STERN REMINDERS **OF RHEUMATISM**

Gold or Wet Weather May Start the Pains, but the Trouble is in the Blood.

Every rheumatic sufferer should re-alize that rheumatism is rooted in the blood and can only be cured by a treatment that will cleanse the blood of the rheumatic poisons. The old-time belief that rheumatism was caused by cold, damp weather, is now exploded. Such weather conditions may start the aches and pains, but is not the real cause. Liniments and outward applications may give temrelief, but cannot cure the porary trouble, because they do not reach its source in the blood. The sufferer from rheumatism who experiments trom rheumatism who experiments outward applications is only wasting valuable time and good money in de-pending upon such treatment, the trouble still remains, and it is all the time becoming more firmly rooted harder to cure when the proper treat-ment is applied. Treat this disease through the blood and you will soon be rid of the pains and tortures. As be rid of the pains and tortures. As a cure for rheumatism. Dr. Williams' Pink Pills are unequalled. They act directly on the impure weak blodi; they purify and strengthen it, and se root out the cause of rheumatism. Mr. D. Lewis, postmaster at Escum-inac, N. B., says: "I was attacked with rheumatism, which settled in with rheumatism, which settled in my elbow, shoulder and knee joints, and at times caused me great suffer-ing. The trouble was particularly severe last spring and I decided to try Dr. Williams' Pink Pills. After taking the pills for some time the rheumatic pains and stiffness in the joints disappeared and I have not since had any return of the trouble." If you are suffering from rheuma-If you are suffering from rheuma-tism, or any trouble due to poor blood and weak nerves , you will find a cure in a fair use of Dr. Williams' Pink Pills. You can procure these pills through any medicine dealer, or by well of the optic a box or six boxes for mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.



LESSON XI. The Cities of Refuge. Joshua 20, 1-8, COMMNETARY-I. Place of protection (vs. 1-6). 1. The Lord also spake unto Joshua—"And Jehovah spake un-to Joshua."—R. V. As the Lord had spoken to Mošes, making known to have high will ge a paper to lack him his will, so he spoke to Joshua his successor as standing between hin and his people. God's confidence In his servant is shown in his thus ad-dressing him. 2. Appoint out for you -Set apart, assign for you. The word appoint means to sanctify in the sense of setting apart for a particular purpose. Cities of refuge-Places of protection, that innocent persons might not be put to death. Whereof I spoke unto you by Moses — The purpose of the cities of refuge was de-clared some years before this and the records are found in Num. 36; 9-34 and Deut. 19:1-3. The cities of refuge could not be appointed until the tribes of Israel were located in Canaan and the Levitical cities assigned. 3. The slarer..unawares and unwittingly — Providence was made for the protec tion of one who had taken the life of another through mistake, not knowing

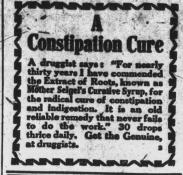
The Mosaic law made a clear dis tinction between intentional, premed-itated murder and the accidental or unintentional slaving of another. May flee thither—The cities of refuge were set apart for the protection of those only who had unintentionally taken the lives of others. Among the Greeks and Romans and in succeeding cenand Romans and in succeeding cen-turies there were claces of sanctuary (places of protection) provided for criminals of every class, but among the Israelites only the innocent were to be protected. The avenger of blood—The avenger of blood was a

