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It is just before going to bed is very helpful to those who are unable to sleep. It is a complete food very easy of digestion and has the effect of soothing and quieting the nerves which results in sound refreshing sleep. The Allenbury's Malted Milk is quickly and easily made by the addition of boiling water only.

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LORD WHARTON'S NIECE
— AND —
THE HEIR TO REGNA COURT.

CHAPTER VI.

It was furnished as a sitting room, with old oak furniture and dark maroon hangings.

There were pictures on the walls and ashes in the grate, and the dust was not nearly so thick as it was in the other rooms they had visited.

"See, Claire, some one has been writing at this bureau!" said Mrs. Lexton. "Here is the pen and some torn paper!"

"I do not know who could have used it," said Claire, "unless it was Lord Wharton, and I do not know why he should come here. That door must lead to the inhabited part of the house. He could come in here through that."

As she indicated the door, Mrs. Lexton started, and gripped Claire's arm.

"What is the matter?" asked Claire.

"There is some one moving behind that door!"

They both stood motionless and listened. Mrs. Lexton turned pale. Claire heard a faint noise, and the door opened slowly. Mrs. Lexton darted a faint scream. The door opened wider, and Mr. Sapley appeared.

He started at sight of them, and a curious look passed over his face; then he bowed, and his large mouth twisted into a smile.

"Miss Sartoris!" he said.

Claire had regained her self-possession in a moment.

"You frightened us, Mr. Sapley," she said. "I thought no one came here!"

He looked at her sharply with his small eyes.

"No one does," he said. "But I—I was told that a part of the wing was falling to ruin, and I thought I would look to it. I am disturbing you; I will go, and come another time."

"No, please," said Claire. "I should like to see the part you speak of."

Mrs. Lexton had drawn back behind her. Mr. Sapley's peculiar physiognomy impressed her more unpleasantly even than it had done the night before.

"Certainly," he said, obsequiously. "It must be at the farther end. If you will follow me."

They followed him downstairs, and into the open air. Mrs. Lexton drew a breath of relief, and even Claire was glad to get into the sunlight. Mr. Sapley looked up and down the wing and poked about with his stick.

"Yes, it is bad," he said. "I think it had better be seen at once. The whole of this part ought to come down, and be rebuilt. It ought to have been done before. It will require some care; I will get an architect from Exeter or from London."

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£1,000,000 to Make the House of Commons Safe

While the House of Commons undoubtedly is structurally safe, yet, thanks to the fog and the London atmosphere, the buildings externally are in need of serious repairs, as Sir Frank Baines, Director of Works, explained in a recent lecture.

"The elaborate ornamentation of the cupolas, pinnacles, turrets, cuspings and panels was in a very dangerous condition, and the safety of members of the public could not be guaranteed," says the Times' report of his lecture.

"The whole building was in a state of extreme mutilation. The decay was due to the use of uncalcified stone and to unnecessary elaboration of detail. It began to be apparent within ten years after the commencement of the super-structure in 1840, and the present condition was inevitable with the atmosphere of London acting on a stone which had inherent faults, both chemical and structural.

"The cost of repairs was bound to be very large. The cost of such a building nowadays would be £12,000,000 or £13,000,000 sterling. If he put the cost of the necessary repairs and restorations at 8 per cent. of that, spread over the 12 to 15 years it would take to execute them, which would work out at about 1/2 of 1 per cent. per annum, he thought that would be an approximately correct prophecy, but it could only be that."

"Obviously the Houses of Parliament must be made safe. When we hear of a stone portcullis coming away at a touch, of a heavy stone sower, weighing 66 lbs., in the centre of an archway being split in two, or of a lion's head, weighing 70 lbs., on the North Tower waiting for momentary dissolution from its body, there can be no argument about the need of prompt action," remarks the Daily Telegraph.

"Yet it will be seen with dismay that the costs of repairs are estimated 'approximately' at a million sterling. Sir Frank, of course, did not put it so blindly as that. He spoke of 8 per cent. of the estimated cost of the Houses of Parliament to-day which was about £12,000,000, and that, if spread over fifteen years, would mean about one-half per cent."

