

## If Catarrh has Spoiled Your Hearing Get Cured To-Day by "Catarrhazone"

Don't Stay Deaf Any Longer—Follow the Procession—Use Catarrhazone

Nine cases in ten of hard hearing are curable.

By curable we don't mean relief—we mean that the sense of hearing can be permanently brought back. Catarrh usually causes that deafness.

Cure the catarrhal condition and you remove the cause of your poor hearing.

If you were sure you had catarrhal deafness you would use a real cure at once—of course you would.

There is a cure for you—one that is inexpensive—pleasant to use—and sure to do its work thoroughly.

Catarrhazone is no experiment for deafness.

Thousands before you have cleared Catarrh out of their heads by the aid of Catarrhazone and have thereby been cured of deafness.

No batteries or miniature telephones to bother you—no internal medicine to take—you have simply to follow special directions for the Catarrhazone Inhaler. Do this and you'll find a wonderful improvement in short order.

Any druggist can supply you Catarrhazone, or you can for \$1 secure it post paid under plain wrapper from the Catarrhazone Co., Kingston, Canada.

## Smoke Screens For Ships.

The accuracy of modern naval gunnery is so marvellous that the only hope for a ship to escape being sunk when within range of the guns is to hide itself. That is easier said than done, however, and there is only one way in which it can be done, and that is by means of a "smoke screen." It is hard for one ship to hide herself behind her own smoke, unless the wind is favourable, but for a number of ships to put a huge fog of black smoke between them and their pursuers is comparatively easy.

The smoke is caused by oil fuel, and it can be turned on or off at will by supplying more or less air to the furnaces. It is so dense and black that it is quite impossible to see more than a few yards through it. It will be remembered that Admiral Sir David Beatty mentioned the German smoke screen in his despatch of the battle of the North Sea. To use his own words, "The enemy's destroyers emitted vast columns of smoke to screen their battle-cruisers, and under cover of this the latter altered their course." German military aviators, too, explode smoke balls in the rear of their machines, so that, when hotly pursued, they can hide their movements and escape.

## Lord Kitchener and Recruits

War Secretary's Guarantee If Men and Munitions are Forfeiting.

London, Oct. 4.—The results of the great recruiting rally in England on Saturday are not yet known, but it is generally understood that Lord Kitchener will get the necessary number of men by one means or another.

"I know how many men I want," he told the labor leaders, "I know their

names and the numbers on their doors and if they don't come I will fetch them. Give me the men and munition I want, and I guarantee we shall have the war in the hollow of our hands.

## Why Drinkers Are Fat.

Not all hard drinkers are fat, but the tendency of alcoholics to obesity is too marked to escape notice. A well-known doctor says it is because the alcohol usurps the function of the fat, which accumulates. This is how he explains it:—

"It is noticeable that those addicted to the use of alcoholic beverages often reveal a tendency to corpulence which is proportionate to their use of the drug. The fatness is not a sign of health. It is not even an indication that alcohol is harmless. It is not merely the result of the complete oxidation of the substance of alcohol by the human body. The body will oxidize a two-ounce quantity of alcohol in twenty-four hours, and will do so completely that no trace of alcohol can be found in any excretory substance. This simply means that the unnatural heat produced in the body by the presence of the stimulant answers, for the time being at least, for what would otherwise be produced by the expenditure of fats and carbohydrates. These latter are the fuel stored up by the body and normally burned up in the production of necessary bodily heat. When alcohol is consumed it furnishes heat—though not a natural heat—and this expenditure is avoided. The fat is therefore stored up in the body unused, and corpulence is the necessary result. This, of course, is not a normal condition nor a proper process. It becomes more unnatural with increasing use of alcohol."—Tit-Bits.

Enamelware which has become discolored can be easily scoured with vinegar.

## Spies at the Front.

THEIR TRICKS AND WILES.

There is no limit to the daring and effrontery of spies in France, and so necessary is it to take every precaution against them that conversation between soldiers and civilians is viewed with grave disfavour by the authorities. The strictest orders have been issued to the troops that no information is to be given to anyone, either civil or military.

