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or New Pots, Saucepans, Kettles, etc.
New Shipment
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John Clouston
140-142 DUCKWORTH ST.
Opposite Custom House.

SIDE TALKS.

By Ruth Cameron.

SPEAKING OF TEETH.

How can we be sure about anything in a medical line? We are told one thing with such enthusiasm, and then just as soon as we have adjusted ourselves to believe that the truth, the whole truth and nothing but the truth, we are told the same with equal enthusiasm. It is like the scarlet fever, for instance, people had no idea that the disease had anything to do with the children still peeling their noses to go to school. Then a medical profession discovered the peeling stage that was as and all precautions were taken. And now the disease has again discovered its danger time is the first day and that the peeling is harmless has not been universally known but it is one of the latest and it looks as if it might be another.

Once A Day.
The matter of the teeth, in some of the stages that I passed through in my life time: I should I brushed my teeth. At 10 in the morning, but not of course. I brushed them. I should I brushed my teeth five times a day and should at least two or three toothbrushing, however, was still of the kind, across the front discovery was that all this had been absolutely futile. It is any good one should brush and down and also inside the

teeth. If one did this one need not worry about dentist's bills. "A clean tooth never decays."
Dental Floss Supplants the Toothbrush.
The next phase was the dental floss phase. Tooth brushes were not enough, even if one had three, used them five times a day, and brushed the teeth across, up and down, inside and out. One must also employ dental floss for one's teeth to last if one hoped to get the clean tooth that never decayed.
Another phase (I am always sure of the exact chronology) was the discovery that the toothbrush could catch germs from the atmosphere and convey them into the mouth. One was advised to keep the brush in alcohol between cleanings.
But better than this too simple method, declared one prominent dentist at a convention, one could construct an arrangement of a rubber bag and tube with a flow of water that was to be in some way persuaded to flow through the toothbrush while one was brushing one's teeth.
Brush Your Gums!
My own dentist told me just the other day that the latest dope on the way to defeat this horrible enemy is to brush the teeth away from us, is to brush the gums as well as the teeth.
"And lastly I have just read that a big dentist and lecturer has made these following startling statements: "Dental floss often does more harm than good."
"Likewise the toothbrush."
"A clean tooth often does decay and a dirty one often remains whole."
"It is simply a matter of diet."
And there you are. We have traveled around a circle and are back to our grandfather's day. Shall we start around again?
When you need that Taxi Phone 2016.



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TOOTON'S, The Kodak Store
399 WATER STREET.

Our Dumb Animals.

REPORT OF CHIEF AGENT FOR WEEK ENDING OCT. 19TH.

Attended two sales of cattle and sheep. Saw picture everything was carried out satisfactorily. Had received several complaints of lame horses in town also some complaining from nearby outports. Three horses in the city are being kept off the streets for a rest. I also received a complaint from a lady director of the Society for Duckworth Street and King's Beach for throwing broken plate glass in the track of the horses as they come up from Water St. This is a very dangerous thing to do. These ladies were prepared to come into court to prove the charge. I saw the man this morning and spoke to him about the seriousness of what he had done. He said he thought it was the work of the Council employees to gather it up. I told him to have it put in a receptacle for them to take away. He went it up while I was there and promised to do better in future. I would like to ask here that all people sweeping up nails, broken glass, iron hoops, would not throw them in the streets. I think it would be a good idea if the teachers of the different schools would ask children to pick up nails, etc. when they see them in the streets; also not to throw tin cans and glass bottles in the drinking troughs. My attention has been called to this several times by Municipal Council employees. One of our city cabmen very nearly met with a serious accident a short time ago, through his horse being caught in a wire hoop. Several complaints of horses on poor pastures have been attended to. In the Oct. number of "Our Dumb Animals," published in Boston, is a picture of the S. P. A. Tent—and the race course on Regatta Day. I would like to get a few subscribers to this very valuable magazine at one dollar per year. I would also like to state that the horse reported in last week's report did not belong to the Municipal Council, but was employed by the Council. Will all friends of animals' phone complaints to No. 683.

