belongings are rather costly; but silver plate is not to be despised and meat and vegetable dishes of good plate are found in many well-appointed homes.

Dinner napkins are not the mammoth affairs that they were—perhaps because linen became so scarce and precious during the war. But the really handsome napkin, of moderate size, has an inch-wide hemstitched hem and a beautifully hand-embroidered monogram or initial across one corner. Sometimes the embroidered motif is in the exact center of the napkin, which is folded by the laundress so that the monogram comes in the center of a square.

The Last Canadian Knight.

Maj.-Gen. E. W. B. Morrison, K.C.M.G., was formally knighted on November 5 by the Prince of Wales. Sir Edward was the last Canadian knight to be gazetted for knighthood on the final list of Canadian title honors. It is said that Gen. Morrison has also the distinction of being the first man the Prince of Wales has knighted.

Amongst the war heroes to be decorated by the prince before leaving Canada is the name of the late Major-Gen. M. S. Mercer, of Toronto, who was killed in action. The decoration of Commander of the Bath was presented to the late general's two brothers, J. S. and F. T. Mercer, of Toronto.

HEAD-DRESS MORE ORNATE

French Milliners Inaugurate Style Hailed as Omen of Lavish Season of Old.

French milliners have shown the effect of the dawn of peace more in the creation of their elaborate and ornate head-dresses than in anything else, for these ornaments are so essentially a luxury and intended to be worn only with the most sumptuous of gowns.

The most costly fabrics have been employed in their making, and French pearls are used in large quantities. Paradise branches finish the ends of many of these pearl bandeaux, and heavy cloths of gold and silver are bound about the heads, hardly showing the hair.

Many of these head-dresses or bandeaux were worn showing the elaborate use of paradise. Some bandeaux of silver or gold braid supported a coronet of uncurled pastel-tinted atrich banding standing high about the hair and allowing a knot of it to come through the crownless top.

This item in particular called forth much comment for the reason that every one hailed it as the omen of a lavish season and the return to the old-time seasons when dress hats were so much in demand.

For Asthma and Catarrh.—It is one of the chief recommendations of Dr. Thomas' Electric Oil that it can be used internally with as much success as it can outwardly. Sufferers from asthma and catarrh will find that the Oil when used according to directions will give immediate relief. Many sufferers from these ailments have found relief in the Oil and have sent testimonials.

A Huge Stone Crusher.

What is reported to be the largest extractory stone crusher ever built has just been completed at Allentown, Pa. The machine is to be used for crushing limestone for chemical purposes, flux, etc. It has two jaw openings, each 60 x 190 inches. The crusher, complete, weighs about 800,000 pounds, is seventeen feet eight inches high from foundation to top of hopper, and has a shaft twenty-one feet long and forty inches in diameter.

To Clean Hair Brushes.

Corn meal will clean hair brushes quite as well as ammonia, and there is no danger of injury to the back of the brush. Take a cup of corn meal and fill the brush, rubbing the bristles gently with the hand. As it becomes discolored from absorbing the grease, shake it out and replace with fresh meal until the brush is clean.

Greenhouse Glazing.

Plastic glazing compounds are so generally used for waterproofing greenhouse roofs, instead of putty, that devices for applying these preparations are natural developments. Perhaps one of the most ingenious is a contrivance which resembles a grease gun, and is designed to be manipulated with one hand. It is strapped to the forearm and operated by pressing a lever on the cylindrical container. This forces a stream of cement from a spout. Guiding the latter around a sash quickly seals a pane of glass in place. Glazing compounds are declared to be more durable than putty.—Popular Mechanics.

From Cherry-Blossom Land

The Japanese Give Good Example



It is a proverb of Cherry-Blossom Land that beauty of face and figure depend on womanly health.

What is it that makes our Canadian women often pale, sallow-faced, with dark circles under the eyes, and very often old as forty-five when they should be in their prime?

Women suffer in girlhood from backache, spine-ache and headaches, followed by irregularities and as a result diseases of the womanly organs are more common than any one but a physician in active practice could suppose.

ONTARIO WOMEN TESTIFY

Chatham, Ont.:—"Dr. Pierce's medicine has been used in my family at home (especially by my father and mother) ever since I can remember. They always proved very satisfactory. Through overwork I at one time became all run-down in health, was on the verge of a complete nervous break-down. I went on ailing for about two years, during which time I suffered terribly. I took Dr. Pierce's Favorite Prescription and it soon built me up in good health and cured me of the nervous condition. I consider it an excellent medicine for the ailments of women."—MRS. CHARLES TITUS, Jr., 26 Duke St.