

STERN REMINDERS OF RHEUMATISM

Cold or Wet Weather May Start the Pains, but the Trouble is in the Blood.

Every rheumatic sufferer should realize that rheumatism is rooted in the blood and can only be cured by a treatment that will cleanse the blood of the rheumatic poisons.



LESSON XI. March 16, 1919. The Cities of Refuge. Joshua 20: 1-8.

COMMENTARY—I. Place of protection (vs. 1-6). 1. The Lord also spake unto Joshua—"And Jehovah spake unto Joshua."

2. The slayer, unawares and unwittingly, Providence was made for the protection of one who had taken the life of another through mistake, not knowing it.

Dr. Martell's Female Pills advertisement with image of the product box.

wrong. Hated him not beforetime— If it could be shown that the slayer had hated the victim or had a grudge against him, this would be considered a proof that the slaying was not accidental.

II. Cities of Refuge Set Apart (vs. 7-9). 7. appointed—Set apart. Kedesh in Galilee—in the northern part of Canaan on the west side of the Jordan River.

8. On the other side Jordan—on the east side. There were only two and a half tribes of Israel on the East side of the Jordan, Reuben, Gad and a half tribe of Manasseh.

9. And for the stranger—The cities of refuge were designated for the protection of the Israelites, but not for them alone. The stranger who came to dwell with them was included in this plan for safety.

10. Questions.—Where is the earliest mention of the cities of refuge? Why were not the cities of refuge appointed before Joshua's time?

Constipation Cure advertisement with a small illustration of a person.

carelessness or passion. The appointment of cities assigned to the priesthood was not without significance; and they were as widely distributed as conveniently located as possible.

II. Their typical significance. That the cities of refuge were symbolic of the provisions of grace is plain. "All have sinned," and "by the deeds of the law there shall no flesh be justified in his sight."

RELIEF AT LAST

I want to help you if you are suffering from bleeding, itching, blind or protruding piles. I can tell you how, in your own home and without anyone's assistance, you can apply the best of all treatments.

PILES TREATED AT HOME. I promise to send you a FREE trial of the new absorption treatment, and references from your own locality if you will but write and ask. I assure you of immediate relief. Send no money, but tell others of this offer.

MRS. M. SUMMERS, Box 18, Windsor, Ont.

SUNDAY AT HOME NEW YEAR'S DAY advertisement with a small illustration.

Who, looking back on past, unfruitful days. Seeks Heaven's forgiveness through the appointed way.

HE SHALL INHERIT ALL THINGS. If in this life we have only hope in Christ, we are of all men most miserable.

Why Women Bear Pain. Women bear pain better than men, as is well known, but Dr. E. O'Neill Kane says that their tranquillity is often receptive, being stoical submission rather than lack of feeling.

The starchy crown of woman is in the power of her affection and sentiment and infinite engagements to which they lead.—Emerson.

us, and let us run with patience the race that is set before us.

GIVE. (By the late Rev. H. T. Miller.) Give unto the hero the glory due unto his name. It is due, it is your duty to give; here we all come short.

Give Him glory. Give Him room. There was no room for Mary in her trouble in the inn. There is no room now for Him in the dance, the race-course, the gambling hell, the seat of the scornful.

Give Him welcome. Let every avenue, every room, every opportunity have an open door for Him, your Creator, Preserver, Redeemer. Say to Him, "Why standest Thou without?" He must have a welcome. He will not

trude the door. He knocks, but does not force the door. If you do not bid Him welcome, He will pass on, and may never call again.

Give Him all! all power, capacities, possibilities, wings, tangles, flashing eyes, feat like fire, tears of gladness and gratitude. Give Him all for, He giveth all to you.

U. S. Getting Busy. Great preparations for the construction of public works and for general building activities in the spring are being made in the United States.

Several Ways to Practise Economy. To put new life in an old boom—A teaspoonful of glue mixed in a basin of hot water poured over a broom and then allowed to thoroughly dry will greatly stiffen it, and prolong its usefulness and life.

COMPLETE SCHOOL SET--24 PIECES FREE TO BOYS AND GIRLS. This outfit contains: 1 English School Case, 1 Japanese Pencil Box, 1 Special Drawing Pencil, 1 Compass, 1 Eraser, 1 Box of Pencils, 1 Paint Brush, 1 Rubber-tipped Lead Pencils, 2 Metal-cased Lead Pencils, 1 Pen Holder.

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COMPLETE SCHOOL SET--24 PIECES FREE TO BOYS AND GIRLS. HOMER-WARREN CO., Dept. 89, Toronto

CURES A COLD QUICK AS WINK! CATARRHOZONE advertisement with a small illustration.

No more medicine for the stomach—that isn't where your cold is lodged. Just breathe in the healing vapor of CATARRHOZONE—a soothing, healing medication that acts instantly.

ORIGIN OF THE DOG. The ancestry of the dog has been the occasion of much controversy, according to Leo S. Crandall's book, "Pets."

Catarrh Cannot Be Cured with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a local disease, greatly increased by constitutional conditions, and in order to cure it you must take an internal remedy.

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MARKET REPORTS

TORONTO MARKETS.

Table of market prices for various commodities including Butter, Eggs, and various meats.

MEATS-WHOLESALE.

Table of wholesale prices for various types of meat.

SUGAR MARKET.

Table of sugar market prices for various grades of sugar.

OTHER MARKETS.

Table of prices for various other market goods like flour and oil.

Growing Dishrags. It has been discovered that the thick, spongy sound of the luffa plant, which grows easily and requires but little attention makes the best kind of dish-cloths and bath sponges.

Strong Words of a Guelph Veteran

He Says Dodd's Kidney Pills Saved His Life. James Black at the Age of Eighty-Five is Shouting the Praises of the Great Canadian Kidney Remedy, Dodd's Kidney Pills.

Mr. Black who is in his eighty-fifth year, is confident that he owes his life to Dodd's Kidney Pills, and never tires of singing their praises.

Substitute Yarns. Substitutes are sought abroad. Paper yarn has proved a failure. Such yarn cannot be used for making clothing.

She (sighing)—I suppose you have kissed lots of girls before, haven't you? He—Yes, darling. All a preparation for you.—Judge.