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Always exactly the same quality
Those who have used it for years
are the ones who give it the name
of "good tea."

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The Priests' Total Abstinence League of America

This association is made up of bishops and priests of the United States and Canada, banded together for the promotion of temperance. Such a society was first proposed to Archbishop Elder and Father Cunniff, now Bishop of Los Angeles, but then president of the C.T.A.U. of A., by Father Kittell, of Loretto, Pa., at the General Convention of the Union in 1892, in Indianapolis. But it was thought too early in the Catholic temperance movement for such an organization. The venerable archbishop kept the subject in mind, however, and a few years later, under his direction, Father Siebenfoercher organized a Priests' League in the Cincinnati Province, and the Students' League in ecclesiastical seminaries.

At the General Convention of the C.T.A.U. of A. in Pittsburgh, 1903, the League was made National under the honorary presidency of Archbishop Elder, who has been succeeded by Archbishop Ryan. Father Siebenfoercher was chosen active president, and provision was made for diocesan branch leagues.

The League has the approval of almost the entire hierarchy of the United States and Canada. Many diocesan promoters have been appointed and a few diocesan branches formed.

Conditions for membership are:
I. Total abstinence from all intoxicating liquors, except used medicinally by order of a physician.
II. The preaching of two sermons a year on total abstinence, and, in case of pastors, the formation of a total abstinence society, however small, in the parish.

III. Contributing at least one dollar a year to the work of the League, which is to be sent to the secretary before the first of August.

Membership may be for one or more years or for life.
Diocesan branches can make such other regulations as they desire, one of which should be to offer a mass for deceased members within a reasonable time. The formation of diocesan branches and membership in them is optional, but recommended.

The annual meeting of the League is held at the time and place of the General Convention of the C.T.A.U. of A., usually the second week of August. All members have a voice and vote in the meetings, and the League is entitled to three delegates in the General Convention of the Union, and diocesan branches and seminary societies to one each.

The fourth annual meeting of the League was held in Providence, R. I., August 7, 1906. As Father Siebenfoercher wished to retire from the presidency, Father Walter Shanley was elected president, and M. A. Lambing secretary and treasurer. The membership of the Priests' League was reported about two hundred, and of the Seminarians eight hundred and fifty.

This statement is published, not merely as a history and report of the League, but principally to induce priests who are total abstainers already to join it and thus make their labors more efficient and lasting. Unorganized individual effort, no matter how earnest and persevering, has not the force of united widespread endeavor. The success of temperance work among Catholics depends on the priesthood; and though the work is a gigantic one, the priesthood is equal to it if only they unite. But even the best of them, and the majority of total abstainers among them, shrink from the publicity membership in the League would entail. But they may not hide their work alone with God. He, indeed, seeth in secret; but those for whom Christ died, and for whose salvation priests are called to the sanctuary, and who need their example as well as ministrations, do not. The light of the world may not hide or allow itself to be hidden under a bushel. Leo XIII exhorts priests "to shine before all as models of abstinence," to promote temperance, and the present pontiff trusts they will do so; just as Christ commands them to let their light so shine before men, that seeing their good works, they may glorify the Father who is in heaven.

In union of light—of example—just as in any other union, there is strength; and when the evil conspire, the good should combine. The priest of God, called to spend and be spent for His people, may not consult his own preferences, even if he wished. He must deny himself and run to the rescue of the flock of Christ no matter what publicity it may give him. He does so in other matters, it is necessary to do so in this matter of temperance.

Priests wishing to join the League or desiring further information concerning it, are requested to write to the Secretary-Treasurer, who will regard such communications a favor, and count it a pleasure to answer them with as little delay as possible.

M. A. LAMBING,
Secretary-Treasurer.

The Lesson of a Friday Incident in a Public Restaurant.

(From the New World.)
It is in very exceptional circumstances that Catholics are obliged by their religion to be martyrs, but at all times they are bound to confess the faith. Our Blessed Lord promises that He shall proclaim before His Father in heaven the names of those who confess Him on earth. There is nothing so despicable, nothing that so lowers our own sense of self-respect as the cowardly act of endeavoring to conceal our religion for fear of offending non-Catholics. How many there are who refrain from lifting their hats in honor of the Blessed Sacrament when passing a Catholic Church "because of the presence of non-Catholics or infidels!" How often it happens that Catholic men, and even Catholic women, eat meat on Fridays against the dictates of their consciences because they find themselves in the company of non-Catholic friends!

Last year in a West Baden restaurant a religiously mixed party sat down to a substantial meal of roast beef on a Friday afternoon. Some of the Catholic members of the party were well known as prominent politicians of Cook county. An old Irishman, who was in the restaurant at the time, and who knew them well, could not restrain his righteous indignation. He made his way to the dining table, and in a voice that sounded like a thunder storm, and that might have been the voice of one of the greater prophets, uttered picturesque maledictions and bitter denunciations: "Ye canines," he cried, using, however, the Anglo-Saxon term, "tis in a kennel ye ought to be. I know ye in yer fathers' homes, where ye had little meat, but where at least ye ate honest food. And 'tis little meat ye could have now if every man had his own. Ye swindling thieves, ye have no respect for God or decent man, but ye would make a genuflection to His Satanic Majesty." "No man can hope to win the respect of others by compromising his holiest convictions and principles. The Catholic religion is not meant to be practiced merely in the church and in the bedroom; the true Catholic, who is a true man as well as a true Christian, will take off his hat in public in the presence of sacred things, will abstain from meat on Fridays in the bosom of his family, and will recite the Angelus, as Princes and Kings are proud to do even in the public thoroughfares, when church bells summon him to raise his mind and heart to his Creator, Preserver and Benefactor.

