

## CRISIS OF WOMAN'S LIFE

Change Safely Passed by Taking Lydia E. Pinkham's Vegetable Compound.

Wagoner, Okla.—"I never got tired of praising Lydia E. Pinkham's Vegetable Compound because during Change of Life I was in bed two years and had two operations, but all the doctors and operations did me no good, and I would have been in my grave today had it not been for Lydia E. Pinkham's Vegetable Compound."—Mrs. VIOLA FINICAL, Wagoner, Okla.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, dizziness, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and dizziness should be heeded by middle-aged women. Lydia E. Pinkham's Vegetable Compound has carried many women safely through the crisis.

### Windsor News

Mrs. J. M. Mallory, who has been visiting her sister, Mrs. C. P. Wasson, returned home last week.

Mrs. Archie Ritchie of Greenfield is visiting her parents, Mr. and Mrs. Thomas Forest.

There being no church service here on Sunday a "sing" was held in the evening at H. L. Dickinson's, about thirty being present.

Rev. W. B. and Mrs. Crowell are spending a few days in Fredorcton.

Hanford Thompson of Richmond has been visiting relatives and friends here.

Stanley Shaw, who has been sick the past week, is gaining slowly.

Mrs. M. Tedford of Yarmouth, Nova Scotia, arrived here on Thursday to spend a few weeks with relatives.

Miss Belle Orser is spending a few days with her sister, Flossie, of the P. N. S., Frederton.

Mrs. George Faulkner is visiting her daughter at Mainstream.

Rev. P. J. Quigg and J. M. Mallory, who have been holding revival meetings at Armand for the past six weeks, left to attend the Primitive Baptist quarterly meetings at Rosedale, but will return this week. We are all very glad, for much good is being done.

John Craig of Presque Isle was here by auto on Sunday to see his aunt, Mrs. Mary Craig.

## OVER 40 YEARS ON THE ROAD

The name of W. G. Reid of Hamilton, Ont., is a familiar one to thousands throughout the Dominion. For over forty years Mr. Reid has seen service as a commercial traveller. A letter recently received from him indicates how he suffered from Rheumatism, and at last found relief.

Read this letter:

Hamilton, Ont.  
"About four years ago I wrote you of my condition from Muscular and Inflammatory Rheumatism and Kidney Trouble and my efforts through travel and change of climate to rid myself of these unwelcome guests, and how I only found relief in Gin Pills after spending a lot of time and money in foreign lands. Since then Gin Pills have been my sheet anchor. I find in advancing years a tendency of the kidneys to get out of order more easily than formerly but a few doses of Gin Pills puts them right and wards off other and more serious trouble. I feel it not only a duty but a pleasure to recommend Gin Pills for Kidney and Bladder Troubles to my thousands of personal friends throughout Canada to whom I am well known as a commercial traveller of over forty years' service."  
Yours truly,  
(Signed) W. G. R.

A sample of Gin Pills sent free upon request to National Drug & Chemical Co. of Canada, Limited, Toronto, or to the U. S. address—Na-Drug Co. Inc., 202 Main St., Buffalo, N. Y.

**DR. DEAN'S FEMALE PILLS** Reliably restores monthly medicine for all Female Complaints. 50¢ a box. Get three for \$1.00, at drug stores. Mailed to any address on receipt of price. THE SCOTT & BOWNE CO., 315 CHURCH ST., CINCINNATI, O.

**PHOSPHONOL FOR MEN** Restores Vims and Vitality; for Nerve and Brain; increases "grey matter"; Tonic—will build you up. 50¢ a box, or two for \$1.00, at drug stores, or by mail on receipt of price. THE SCOTT & BOWNE CO., 315 CHURCH ST., CINCINNATI, O.

## WAR BURDEN IN CANADA

Military and Naval Activities of Canadians are not Confined to European War Areas

Ottawa, Oct.—Besides the military organization she maintains overseas, Canada keeps up a considerable establishment at home. Coast defences have to be looked after at Halifax, Sydney, Quebec, St. John and Esquimaux. Again, Canada has the duty of guarding at home internment camps, railway bridges, etc., requiring a large number of men, besides hospitals and camps.