wrong. Hated him not beforetime-if it could be abown that the slayer had hated the victim or had a grudge against him this would be considered a proof that the slaying was not ac-cidental. Inquiry then, as now, was made regarding the motive for the act. 6. He shall dwell in that city—He had field thither voluntarily, and that, too, for safety, and he would be safe only as he remained in the city. Until he sand before the congregation for judgment—The hearing he had be-fore the elders at the gate upon his arrival was merely preliminary. He thoroughly considered and pased up-on, "The focal authorities shall sum-mon him and the 'goal' (Hebrew for avengar of blood) to appear before the the deed proceeded from malice or was accidental. If he was condemn-ed, he was to be executed; but if he was acquitted, he was set at liberty, but was sent back to live in the refuge till the death of the high priest."— Whedon. Until the death of the high priest was regarded as a 'period com-phies in itself. With the accession of his successor a new period began, and with it a new order of things." The isayer could not go to his home with the death of the high priest and thus he underwent something of a hardship as a sort of puishment for what may have been carelessents in thus he death of the high priest and thus he underwent something of a hardship as a sort of puishment for what may have been carelessents in through the death of a fellow man. Through the death of the high priest in the saling the death of the high priest in the the sources of the source of the high priest in the saling the death of the high priest in the they have been carelessenes in thous he underwent something of a thus he underwent something of a thus he underwent something of a thus he underwent something to a the sources of the high priest and thus he underwent something to a the sources of refuge could go forth in the files of refuge could go fort High Priest all who will may be free from the guilt of sin.

II. Cities of Refuge Set Apart (vs. 7-9). 7. appointed—Set apart. Ke-desh in Galilee—In the northern lart off Canaan on the west side of the Jor-dan River. The six cities were so lo-cated as to be easy of access from every part of the torritory occuried by every part of the territory occupied by the Israelites. They were in sightly places with good roads leading to them. Three were on the east side. Kedesh was in the small region then called Galilee, but the term Galilee came later to be applied to the whole northern portion of Canaan. Shechem—In the central portion of Canaan. Shechem— In the central part of the land of Israel on the west of the Jordan. It is situ-ated in the valley between Mount Gerizim and Mount Ebal. Kerjath-arba —Also called Hebron. It is the south-ern city of refuge west of the Jordan. Hebron was an important city among the patriarchs and in the history of Israel. It is twenty miles south of Jerusälem. The distance between

Hebron and Shechem was about fifty miles and the distance between Shechem and Kedesh about the same. 8. on the other side Jordan—on the east side. There were only two and a half tribes of Israel on the East side of the Jordan, Reuben, Gad and a half tribe of Manasseh, yet their territory ϵx tended nearly as far from north to south as that of the other tribes. There would have to be as many cities of refuge on the east side as on the west to meet their needs. Bezer-This was a Levitical city in the tribe of Reuben and in the southern part of the land east of the Jordan. It was nearly opposite Jericho. Ramoth in Gilea1— This was one of the strongholds in the tribe of Gad. Golan-The site of Golan, is now unknown, but it was the northernmost of the three cities of refuge east of the Jordan. This dis-trict was once densely populated, but now is mostly deserted. 9. and for the stranger—The cities of refuge were designed for the protection of the Is-raelites, but not for them alone. The stranger who came to dwell with them was included in this plan for safety. Questions.-Where is the earliest mention of the cities of refuge? Why were not the cities of refuge appointed before Joshua's time? How many were there? How were they located?

AVOID COUGHJ and COUGHERS! Coughing Spreads



carelessness or passion. The appoint carelessness or passion. The appoint-ment of cities assigned to the priest-hood was not without significance; and they were as widely distributed and as conveniently located as pos-sible. Three of them, Bezer, Ramoth and Golan, on the east of Jordan, Moses had already appointed. The remainder, Kedesh, Shechem and Heb-ron, were chosen after the settlement and division of the land. The highways leading to these cities were to be prepared with special care (Deut, 19;3), and the direction is said to have veen indicated by guide-posts. II. Their typical significance.

Tha II. Their typical significance. That the cities of refuge were symbolic of the provisions of grace is plain. "All have sinned," and "by the deeds of the law there shall no flesh be justified in his sight." They are available for all, but require personal effort and co-operation." "Who have fled to thim for refuge." Deliverance is based on-ly upon the death of the "High Priest of our profession. Christ Jesus." Seof our profession, Christ Jesus. Se curity comes only by abiding in Him Apart from Him the transgressor is constantly exposed to the vengeance of violated justice. The way is made so plain that "the wayfaring" man, though a fool, shall not err therein." through a tool, shall not err therein. Offences will come; but wee unto him, through whom they come!" However every effort is to be made to restore the offender. , Charitableness in judgment and consideration in dealing judgment and consideration in dealing are grounded in personal liabilities and shortcomings. "Considering thy-self, lest thou also be tempted." In many things we offend all." The meth-od of procedure is clearly stated by su-preme authority. "Tell him his fault between thee and him alone" before telling any other man. Forgiveness is to be granted unto "seventy times seven." The law which said, "An eye for an eye," has been superseded by the gospel which says, "Love your ene-mies." W. H. C. W. H. C. mies.'