The daring of the spies is illustrated by an incident related by a sapper, Signals Section, R.E., now in France. On one occasion two officers went into a certain signal office and promptly demanded certain information. They were both of high rank, and at first the officer in charge had not the slightest suspicion. But the British "th" proved their undoing. They were cunning enough to avoid words beginning with "but," one fatal "dis" for "this" slipped out, and soon they were looking down a couple of revolver barrels while a sharp voice said, "Hands up." That was the end of their spying, tersely says the sapper.

On another occasion a despatch-rider went tearing on his motor-cycle by a field, in which a man was ploughing. Suddenly a bullet went through his cap, twisting it round his head. The rider increased his speed, rounded a bend in the road, and met a motor-lorry. Soon three soldiers went for a walk across that field. They stopped and spoke to the ploughman, and one of them held out his hand. The man took it, and the next minute was on his back, with a knee pressing in his chest. The other two soldiers searched the hedge, and found a rifle and cartridges concealed there. So the ploughman was marched off, and as he was not in uniform, he was tried as a would-be murderer.

## Serbian Army is Now Free From Typhus Fever.

New York, Oct. 4.—Dr. Richard P. Strong, professor at Harvard University, who has been directing the anti-typhus campaign of the American Red Cross Sanitary Commission, in Serbia, during the past six months, returned yesterday on the steamer Duca degli Abruzzi, and declared that the Serbian army is free from typhus, and is in as good physical condition, as an army in the world.

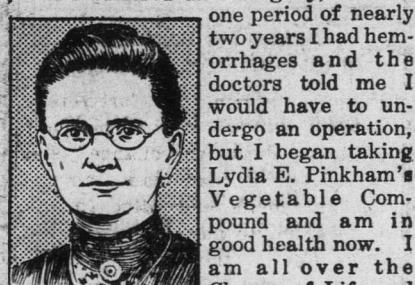
He said the total number of deaths from typhus in Serbia had been between 130,000 and 150,000.

Dr. Strong said he had heard many reports of atrocities, suffered by Armenians, indicating that none of the reports, so far published, have been exaggerated.

## DOCTORS ADVISE OPERATIONS

Saved by Lydia E. Pinkham's Vegetable Compound.

Swarthmore, Penn.—"For fifteen years I suffered untold agony, and for one period of nearly two years I had hemorrhages and the doctors told me I would have to undergo an operation, but I began taking Lydia E. Pinkham's Vegetable Compound and am in good health now. I am all over the Change of Life and cannot praise my Vegetable Compound too highly. Every woman should take it at that time. I recommend it to both old and young for female troubles."—Mrs. EMILY SUMMERSGILL, Swarthmore, Pa.



**Canadian Woman's Experience:** Fort William, Ont.—"I feel as if I could not tell others enough about the good Lydia E. Pinkham's Vegetable Compound has done for me. I was weak and tired and I could not rest nights. A friend recommended your Compound and I soon gained health and strength and could not wish to sleep better. I know other women who have taken it for the same purpose and they join me in praising it."—Mrs. Wm. A. BUFFY, 681 South Vicker Street, Fort Williams, Ontario.

Since we guarantee that all testimonials which we publish are genuine, is it not fair to suppose that if Lydia E. Pinkham's Vegetable Compound has the virtue to help these women it will help any other woman who is suffering in a like manner?

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

## British Firmness is Being Urged.

London, Oct. 7.—In an editorial this morning on the Balkan situation, the Morning Post says:

"The German design is probably being pushed forward to the betrayal of the Balkan cause. But it remains to be seen whether Greece and Bulgaria will submit, one to betrayal and the others to acquiescence in the betrayal of their national interests and autonomy. These are forces which the Germans omit in their reckoning, but they may nevertheless prove more formidable than the court intrigues and the ministerial cabinets."

The Morning Post demands that the British Government take a bold stand and realize that it is not sufficient to have lofty views and a righteous cause, but to strike for them, and that an intelligent use of force is the whole art of diplomacy in war.

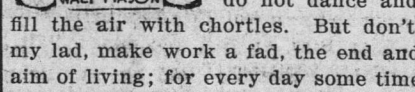
"Let us not look on and see the Balkan cause betrayed as the Belgian national cause was destroyed," says the newspaper. It then contends that if Great Britain uses her land and sea forces with intelligence, she might recreate the Balkan league and defeat the German attempts to reach Constantinople.

