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TUESDAY, NOV. 26TH, 1918.

**TOWN COUNCIL  
DISCUSS OFFICER'S ACCOUNT**

Police Committee Refused to Recommend Payment for Extra Services—Notice of New Legislation Regarding Assessment.

The regular meeting of Newcastle Town Council was held on Thursday evening, the 14th inst. present except Ald. Ritchie. Mayor Troy in the chair.

A communication from J. F. MacMillan regarding the rental of the Town Hall for dancing classes created a lot of discussion, and the recommendation of the Public Works Committee that Mr. MacMillan be assessed the sum of \$60.00 per month, payable weekly in advance, for the use of the hall two days per week during the months of December to April, after having been voted down, was reconsidered and finally passed after the hearing problem had been thrashed out and an amendment from Ald. Stuart that the fee be \$10.00 per day met with no seconder.

The following accounts were passed:

George Stables	\$ 10.75
Revisors	20.00
Union Advocate	24.55
Park and Fire	20.07
E. E. Benson	11.41
Light and Water	28.00
Maritime Foundry	28.00
Geo. Burchill & Sons	28.00
Garlock Packing Co.	28.00
Canada Gen. Electric Co.	175.85
John Maloney	3004.85
D. J. Buckley	3476.75

A bill from Officer Walsh for extra service, which the Police Committee had asked for a month's extension of time to consider, was brought up by Ald. John Russell, who stated that the Police Committee did not feel like recommending payment of the same. The account was an old one, and it should have been paid when it was contracted.

Ald. Durick said that any man who had worked for the town was entitled to his pay. If the account was delayed, it did not relieve the town of its responsibility. He moved, seconded by Ald. Sargeant, that the matter be referred to the whole Council.

On motion of Alds. Durick and P. Russell, Officer Walsh was heard.

Officer Walsh said that when Chief Lucas had left Newcastle, Ald. Kingston, who was then chairman of the Police Committee, had asked him to come out during the day hours. He had gone on duty at 12 o'clock most days, but on days when there were prisoners he had remained on all day. He had only asked for payment for one-third of a day's time. He was receiving \$2.50 a day, and had spoken to Ald. Russell about an increase, but Ald. Russell had told him he was getting too damn much now. If Ald. Russell could get a man to work for \$2.50 a day he was at liberty to do so.

Ald. Durick said he remembered the session. Ald. Kingston had spoken to him in regard to the matter. The account had been contracted, and should be paid, and he moved, seconded by Ald. Sargeant, that Officer

Walsh's account be paid. This was carried. Ald. J. Russell voting nay.

Ald. Durick drew the attention of the Police Committee to the lighting conditions of Jane street. There were only two 32 candle power lights on the whole street, and it was not safe for any person to be on that street at night. Very little outlay would improve matters considerably. Ald. Russell promised to have the matter attended to at once.

Ald. Crocker asked that in future when any committee had contracted with town employees for extra work that a record be made in the Town Office.

Ald. Stuart asked Ald. Durick if he had any notice to give regarding new legislation on the assessment.

Ald. Durick said he had not prepared a resolution, but some arrangements should be made with the County Council regarding accepting our assessment list. At the present time the County took the Newcastle valuation as prepared for the town. If we increased our valuation to the proper amount, we should be asked to pay more than our share of the County taxes, as he understood that the assessment in the County was only about 15%.

Ald. Stuart gave notice that he would introduce a motion at the next meeting regarding matters of assessment.

Ald. J. Russell asked regarding arrangements for the visit of the Governor-General, and the Mayor said the matter would be discussed at a meeting of the committee of the whole.

On motion council adjourned.

**DOUGLASTOWN  
BOY DIES IN ENGLAND**

Mrs. Frank Johnstone, Douglastown, has received the following letter from A. H. Denon, Chaplain, in regard to their son, Pte. George L. Johnstone, who died in the Military Hospital, Bramshott, Nov. 30, 1918.

Dear Mrs. Johnstone: Long before this reaches you, you will have had the sad news of the death at Bramshott Military Hospital of your son, Pte. George L. Johnstone, 436370. I simply write to say that the funeral services were conducted by me on Tuesday, Oct. 29th, at 10 a.m. He was buried with military honors in that part of the Bramshott parish church cemetery assigned to Canadian soldiers. The number of his grave is 1450.