RELIEF AT LAST I want to help you if you are suffering from bleeding, itching, blind or pro truding Piles. I can tell you how, in your own home and without anyone's assistance, you can apply the best of all treatments.

PILES TREATED AT

promise to send you a FREE trial of the new absorption treatment, and re ferences from your own locality if you will but write and ask. I assure you of immediate relief. Send no money but tell others of this offer. Address





NEW YEAR'S DAY. Tis New Year's day-a day of vows Of fresh reselves, and new, unselfish aims.

Thrice happy he Who, looking back on past, unfrattful days.

days. Seeks Heaven's forgiveness through the appointed way. Amd, sensible by past experience. Of his own weakness, humbly seeks a conception

strength being made in the United States. In own: this duty

ATHENS REPORTER :

us, and let us run with patience the race that is set before us. GIVE. (By the late Rev. H. T. Miller.) Give unto the hero the glory due unto his name. It is due, it is your duty to give; here we all come short. What shall we give? Well, give Him time; time is but.a golden thread to hang the years npon; bring the jewels out of your own heart, the outcrop of your-own character. He waits! Give Him truth, beauty, honor, good deeds, pleasant thoughts, pure desires, large forgiveness; have a stock ready, you will need them. Some one has hurt you, injured you. What are you going to do? Curse! Nay! That will hurt yourself. Bless them that curse you. It is due to yourself, it's due to your GIVE No more medicine for the stomacl —that isn't where your cold is lodged Just breathe in the healing vapor, o CATARRHOZONE—a soothing, heal CATARRHOZONE—a soothing, healing medication that acts instantly

淦

Catarrh Cannot Be Cured

Colds, sore throat and catarrh fairly flee before Catarrhozone. Every spot that is congested in healed, irritation is soothed away phlegm and secretions are cleaned out and all symptoms of cold and catarrh yourself. Bless them that curse you. It is due to yourself, it's due to your enemy, it's due to God. see that you give Him glory. Give Him room. There was no room for Mary in her trouble in the inn. There is no room now for Him in the dance, the race-course, the gambling hell, the seat of the scornful. Give him room in the counting house. When the old Puritan merchant opened a new ledger, the first inscription in the first page was, "In the Name of God." Will you find that in business houses to-day? When I was a boy in an office we did a large business in marine insurance. The are cured. Nothing so quick, so sure so pleasant as Catarrhozone. Beware of dangerous substitutes meant to deceive you for genuine Catarrhozone All dealers sell Catarrhozone; larg size, which lasts two months, pric \$1.00; small size, 50c.; sample size, 25

ORIGIN OF THE DOG. Scientists Differ Over One Com

business in marine insurance. The heading of every policy had these words, "In the Name of God. Amen." The ancestry of the dog has bee Give Him room in your heart, in your house, in your life. Sailors are not atheists; they seek the works of the the occasion of much controversy, ac cording to Leo S. Crandall's bool Lord and His wonders in the deep. "Pets." The house that guards the sea coast with warnings of danger is called the Trinity House. You can find the msidered that it is descended from single ancestor, such as the commo wolf of Europe. Darwin, however fidel in the shop, but not on a ship's leans toward the theory of multiple Give Him welcome. Let every origin, and advances much convincin

avenue, every room, every opportunity have an open door for Him, your Creator, Preserver, Redeemer. Say to proof in support of his belief. It widely known that many savage tribe have dogs, which appear to be simpl half-tamed representatives of the par ticular wild doglike animals inhabitin Him, "Why standest Thou without?" He must have a welcome. He will not

deck

Cook's Cotton Root Compound. A safe, reliable reputating medicine. Sold in three de-grees of strength-No. 1, \$1; No. 2, \$2; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamplict. Address : rie wolf, or coyote; the husky of the north country is plainly not far re-moved from the gray wolf; the Ger-man sheep dog and the Samoyede are strikingly wolflike in appearance. Whether our present dogs are the re-