THE MURDER CAR.
Mary L. Stillings.
Alone, save for a dot of white light.
The wide road lay in the morning.
A low, soft purring on the air.
A long, black monster now gliding there.
Along the road, turns from its way,
Springs for the dot as a cat for its prey.
And Mary's pet Leghorn will never move again.
What does it matter? It's only a hen.

Motionless, without hint of coming disaster.
Hector watches the road for his master.
Now of relatives and friends bereft.
The colts dog is all he has left.
A sudden roar, a pitiful moan,
And poor old Hector lay dying alone.
With savage joy runs the wild road hog.
What does it matter? It's only a dog.

'Round Dead Men's Curve where daisies grow
With buttercups and clovers aglow
Came Baby Ruth on feet unskilled,
With blossoms for mother were both hands filled.
A crash, a cry, and The Thing had fled.
While the daisies there grew slowly red.
A mother's anguished scream and wail—
"What does it matter? It's only a child."

JONAS BARTER,
Chief Agent.
Any complaints? No, we use a poor loaf is better than no loaf, but a good loaf is the best of all. Ring 2093. CENTRAL BAKERY, for the best loaf. Oct 22, 1923.


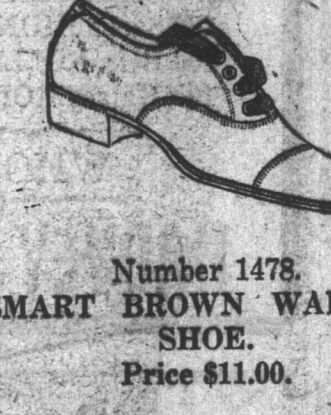

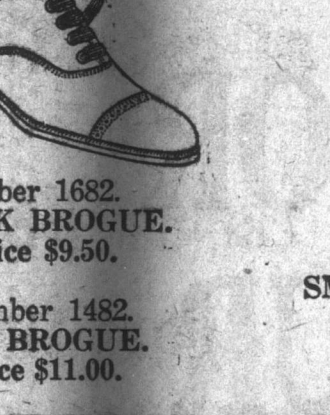

THE GIFTED WIFE.
He married Rose Evelyn Shifty, because she was stately and fair; her manners and bearing were snifty, like cascades of gold was her hair. She reigns like a queen in his shanty, she is wise to all fads that are smart, she talks much of Ibsen and Dante, and writes for her Club about Art. His love for his wife has not faded, he still sees his world in her eyes; but often when weary and jaded, he longs for his grandmother's glass. My love, it is great and unending, his heart with affection is warm; he follows her footsteps admiring the wonderful grace of her form. Her coffee is bitter and frightful, her biscuits are viciated things, but oh, it is surely delightful to listen to her when she sings! And still, when the music is ended, he finds that he's heaving some sighs; he's thinking of his cookery, splendid, the years for his grandmother's pie. He married Miss Shifty, the younger, who looks on baked beans with distress; she thinks intellectual hunger is all that a man should possess. She dishes up music and verses, instead of the Shaker Rolled Out; and when he is starving rehearses a sonnet that somebody wrote. She moves in her grace like a swallow, she floats like a cloud in the skies; but oft when his stomach is hollow, he thinks of his grandmother's pies.

VALY MASON.
At the Blue Puttee to-day—
Homemade Chocolate Layer Cakes with date filling, \$1.50.
Sponge Cakes with cream filling, nuts and cream on top, \$1.50.
Oct 17, 1923.

BARRATT'S FOOTSHAPE SHOES!