"In these times," the Morning Post continues, "we must not stand upon the order of our doing. We have a right to demand of the countries concerned that they declare themselves either as friends or foes. If Greece is helpless in the hands of a faction let us use our army and navy to free her from that faction."

"The King of Greece has the choice of recalling Venizelos on his own terms or seeing the gravest disaster to his country and throne," says the Daily News. The duties of the Allies meanwhile is to do everything possible to end an intolerable situation and obvious method is to increase to the maximum with all rapidity the army already landed at Saloniki."

## WORK AND REST.

To work is good, to saw your wood, while yet the sun is shining, to make the hoe move to and fro, where pumpkin vines are twining. For men who shirk all useful work are never happy mortals, by any chance—they do not dance and fill the air with chortles. But don't, my lad, make work a fad, the end and aim of living; for every day some time to play all toilers should be giving. In this broad land we beat the band, the way we hump and hustle; we keep up steam and work and scheme, and wear out mind and muscle. While young in years, above our ears the gray of age is showing; it would be best to stop and rest, but still we keep on going. Then something snaps—the brain, perhaps—beyond all cures or patches, and we are shown to walls of stone, to cells in booby hatches. To work is grand, but stay your head when comes the evening playtime; take in the shows, and things like those, and leave your tasks for daytime.



Mapleton's Peanut Butter is made in England. When you buy it you will know its value. When the children get it on their bread they know its quality. Cheap nourishment these strenuous times. The proof of the pudding is the eating of it.

## The Wounds of Our Soldiers.

Messages have reached the city stating that Lieutenant Gerald Harvey's wound is in the shoulder and that Private Chesley Mercer was wounded in the right shoulder by shrapnel on Sept. 20th.

(Capt. Walter Rendell has been invalided from Malta to England.)

## Here and There.

P. H. COWAN is Agent for "Vinola" Flour.—oct9,41

LEAVES LIVERPOOL.—The Furness Liner Graciana leaves Liverpool on the 23rd instant for here with a general cargo.

How to be happy, tho' married: Use "Vinola" Flour and bring home a box of Wallace's Chocolates to-night.—oct9,41

COPPER ORE CARGO.—The S. S. Masud, which went from here to Pitt Cove to load copper ore, was expected to get away some time to-day for New York.

PIANOS AND ORGANS.—The famous Kohler and Tonk Pianos. The Needham, Godrich and Mason & Hamlin Organs. CHESLEY WOODS, 288 Duckworth Street.—aug7,41

DUE TO-MORROW.—The S. S. Senlac is due here to-morrow from Charlottetown via Sydney, bringing a cargo of produce and cattle.

Groceries, School Supplies, Picture Postcards, etc., etc., at WALKER'S Premium Store, 27 Charlton Street, St. John's, Nfld. July 17, 3m, t, u, th, s

PIT PROP STEAMERS LEAVE.—The S. S. Elizabeth left LaSalle yesterday for Swansea with 2,025 cords of pit props and the S. S. Industry sailed from Horwood's for Barry with 2,200 cords.

Stafford's Phoraton Cough and Cold Cure is a good preparation for all Coughs, Colds, Bronchitis, Asthma and various Lung Troubles. Price 25c.; postage 5c. extra.—sep21,41

OUR VOLUNTEERS.—The outpost volunteers, who were home on leave have returned and resumed drill. Yesterday was spent by G Company at indoor drill. No new recruits signed on yesterday.

Two good recommendations for "Vinola" Flour—1400 barrels now on the way to Bonavista and 800 barrels for McGuire's Bakery.—oct9,41

AT THE DRY DOCK.—Repairs to the barque Ravenscourt below the water line finish to-day. Other damages will be attended to when she comes off dock to allow the Caribbrook to go on the stocks.

Special message from the mills: "Vinola Flour for Fortune has been shipped." The people of Fortune will be pleased to hear this.—oct9,41

REFLOATED AND REPAIRED.—The French Canadian schr. Grace Darling, which went ashore last week in Placentia Bay and was again refloated, was repaired by shipwrights and sailed for Gaspé, Quebec.