C. C. prep Free pamphlet. Address. THE COOK MEDICINE CO., JORONTO, OHT. (Formerly Windcor.) intrude. - He knocks, but does not orce the door. If you do not bid Him velcome, He will pass on, and may tinct, with which the blood of other species has become mingled, we have

never call again. Love Him supremenot yet been able to determine, though ly, above self, wife, gold station. He is jealous. He will not give His glory to another. Unconditional surronder is the mark of every Christian. Give Him song, Your hear is like a harp. so many primordial animal remains have come to light. According to St. George Mivart, the dingo is the cnly wild dog still exist-ing which meets the requirements of an ancestor of our modern breeds This species is found throughout Aus-tralia and fossil bones which have been found show its presence there from Ask Him to touch you and oh! the melody! The morning stars (the angels) were the rist to sing; they sang together they moved in harmony very early times

old sailors used to set their work to music and sing. Weighing the anchor or hoisting on board what required a iong pull always called for a song and many a crew at the capstan performed a heavy pull with the fiddles on the capstan head. These are the men who sing at their work. Joy moves the dazzling wheels that

roll In the great time-piece of creation;

Joy breathes on buds, and flowers they are:

Joy beckons--sons come forth from Heaven. Give Him all: all power, capacities, Give Him all: all power, capacities, possibilities, wings, tongles, flashing eyes, feet like fire, tears of gladness and gratitude. Give Him all, for He giveth all to you. What could He do more than He hath done? Did He not lay by His glory, did He not empty Himself, left the supernal glory and dignity of Heaven's high estate? He had not where to lay His head, died a penniless man. For the joy that was set before Him. He endured the cross and despised the shame. Give Several Ways to Practise Econ-

U. S. Getting Busy. of hot water poured over a broom and Great preparations for the construction of public works and for general building activities in the spring are

greatly stiffen it, and prolong its use-fulness and life. When shoes become barked or scared-Very often a sma

NEW USES FOR GLUE.

omy.

To put new life in an old boom-

A tespconful of glue mixed in a basin

then allowed to thoroughly dry will

CURES A COLD QUICK AS WINK! Easy as Bolling Off a Log to Stop a Cough or Cold With "CATARRHOZONE"	MARKET REPORTS TOBONTO MARKETS.
No more medicine for the stomach —that isn't where your cold is lodged. Just breathe in the healing vapor of CATARRHOZONE—a soothing, heal- ing medication that acts instantly. Colds, sore throat and catarrh fairly flee before Catarrhozone.	Cheese, Ib. 0 33 0 38 Dressed Poultry- 0 50 0 55 Turkeys, Ib. 0 30 0 35 Chickens, roasting 0 40 0 45
Every spot that is congested is healed, irritation is soothed away, phlegm and secretions are cleaned out, and all symptoms of cold and catarrh are cured. Nothing so guick, so sure,	Fruits- Apples, basket 500 800
so pleasant as Catarrhozone. Beware of dangerous substitutes meant to deceive you for genuine Catarrhozone. All dealers sell Catarrhozone; large size, which lasts two months, price \$1.00; small size, 50c.; sample size, 25c.	Celery, head 0 10 0 20
ORIGIN OF THE DOG. Scientists Differ Over One Com-	Lettuce, 3 bunches for
mon Ancestry. The ancestry of the dog has been the occasion of much controversy, ac-	Savory, bunch 005 010 Turnips, peck 075 075 Do., peck 020 020 MEATS-WHOLESALE. 020
cording to Leo S. Crandall's book, "Pets." Many naturalists have con- sidered that it is descended from a single ancestor, such as the common wolf of Europe. Darwin, however,	Veal, common, cwt
leans toward the theory of multiple origin, and advances much convincing proof in support of his belief. It is widely known that many savage tribes	Heavy hogs, cwt. 16 00 18 00 Shop hogs, cwt. 23 00 25 00 Abattoir hogs 22 00 25 00 Mutton, cwt. 18 00 20 00 Lamb, lb. 0 28 0 30 SUGAR MARKET. 30 20
have dogs, which appear to be simply half-tamed representatives of the par- ticular wild doglike animals inhabiting the same regions. The dogs of the American plains In- dians closely resemble the small prai-	Wholesale prices to the retail trade on Canadian refined delivery, are as fol- lows: Acadia, granulated
rie wolf, or coyote; the husky of the north country is plainly not far re-	Do., No. 1 yellow