I can assure you that he had the best of attention and care. I deeply sympathize with you and pray that God may graciously strengthen and sustain you and yours in this sad bereavement.

Yours sincerely,  
A. H. Denon, Chaplain.

**A VALUABLE MEDICINE FOR THE BABY.**

Baby's Own Tablets are a valuable medicine for all little ones. They are a mild but thorough laxative which never fails to regulate the bowels and stomachs; drive out constipation and indigestion; break up colds and simple fevers; banish colic and worms and make nursing easy. Concerning them Mrs. S. P. Moulton, St. Stephen, N.B., writes: "I have used Baby's Own Tablets for a long time and find them a most effective and valuable medicine. I would not be without them." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.—Adv.

**AN EYESORE.**  
The residents of Pleasant street, who congratulated themselves when an old barn collapsed during a recent storm, are finding that their pleasure was unfounded, as the ruins have been allowed to remain where they fell, until the place, which was an eyesore for years, is now doubly so. As a menace to public health and safety, the police should compel its removal at once.



need the warmth and health protection that they get in the fine, big, heavy

**ATLANTIC UNDERWEAR**

Farmers, Lumbermen, Fishermen, Sailors, Miners, Teamsters, Steel Workers—know about the warmth, the health protection, the easy comfort, the sturdy service of Atlantic Underwear.

Ask your dealer to show it to you. This Trade Mark is on every garment to guarantee long wear.

ATLANTIC UNDERWEAR LIMITED  
MONCTON, N.B.

**INFLUENZA HAS LATER DANGERS**

Particular Care Needed When Patient is Convalescent, Says Expert.

The influenza convalescent who has apparently recovered from the disease and is yet in a strangely weak and depressed condition should be the object of particular care, according to Dr. Louis J. Harris, director of the Bureau of Preventable Diseases of the New York Health Department. In the opinion of Dr. Harris, the after care of the influenza patient is most important. The co-operation of the patient, coupled with the willingness to see that the weakness and depression are a part of the illness, though coming after the disease itself has spent its force, is a big factor in effecting a complete return to full health. On the other hand, the determination to ignore this debilitated condition and to fight against it will, Dr. Harris says, frequently bring serious consequences upon the patient.

"After Effects Bad,"  
"The subject of the after effects of influenza," said Dr. Harris, "is one of particular interest to the scientist at the present time."

"First, and perhaps the most momentous condition to be considered is the striking depression—mental, nervous and physical—complained of by most patients. Those attacked by the disease with moderate severity are almost always afflicted with this depression, which should be recognized and dealt with. Those who have had mild cases of the epidemic are little affected by depression, and their quick return to health and strength gives rise to the belief that influenza is trivial. On the contrary, influenza in its after effects is anything but trivial and calls for the application of rules of common sense and sanitation which are the result of years of experience.

"Tonic treatment, well chosen diet, and great care in not becoming over-tired or allowing the body to be chilled, are necessary. Eggs may be eaten, but not more than two a day, for the average adult. Of course, it must be remembered that in many cases this disease tends to direct its force against the kidneys, and therefore we instruct patients to avoid eating a great amount of meat, or eggs or beef extract. Eggs, soft boiled, poached, or beaten, raw, are advisable in limited number. The raw eggs should always be well agitated before taking.

"When Good Food Is Bad."  
"With milk and eggs as a foundation, the patient should eat good nourishing food, including meat, fish, and vegetables, simply prepared. Frying, for instance, should be avoided. Good food prepared in an unskillful manner becomes bad food; especially is this to be noted in cases of convalescence. In such cases, the disease often manifests itself in vomiting, and in intestinal and gastric disturbances, and it is important not to weaken the digestive function by the eating of poorly prepared food, or even the best of food in ill-advised quantities. The quantitative distribution of food should be so adjusted as not to overtax the stomach, but the patient should eat generously and frequently.

"As a tonic to build up the blood and stimulate the shattered nerves, Dr. Williams' Pink Pills are unsurpassed. These pills actually make new, rich, red blood, which reaches every organ and every nerve in the body, improves the appetite, strengthens digestion and drives away the feeling of weariness and depression always following an attack of the grippe or influenza. Those who give Dr. Williams' Pink Pills a fair trial will be amply repaid by the new health and strength this tonic medicine always gives.—Adv.

**DOAKTOWN HAS HAD A BUSY SUMMER**

Many New Residences Built in Thriving Up-River Town.