Enjoy your meals by taking a teaspoonful of Stafford's Prescription "A" before eating. Trial size 25c. bottle; postage 5c. extra. Large size 50c. bottle; postage 10c. extra.—sep21,41

## THE VENTURES.

The steamers Bellaventure and Adventure are due back from Hudson Bay the latter part of the month.

The Bonaventure is expected back from the Mediterranean to-morrow week.

Urgent Meeting of St. Bon's Ladies' Association takes place in the Archeopiscopal Library Wednesday, Oct. 13th, at 2.30 p.m. A large attendance is requested. MARY C. BATES, Hon. Sec.—oct11,21

MAKING LONG PASSAGES.—The vessels Dunure and Nellie Louise, now over 50 days out to Bahia and Pernambuco, respectively, from this port, have not yet arrived and they evidently must have encountered the storms that swept the Atlantic recently.

Mapleton's Peanut Butter is made in England. When you buy it you will know its value. When the children get it on their bread they know its quality. Cheap nourishment these strenuous times. The proof of the pudding is the eating of it.

GUNS MOUNTED.—To instruct the volunteers in the mechanism of quick-firing an automatic gun has recently been mounted at the Highlanders Armoury. Another has been placed at the Southside Range to be used for actual shooting practice.

## Do You need a New Overcoat?

If so, you need one that is at once smart, serviceable and reasonable in price.

¶ We can show you Overcoats that will fill the bill perfectly, of fine Chinillas and Friezes in Navy, Grey, and Brown, and in several new models. These Overcoats, which can be had in all sizes, are sure to please the most particular dresser.

¶ For Youths and Boys we have also a very fine stock of Overcoats in the above colors and materials, in several different styles and in all sizes.

## U. S. Picture and Portrait Co.

AS BRITISH AS THE WEATHER—BUT RELIABLE!



TRIPLE-PROOFED and—SUPER-PROOFED

Dexter Triple-proofing—Fibre, Yarn and Fabric (Innocent of rubber)—secures a wet resistance unequalled by any known process or series of processes. Patient research has recently perfected a final method of "super-proofing" which gives an additional superiority, and further strengthens the Dexter position as—The best of all Weathercoats.

FROM \$17.00 UP.

DEXTER  
WEATHERPROOFS

SMYTH'S,

286 and 164 Water Street.



## JUST ARRIVED,

PER STEPHANO,

500 hlf-chts Thelma,  
100 hlf-chts Lomax,  
400 hlf-chts Hazlefield  
100 hlf-chts Forest,

Lowest Wholesale Prices.

## HARVEY & CO., LTD.

## Household Notes.

Salt in cold water will remove blood stains from linen.

A tiny pinch of salt added to eggs makes them froth more quickly.

A lump of sugar dropped into milk will prevent its turning sour it is said.

A quick and easy method of polishing linoleum is to wash it over with milk.

A steak cut from an inch to an inch and a half in thickness is about right. The addition of a tart apple or two to the cranberries improves the flavor.

Mustard, to obtain the full flavor, should be mixed with salad oil and not water.

## If Tea and Coffee Came in Capsules

as their drug, caffeine, is frequently sold, tea and coffee drinkers would wake up to the fact that tea and coffee are not foods but drugs.

Yet in spite of the warnings of reputable physicians, many persons fail to realize the harmful effects of caffeine, the subtle, habit-forming drug in tea and coffee. Taken regularly this drug—the frequent cause of nervousness, heart-flutter, headache and other ailments—sooner or later gets its hold.

Look tea and coffee in the face—read what physicians and health experts say: (Names on application)

"Some people get the craving for alcohol by first taking tea or coffee."

"Coffee is a dope and narcotic almost equal to opium. Slowly but surely it gets control of its victim and holds him in its grasp a pitiful, helpless victim."

"Coffee is a drug. Those addicted to its use are drug addicts."

"They (the tea and coffee drugs) are comparable to opium in that they induce a habit and should be avoided."

Right now is the time to find out whether or not tea or coffee has a hold on you. It's simple and easy—quit both for ten days and use

## POSTUM

the pure food-drink

Made of wheat and a bit of wholesome molasses, Postum has a delicious, snappy flavour, yet contains no drug or other harmful element. The better health that follows freedom from the tea and coffee drug shows

"There's a Reason for POSTUM"

MADE IN CANADA

Sold by Grocers everywhere.

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