the same regions.	Do., No. 1 yellow " 987
The dogs of the American plains In-	Do., No. 2 vellow
dians closely resemble the small prai-	Do., No. 3 yellow " 967
	Atlantic granulated " 10 27
rie wolf, or coyote; the husky of the	Do., No. 1 yellow " 9 87
north country is plainly not far re-	Do., No. 2 yellow ", 9 77
moved from the gray wolf; the Ger-	Do., No. 3 yellow
man sheep dog and the Samoyede are	Dominion granulated
	Do., No. 1 yellow " 987
strikingly wolflike in appearance.	Do., No. 2 yellow " 977
Whether our present dogs are the re-	Do., No. 3 yellow " 9 67
	St. Lawrence granulated " 10 27
sult of crossing these many simple	Do., No. 1 vellow " 9 87
derivatives of wolves and jackals	
among themselves, or, whether there	Do., No. 5 yellow " 967
was an original ancestral dog, now ex-	Barros-5c over bags.
	Cases-20 5-lb. cartons, 60c, and 50 2-lb.
tinct, with which the blood of other	cartons 70c over bags. Gunnies, 5 20-lb.,
species has become mingled, we have	
creates may become ministed, we have	40c; 10 10-lb., 50c over bags.

OTHER MARKETS

WINNIPEG GR		GRAIN	EX	CHAN	HANGE.	
	Fluctuations					
	Exchange yest	erday w	ere as	follow	87	
	Oats-	Ope	n Hig	h Low	Close	
	May	0 69	0 69%	0 69	0 691/4	
1	July	0 68	0 68%	0 68	0 681/4	
	Flax-			:		
	May	3 31	3 391/2	3 31	3 3134	
	July	3 23	3 281/3	3 23	3 231/4	
	Barley-	1				
	May	0 88%	0 90	0 88%	0 89%	
	July	0 901/2	0 901/2	0 891/2	0 831/2	
1	MINNE	APOLIS	3 GRA	INS.		
	Minneapolis-	Flour u	nchan	ged. E	arley.	
	80 to 89c. Ry			1-2.	Bran,	
1	097 Elos \$2.7	5 to 09 7	7			

DULUTH LINSEED. Duluth-Linseed, on track, \$3.77; arrive, \$3.75; May, \$3.65; July, \$3.50 asked.

Growing Dishrags.

Catarrh Cannot Se Cured with LOCAL APPLICATIONS, as they cannot reach the scat of the disease. Catarrh is a local disease, greatly in-fluenced by constitutional conditions, and in order to cure it you must take an internal remedy. Hall's Catarrh Medicine is taken internally and acts through the blood on the mucous surface pof tho system. Hall's Catarrh Medicine was prescribed by one of the best physiciana in the country for years. It is composed of some of the best bolos known, com-bined with some of the best bolod purifi-ers. The perfect combination of the in-gredients in Hall's Catarrh Medicine is what produces such wonderful results in catarrhal conditions. Send for testim-onials, free. F, J. CHENET & CO., Props., Toledo, O. It has been discovered that the thick, spongy gourd of the luffa plant, which grows easily and requires but little attention makes the best kind of dishtention makes the best kind of dish-cloths and bath sponges. An Ohio wo-man is making ϑ good living raising them. She sold over 1,000 to one garage company alone for use in the swashing of automobiles. Cut into strips the luffa gourd makes a kind of lace widely used by milliners, and it is also admirably adapted to the making of flower baskets. All Druggists. 75c. Hall's Family Pills for constipation.