I hope you will give space in your valuable paper for a few remarks which will interest some of your army of readers. Notwithstanding the strain of the war, this town appears to be in a state of prosperity, judging its advancement by the vast number of automobiles brought to the village this last two years, and also it never lost its boom in building, although the people were at the front in all patriotic causes and always have their purse strings in all collections.

W. A. Bamford has built one of the finest residences in town; also the Presbyterians have built a most beautiful manse.

Mrs. Miles Doak has made some very nice repairs on her house.

M. Hannan has added another place to his already fine house. We don't know what Mr. Hannan is after, except it is to rival F. D. Swin's dandy house.

Mrs. Jessie Robinson has also built a nice house, and lots of others, and wherever you go you will hear a carpenter's hammer working on a garage.

The "flu" epidemic is quite prevalent here, with some deaths.

There is quite a lot of parties going in the woods here among two who are A. and G. Coughlan, P. and W. Coughlan, J. McDonald, F. D. Swin and G. Holmes. The buzz of the automobiles around here yesterday showed the good condition of the roads.

Everybody celebrated the end of the war here last Thursday except one old woman that lived in a white house on a hillside who would not believe it without confirmation. Now she has one of the best of her family who has shouted themselves hoarse.

**LONG SERVICE MEDALS FOR VETERANS OF THROTTLE**

Driver Daniel McQuarrie, of Newcastle, Honored for Long and Meritorious Service.

An interesting ceremony took place at a recent meeting of Division 162, Brotherhood of Locomotive Engineers, when Mr. Thos. W. McBeath, Master Mechanic of District No. 3, on behalf of His Majesty King George the V., presented long service medals to Alexander Donald, Daniel McQuarrie and Rufus Bulmer, three C.G.R. veteran locomotive engineers, who recently retired on the Newcastle Road. All three recipients of the medal earned the title of veterans, each having about forty-five years continuous service as members of the Brotherhood in the service of the Canadian Government road.

The presentation was made by Master Mechanic McBeath in a neat and

**OBITUARY.**

**MRS. PATRICK HOGAN.**  
The death of Mrs. Patrick Hogan, Renous, occurred on Saturday of pneumonia. Mrs. Hogan was in her ninety-first year. She was formerly Miss Mary Singleton and was a native of Renous. She is survived by her husband, who is in his 94th year, and the following sons and daughters: William J. Hogan, Newcastle; John, in the United States; Patrick J., at home; Mrs. Patrick Wislen and Mrs. John Donovan, of Renous.

**SINCLAIR MULLIN.**  
The death of Sinclair Mullin, of Boom Road, from Spanish influenza, occurred on Tuesday. The deceased was seven years of age and contracted the disease in the lumber camp. The body was interred in the Presbyterian cemetery at Redbank yesterday. Rev. J. F. McCurdy officiating. He leaves his parents, Mr. and Mrs. Davin Mullin, and the following brothers and sisters: Robert, David, Alvin, Marshall, at home; Mrs. Hubert Matcett, of Redbank, and Mrs. Willard Roll, of Sunny Corner.

**ROY McTAVISH.**  
The death of Roy McTavish, son of Mr. and Mrs. William MacTavish, occurred on Monday, at the age of seventeen years. Interment was made in Whitteville Presbyterian cemetery, Tuesday afternoon. Service at the grave was conducted by Rev. J. P. McCurdy.

Beside his parents, deceased leaves two brothers, Major and Russell, and three sisters, Mrs. Herman Henderson, Bridgetown, Newcastle, and the Misses Rita and Sadie, at home.

**MRS. THOMAS COWIE.**  
The death of Mrs. Thomas Cowie, of Moran's P. O., occurred at her home there recently after a short illness. The deceased, who was a most estimable lady, is survived by her husband and one son, Robert; also two brothers and three sisters. The funeral took place at Pleasant Valley, York Co.

**EVERETT P. CAMPBELL.**  
The death of Everett P. Campbell, a well known resident of Doaktown, occurred at his home there on Monday of last week, after a short illness of pneumonia. Deceased was 37 years of age and is survived by two brothers, Frank of San Francisco, and Fred, overseas; also two sisters, Margaret and Blanche, both at home. The funeral took place at Doaktown on Wednesday afternoon and was largely attended.