"That is departmental circumspection, a million remains a million, and anyone who looked up the estimated cost of repairing the roof of Westminster Hall and compared it with its actual cost would be too horrified to pursue the analogy farther. It is suggested, indeed, that the carving need not be so meticulously faithful as Barry and Pugin insisted it should be three-quarters of a century ago."

"Most people have noted marked differences in the workmanship of those who wrought in stone or wood for the old abbeys and cathedrals. Some carved the unseen places of the stone as conscientiously as the seen, the backs as minutely as the fronts. But at present rates of cost there will be no disposition to spend lavishly on stonework that will not be seen, especially as it will not add appreciably to the comfort of the pious and the sparrows which nest in these aisles. We would not suggest anything savouring of scamped workmanship in connection with the Houses of Parliament; but in these days we need not despair of a neo-Gothic style of statuary which shall dispense with the ingenious minutiae of the old, and still be held good Gothic."

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A COMMERCIAL DEPARTURE THAT IS LIKELY TO BE DEVELOPED IN THE COMING YEAR.

"My interest in the new system of Monomarks is based on the conviction that it is going to increase the efficiency of our communications," writes Sir Sydney Skinner in the Morning Post.

"There are something like half a million people in this country who are named Smith."

"The Monomark System gives each individual a mark of identification which is unique. He may mark his linen with it, his luggage, his books, his umbrellas, every article of his possessions, and he would know that that there could never be any difficulty of his establishing his right to those things. But the System goes further."

"It gives him a postal service, by which, if he wishes, his Monomark may be used as a combined name and address, and letters addressed merely to his Monomark with the addition of London, W.G. 1, will be delivered to him by the Monomark Company."

"One of the greatest hindrances to trade has been the impossibility of branding articles in such a way as to identify their sources of supply. The trade mark in a sense meets this need. A person seeing a well-known trade mark on an article as a rule knows how to order another. He writes to the well-known firm who owns the well-known trade mark."

"But it is quite probable that he does not know the name of the firm, even though he may be familiar with the trade mark. He is thereupon forced to make investigations, a process which is inconvenient and difficult, and will probably end in his getting some other article not so good, or his not getting anything at all."

"Now, consider the enormous number of lesser known trade marks and brand-names, and consider also the countless number of articles on which there is no indication whatever of their origin. Think what a stimulus it would give to trade were it possible to know without the slightest possibility of mistakes, that by addressing a communication to BCMXYZ, the inscription which you see upon an article which you desire to buy or sell, or stock for sale, you may at once get into touch with the supplier of that article."

Scouts and the Pursuit of Peace

"A woman came up to a Scoutmaster not long ago and said 'My son Tom is mad to be a soldier. He's simply struck on it. So I've made up my mind to humour him and let him be a Boy Scout. Will you take him in your Troop?' writes Sir Robert Baden-Powell in St. Martin's Review.

"The Scoutmaster had to explain very fully and clearly before she would understand that the Boy Scout Movement is not military in any sense of the word, but is designed to make the boys handy and helpful to other people."

"Quite a knot of interested listeners had gathered round during the explanation and when the lady departed disappointed to break the news to her son, a man who had been standing by edged up to the Scoutmaster and said, 'I have heard what you've said about the Scouts. I am a working man and a Socialist myself and I was always

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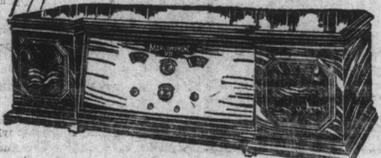
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COME EARLY WHILE THE ASSORTMENT IS GOOD.

BON MARCHE

Dec 21, 1925

A Judge on "The Deck"

To my mind, the dock is an obsolete piece of scenery in the drama of the law. It is out of date and unnecessary, and weighs unfairly against the prisoner. It would be to the public advantage that it should be abolished, or at least modified in some way consistent with common sense and humanity," writes Judge Jarry in the Weekly Dispatch.

"No—in the past there has been too much bringing up boys to the idea of war, and none whatever to the pursuit of peace. The Scout training is at least an attempt in this direction. And it is needed," concludes Sir Robert. Weekly Dispatch.

"I grant you the antiquity of the dock. I know its tradition appeals to the official mind, which regards the dock as the appropriate threshold of the justice, the pillory, the whipping-

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