EACH MEAL AN AGONY.

Dr. Williams' Pink Pills Cure Ob-
stinate indigestion After Other
Medicines Fail.

"When I was first troubled with indigestion I did not bother with it. I thought it would pass away naturally. But instead of doing so it developed into a painful chronic affection, which in spite of all I did grew worse and worse until I had abandoned all hopes of ever getting relief." These words of Mrs. Chas. McKay, of Norwood, N. S., should serve as a warning to all who suffer distress after meals, with palpitation, drowsiness and loss of appetite—early warning of more serious trouble to follow.

"I used to rise in the morning," said Mrs. McKay, "feeling no better for a night's rest. I rapidly lost flesh and after even the most frugal meal I always suffered severe pains in my stomach. I cut my meals down to a few mouthfuls, but even then every morsel of food caused agony. My digestion was so weak. Some days I could scarcely drag myself about the house, and I was never free from sharp, piercing pains in the back and chest. I grew so bad that I had to limit my diet to milk and soda water, and even this caused severe suffering. In vain I sought relief—all medicines I took seemed useless. But in the darkest hour of my suffering help came.

While reading a newspaper I came across a cure that was quite similar to my own case, wrought by the use of Dr. Williams' Pink Pills. I thought if another person had been cured by these pills of such suffering as I was experiencing, surely there was hope for me, and I at once sent to the druggist for a supply of these pills. The first indication that the pills were helping me was the disappearance of the feeling of oppression. Then I began to take solid food with but little feeling of distress. I still continued taking the pills with an improvement every day, until I could digest all kinds of food without the least trouble or distress. I am in splendid health to-day and all the credit is due to Dr. Williams' Pink Pills."

Dr. Williams' Pink Pills go right to the root of indigestion and other troubles by making rich, red blood which tones and strengthens every organ of the body. That is why they cure anemia, with all its headaches and backaches and sideaches, rheumatism and neuralgia and the special ailments of growing girls and women of all ages. Sold by all medicine dealers, or by mail at 50 cents a box or six boxes for \$2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

Carmelite Chief Called to Ireland

Father Southwell, for seventeen years head of the Carmelites in New York, and rector of the Carmelite Church in East Twenty-ninth street, has sailed for Dublin, where he has been called by his superior officer.

IF WOMEN ONLY KNEW

Thousands of women suffer untold miseries every day with aching backs that really have no business to ache. A woman's back wasn't made to ache. Under ordinary conditions it ought to be strong and ready to help her bear the burdens of life.

It is hard to do housework with an aching back. Hours of misery at leisure or at work. If women only knew the cause, Backache comes from sick kidneys, and what a lot of trouble sick kidneys cause in the world.

But they can't help it. If more work is put on them than they can stand it's no wonder that they get out of order. Backache is simply their cry for help.

DOAN'S KIDNEY PILLS

will help you. They're helping sick, over-worked kidneys all over the world—making them strong, healthy and vigorous. Mrs. F. Ryan, Douglas, Ont., writes: "For over five months I was troubled with lame back and was unable to move without help. I tried all kinds of plasters and liniments but they were no use. At last I heard tell of Doan's Kidney Pills and after I had used three-quarters of the box my back was as strong and well as ever."

Price 50 cents per box or three boxes for \$1.25, all dealers or The Doan Kidney Pill Co., Toronto, Ont.

Father Southwell went into East Twenty-ninth street seventeen years ago, when there was no church in that section. He found a room on the third floor of a cigar factory, and there the Irish Carmelites had their introduction to New York. He leaves church property, including one of the finest schools in the city, valued at \$300,000. Father Southwell was a familiar figure at Bellevue hospital, which he visited every day and held himself in readiness at all hours of the night.

St. Bernard Monks Have a Telephone.

The long winter in the pass of the Great St. Bernard has begun, and the famous hospice will be closed to travellers for the next nine months. The snow will shut in the monks and their dogs and their new auto until about the middle of June, 1907. At irregular intervals during the winter the mails reach the hospice, but the tourists who have crowded the hospice all the summer will be absent.

During the short summer season an average of eighteen to twenty thousand strangers visit the hospice and enjoy its hospitality, and there are sometimes eight hundred tourists within its walls at one time. There are now nine grown dogs and five puppies on the canine staff of the hospice, which is prepared now as from time immemorial, to help any unfortunate traveller in difficulties while crossing the pass in winter. A telephone service connecting the Hospice of St. Bernard with the principal points of departure used by tourists has been inaugurated. This will be greatly appreciated by mountain climbers, as they will thus be able to advise the monks of their intention to visit the celebrated monastery, and if they do not put in an appearance within a reasonable time search parties will be sent out for them.

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