**MAGIC BAKING POWDER**  
CONTAINS NO ALUM

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**CASTORIA**

For Infants and Children  
In Use For Over 30 Years

Always bears the Signature of *Dr. H. H. Weston*

appropriate speech, to which the recipients made suitable replies, expressing their gratitude for the medal emblematic of a long and faithful service.—Moncton Times.

**FROM THE BEST MAKERS COME THESE WINTER OVERCOATS FOR MEN**

The Trench Coat

We vouch for the perfection of their workmanship, the excellent quality of their materials, and their durability and service. We guarantee satisfaction and are ready at any time to redeem our pledge.

Just because these Overcoats are better and more snappy style than most makes we have not priced them exorbitantly. We have marked them at fair prices and you will agree that the values are unusually good.

**HEAVY ULSTER COATS** with Bell all around and made with convertible collars priced from \$14.00 to \$33.00

**A MACKINAW COAT**  
For Sport and every day wear is comfortable, cosy and warm. It will save your Overcoat many months of rough wear. These tailored Mackinaws come in a wide array of beautiful checks besides plain Greys and Browns. Priced at \$8.75 to \$13.50

**J.D. Breaghton & Co. LIMITED**

**DAMAGING STORM IN CAPE BRETON.**

North Sydney Nov. 20.—One life lost and a property loss of nearly one hundred thousand dollars is the sum total of the terrible storm that demolished nearly every fishing establishment, sank boats, and did other damage in Victoria County last week. It was by all odds the worst ever known in that part of Cape Breton, and in the opinion of old residents of the County, was more severe than the famous Saxby gale. Not only was the gale terrific, but the high tides which accompanied the blow was never before experienced.

The name of the unfortunate victim who lost his life was Ted Jarvis, a man about 40 years of age. He lived at New Haven, and went into his little fish house in order to try and save some of the fish stored therein, when a mighty wave swept down upon the place, carrying the helpless victim, together with the building and its contents out to sea. Only a

**THREE KILLED, FIVE INJURED, IN C. P. R. WRECK**

Port Arthur, Ont., Nov. 22.—A Canadian Pacific Railway work train was struck by an east-bound freight train on a curve last night, killing three and injuring five.

**"CASCARETS" WORK WHILE YOU SLEEP**

Furred Tongue, Bad Taste, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and clogged bowels, which cause your stomach to become filled with undigested food, which ferments like garbage in a swill barrel. That's the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascart to-night will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep—a 10-cent box from your druggist will keep you feeling good for months.



**"If I Could Only Be Strong and Healthy Like Other Girls."**

**THIS** is the longing of the girl who is pale, weak and anemic.

She is lacking in energy and strength, and is so easily tired out that she does not feel like taking outdoor exercise or joining others in social gatherings.

The healthy, happy outdoor girls get in the way of leaving her to herself, and she gets lonely, discouraged and despondent.

The source of trouble is in the condition of the blood, which has become thin and watery, and utterly lacking in nutritive qualities.

The anemic condition is shown in the pallor of the lips, the gums and the eyelids, as well as in the pale face and angular form.

Nature has provided for the purifying of the blood by having it sent to the lungs periodically to come in contact with the fresh air and take up new oxygen.

Unfortunately this plan of nature has been defeated by human beings living too much indoors and breathing over and over again the vitiated air of ill-ventilated rooms. This is the usual cause of anemia, as well as a reason for its continuation.

The blood gets ever thinner and more watery, until the human system is literally starved.

The digestive system has failed, and your health must go naturally downhill until you can find some means of restoration.

Fortunately, Dr. Chase's Nerve Food furnishes the vital substances needed for regenerating the entire organism when in a run-down condition.

Gradually and certainly the building-up process is established, and the pure, rich blood created in the system carries health and strength to every part of the body.

Weakness and disease, the cause of discouragement, failure and unhappiness, give place to new hopes, new confidence and stronger determination to succeed.

The appetite is sharpened, digestion improves, and you find yourself enjoying your meals and taking a new interest in life. As you gain in strength and energy you feel encouraged to keep up the use of this restorative treatment until thoroughly restored to health.

The rosy cheeks and healthful appearance of people who have used Dr. Chase's Nerve Food is its strongest recommendation, and accounts for its ever-increasing popularity.

It is for sale by all dealers, 50 cents a box, 6 for \$2.75, or by mail from Edmanston, Bates & Co., Limited, Toronto. Look for the portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, on the box you buy.