He Says Dodd's Kidney Pills Saved His Life.

James Black at the Age of Eighty-Five is Shouting the Praises of the Great Canadian Kidney Remedy, Dodd's Kidney Pills.

been slain, and it was his duty, cording to the custom of the age, to pursue the slayer and take his life, thus avenging his death. The avenger of blood undertook to take the life of the slaver without considering wheth-er he was guilty of intentional murder or had slain another accidentally.

4. Doth flee unto one of those ci-4. Doth field units offe of those of the offective of the offective of the offective of the offective of the reach one of the cities of refuge, it was provided that the roads should be at least thirty-two cubits, or about fifty feet, wide, kept in good repair with all obstructives characterized with the roads offective offective offectives. tions removed, all streams bridged and signa at every turning showing the way to the city of refuge. Every advantage was thus given to the slayer to escape the avenger of blo Bhall declare his cause—When slayer arrived at the gate of the of refuge, he was allowed to state of blood the hi case to the elders of the city and they received him, assigning to him a suit-able place of residence, provided they convinced that his act in taking were convinced that his act in taking the life of another was unitentian or accidental. 5. If the avenger of blood pursue after him—It was, ex-pected that the avenger of blood would be in close pursuit of the slay-er. Shall not deliver the slayer up into his hand—The elders of the city refuge had undertaken to protect of retuge had undertaken to protect the man who had fled thither for saf-ety, and they would not give him over them because they were convince that he had done no intentional



Dr. Martel's Female Pills Prescribed and recommended by Physicians, cold for half a century in Patented Tin Box with sidnature "Knickerbocker Remedy Co."



Who had the privilege of going there! Who had the privilege of going there? How could a slayer gain entrance into one of these cities? What is meant by an avenger of blood? How long was the slayer to remain in the city? Of what care the cities of means Of what are the cities of refuge typi cal?

PRACTICAL SURVEY.

Topic.-Our responsibility toward offenders.

I. The cities of refuge.

II. Their typical significance.

1. The cities of refuge. The provis-ion of the cities of refuge was in-cluded in the instructions of Sinai and was a well-recognized part of the civic constitution. The custom of blood constitution. The custom of blood revenge was of very ancient origin and of wide recognition among Oriental nations other than the Hobrews. Its existence seems to be recognized ir. the Noahic covenant (Gen. 9;5, 6). Under the patriarchal order the head of the household was ruler, priest and of the household was ruler, presented judge. The race was not yet grouped into notions and there was no selecinto nations and there was no selec-ed judge or established places of judgment. If any punishment for the taking of human life was to be meter out, it must come through the family itself. The "law of blood," as originment. ally established, was not designed to satiate a spirit of vengeance, but stood as a solemn vindication of the sacred-ness of human life. In the provision of the cities of refuge there was no condoning of criminality. A wilful murderer was of no account to be suf-

fered to escape ,but was afforded respite until inquiry could be made and judgment rendered. Even God's altar afforded no refuge for the wilful criminal nor could any ransom be ac-cepted. Only he who "unawares and unwittingly" had slain his fellow could any the provide of the providence of the pr avail himself of the provision, and if acquitted of wilful crime, his deten-tion in the city whither he had fled provided measurable punishment for

With sweet assurance of God's Father hood,

Relying, too, on His enabling grace, Begins the year with gratitude and And looks right enward with a filial

heart.

Through all the dim and blank uncer tainties,

Serenely to its end.

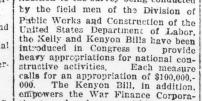
HE SHALL INHERIT ALL THINGS.

If in this life we have only hope in Christ, we are of all men most miser able.—Now they desire a better coun-try, that is, an heavenly: wherefore God is not ashamed to be called their God; for He hath prepared for them a city.—An inheritance incorruptible, and undefiled, and that fadeth not

away, reserved in heaven for you. All things are yours . . . the world, or life, or death, or things present, or things to come; all are yous, -Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath pre-pared for them that love him. But God hath revealed them unto us by his Spirit.