In addition to this, there is in home waters the Canadian Naval Service, which since war began has absorbed 5,300 Canadians as officers and men, with its associated services all under direct Canadian control.

Although far removed from the central seat of war, Canada is under the necessity of keeping up a healthy military organization at home because "this a world war and, in its many ramifications, may raise its horrid head from any point of the compass. The first guarantee of efficient activity at the front is efficient organization and perfect order at home. A-9.

### 10 CENT "CASCARETS" IF BILIOUS OR COSTIVE

For Sick Headache, Sour Stomach, Sluggish Liver and Bowels—They work while you sleep.

Furred Tongue, Bad Taste, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and clogged bowels, which cause your stomach to become filled with undigested food, which sours and ferments like garbage in a swill barrel. That's the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascaret tonight will give your constipated bowels a thorough cleansing and straighten you out by morning. They work while you sleep—a 10-cent box from your druggist will keep you feeling good for months.

### London Visitor Tells how all Belligerents have Eye on Times to Come

Ottawa, Oct.—The true benefit of the Military Service Act will not be realized in full even when the needed reinforcements arrive at the front and the Canadian Expeditionary Force returns to its work strengthened and reinvigorated. This is the opinion of a London business man of high standing who is now visiting Canada on a Government mission.

All the belligerent nations, this visitor says, are fighting today with one eye on the future. The desire of all is to go through the war with a business and industrial organization as firmly stabilized and normal as possible. The industrial value of the Military Service Act will be that it will leave at their tasks those whose work is needed in the national interest and help to insure future prosperity. Assurance of this coming benefit helped to make the draft law more popular in England than was ever expected, despite its drastic provisions. A-10.

### Carlingford News

(Intended for last week)  
Mrs. A. K. Turner and daughter Dorothy of Aroostook Jct., spent the week-end at C. H. Spike's.

Mr. and Mrs. Wm. S. Everett spent a few days last week at Plaster Rock.

Mrs. George Fields, who has been visiting friends and relatives in Augusta and Hinckley, Me., has returned home.

Daniel Fields is very ill in the hospital at Fort Airfield.

Miss Muriel Everett spent last week in St. John, a guest of Mr. and Mrs. Everett Manzer.

Quite a number from here attended the dance at Aroostook Jct., Tuesday evening.

N. J. Wooten was doing business in this place Wednesday.



## "Let Me Help You Carry the Burden, Mother"

"If Canada fails us in October, we must curtail many of our activities."

Sir ARTHUR STANLEY,  
Chairman, Executive Committee,  
British Red Cross.

It now costs \$300,000.00 a week to carry on the work of the British Red Cross, or \$16,000,000.00 a year.

Every minute of the day and night it costs \$30 to minister to the sick and wounded and dying.

Last year Canada's magnificent contribution paid for the entire work of the British Red Cross for nearly seven weeks.

This year, in view of the greater need, it is earnestly and confidently hoped that Canada's contributions will be as great proportionately as the magnificent offering of last year.

Our trust is, that the Citizens of Canada will give generously to this noble cause on—

## "OUR DAY", OCTOBER 18th

### A Few Facts about British Red Cross Work.

The British Red Cross Society is the only institution which carries voluntary aid to the Sick and Wounded of the British forces on land and sea in every region of the War. Its work is therefore the concern of all classes of British subjects, whether living in the British Isles, in the Dominions and Colonies beyond the seas, or in foreign countries.

### IN GREAT BRITAIN

57,000 Hospital Beds found in the United Kingdom.

30,000 of these provided with Nursing Staff.

2,000 Trained Nurses working at home and abroad.

7,500 V. A. D.'s helping in Army Hospitals.

\$220,000 spent on equipment of King George Hospital (1,850 beds) and \$130,000 a year contributed to cost of its maintenance.

\$225,000 spent on building and equipping Netley Red Cross Hospital (1,000 beds); and

\$625,000 spent on maintenance.

\$175,000 for Orthopaedic Curative Workshops and Training Fund.

\$185,000 for Facial Injury Hospitals.

Send Contributions to local Treasurer or to Lady Tilley, Organizing President, Canadian Red Cross Appeal, St. John, N. B.