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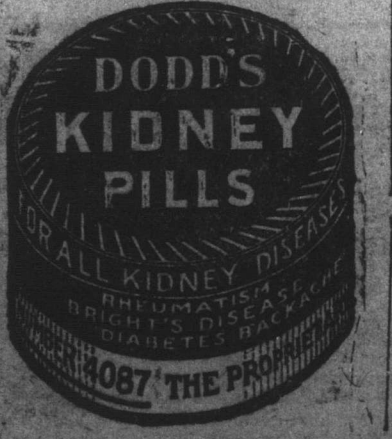
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Reports on Hudson's Bay Route

A report upon the Hudson's Bay railway belt and Hudson's Bay has just been issued by the Natural Resources Intelligent Branch of the Department of the Interior. It is without an interesting document. The memorandum contained therein was compiled from all available information, and the authorities quoted are there by the hundreds. A point which has been long in dispute is the length of time each year Hudson's Strait may be deemed open for purposes of navigation. No less than twenty-seven authorities are quoted in respect to this point, mainly captains who have navigated their vessels through these waters for long or short periods, as the case may be. The average of the twenty-seven opinions, which naturally vary greatly, is that the strait is open for navigation fifteen weeks out of the fifty-two, which is neither too short a period as many have claimed nor so long as many boasting for the Hudson's Bay route had hoped for.
The report points out that the testimony before the special committee

of the Senate in 1919 tended to indicate that boats on this route should be limited to size under 5,000 tons deadweight capacity. Preferably 3,000 tons with 17 foot draught, specially designed to avoid the vertical sides of the lake carriers and with bows properly reinforced to combat ice conditions. Capt. Bernier, who was one of the witnesses was of the opinion that any sized boat could be used provided the design was correct, in other words differing materially from the ordinary ocean carrier.



while the chief engineer of the department of railways and canals suggested boats of not over 8,500 dead-weight tonnage and not over 25 feet draught, as Nelson Harbor is designed for boats that do not draw over this amount.
The report goes on to state that insurance rates on vessels on such a route would be high until such time as statistics can be secured which would prove the risk not abnormally high. Government boats operating on this route in 1914 were asked to pay 11 per cent premium per voyage. This was deemed excessive and no insurance was carried, the vessels making thirty-eight voyages without loss.
The question of fog, haze, ocean currents, ice jacks and uncertain compass findings owing to the northern latitude of the Bay are all dealt with, the inference being that with all sorts and conditions of aids to navigation, lighthouses, wireless, airplanes, special pilots, etc. the season of navigation might be extended for a considerable period over the fifteen weeks that the majority of opinion favors.
With the report as it pertains to harbors and harbor facilities one is not impressed. Neither Post Nelson

Churchill is by any means ideal, though of the two Churchill is favored. Taken all in all the report is not one that would tend to make the individual capitalist at all enthusiastic over putting up money on the prospect of getting therefrom an ample return, at least so far as trans-Atlantic navigation is concerned.
As to the mineral possibilities of this north land it is quite another story. Of minerals there are plenty, copper, so far as is now known is holding first place, with gold second. However, the country has not been thoroughly prospected, and probably, owing to its inaccessibility will not be, for many a long day.

Rely on Cuticura To Clear Away Skin Troubles
He who hesitates is lost. Get your ticket at Dicks & Co. before you lose your chance of getting a seat at the grand concert in the Methodist College Hall on Tuesday night. Oct 19, 23

Health and Comfort in the Home.

Many a chill can be avoided by the wise use of heating with ever-ready gas stoves. An inset gas fire can easily be installed in any ordinary coal grate, and will provide the necessary warmth at any time.
Gas Fires make no work. There is no Coal to carry upstairs, and no ashes to be cleared away. They are ideal for use in daintily appointed rooms. There is no smoke or dust. They also ventilate the room. Enquiries solicited.
ST. JOHN'S GAS LIGHT COMPANY.
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Toasted bread sticks are nice served with a hot soup.
Steamed and sifted figs make an excellent sandwich filling.
Tart marmalade is pale green with a little spinach juice.