Spirit. Look to yourselves, that we lose not those things which we have wrought, but that we receive a full reward.—Let us lay aside every weight, and the sin which doth so easily beset which they lead.—Emerson.

HINCHING



cross and Him all!

empowers the War Finance Corpora-tion to make advances, within one year from the passage of the Act, to an ag-

Why Women Bear Pain.

Women bear pain better than men, as is well known, but Dr. E. O'Neill Kane says that their tranquility is of-ten receptive, being stoical submission rather than lack of feeling. He be-lieves women are less ofter affected by shock than men; they endure sur-gical operations better and pass under anesthesia more rapidly, quietly and safely.

The starry crown of woman is in the power of her affection and sentiand infinite engagements to

addition to the survey being conducted leather is lifted or loosened. Don't cut it off and try to cover the with blacking. Flatten the p place Flatten the piece in place with a little glue and allow to dry. Then apply blacking and the surface will be as good as new.

For tears or rents in silk.—Anoth-er piece of silk or fabric of the same color placed under the tear with thin coating of glue will bring edges more firmly together than the can be done with a needle. dry thoroughly and rent will be

from the passage of the Act, to an as-gregate amount not exceeding \$300,-000,003, at not less than 5 per cent, per annum to any State for financing pub-tic morks whenever unusual unemployat the heels, especially in the winter and spring whe nthe ground is muddy or slushy. This annoying trouble can be entirely eleminiated by gluing, a felt band abround the inside top of the

rubber. To protect furs and woollens from

moths.—It is commonly known that moths very much dislike the odor of ink in oid newspapers. Several

thirdnesses of old newspapers limity glued together may be made into the Friend." For the kidneys are the connect a bag and the garment placed first to feel the strain of advancing inside. After the ends and all joints are firmly sealed with glue, the bag in obsolutely moth and dust proof, they have made many an old person the obsolutely moth and dust proof, they have made many an old person they have made many again." and your protection from moths has cost practically nothing.

Guelph, Ont., March 10.-(Special)-"I would have had to undergo an op-eration, or be dead only for Dodd's Kidney Pills." These are strong But Mr. James Black, an old words. gentleman who moved here recently from Maidstone, makes the statement without hesitation.

"I suffered from Kidney trouble and pain in my back," Mr. Black goes on to relate, "and a friend told me to try Dodd's Kidney Pills. When I had and gravel. I have nalf a pound of it in a bottle to show people.

'I also had cramps in my legs that I could not sleep at night. I used 14 or 15 boxes of Dodd's Kidnew Pills, and now I am cured of all these ailments.'

Mr. Black who is in his eighty-fifth year, is confident that he owes his life to Dodd's Kidney Pills, and never tires of singing their praises 'They

are worth twice their weight in gold,

moths very much dislike the odor of a bodd's Kilney Pills have long ago ink in old newspapers. Several Dodd's Kilney Pills have long ago thirchnesses of old newspapers firmly carned the name of "The Old Folks' lived together may be made into the Friend." For the kidneys are the he says. Dodd's Kilney Pills have long

SUBSTITUTE YARNS.

Substitutes are sought abroad. Paper yarn has proved a failure. Such yarn cannot be used for making clothing.

An attempt has been made to produce yarn from cellulose.

This, too, has proved unduccessful as a substitute for cotton and woc.

The great obstacle in the way of the use of substitute yarns so far has been

that they are not washable. Some of them are durable enough and can be used for coarser fabrics and those do not require to be washed.

She (sighnig)-I suppose you have kissed lots of girls before, haven't you? He-Yes, darling. All a prepar-ation for you.-Judge.

COMPLETE SCHOOL SET--24 PIECES FREE TO BOYS AND GIRLS. This outfit contains: English School Case 1 Japanese Pencil Box Compass TARK

3 Pen Points 1 Box Crayons (28 colors) Eraser
Box Paints
Paint Brush
Patriotic Blotters
Packages Union Jack Flag Stickers so that you can put the flag on your school books, letters, etc. Special Drawing Pencil 6 Rubber-tipped Lead Pencils 2 Metal-cased Lead Pencils 1 Pen Holder

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