HOME CIRCLE

SUNDAY REST.

General Intention for September, Recommended and Blessed by His Holiness,

God, who is not only our Master, practically drifted into pagantsm. but also our tender and provident Fapeople.

event of the Resurrection of Our ments. Lord, which occurred on that day. God, and when His laws were con-

With true Catholics the spirit of fies their attitude towards Sunday. For them it is the day of the soul, during which acts of faith, adora-Father. It is on that day that they learn from the lips of their pastors the extent of their obligations and the means of carrying them out.

The care of the soul is the primary ary object is legitimate rest and ing good books, for instructing his tions to be made in this matter; but, recreation for the body. God very family in matters of religion, will, in if we were to look for some sort of well knows that after the efforts at bread-winning of six days, the body needs repose, and He ordered a cessation from servile work not merely Mass and spending the remainder of peoples in their observance of the those who serve as well. "Six days shalt thou labor. The seventh is the recreation. day of the Sabbath that is the rest of the Lord thy God. Thou shalt thy servant, nor thy daughter, nor vant, nor thy ox, nor thy ass, nor any of thy beasts, nor the stranger that is within thy gates; that thy man-servant and thy maid-servant may rest even as thyself." (Deut. v.

Unhappily, in these days of feverish activity, many of God's laws are ig- TO CLEANSE AND nored, or have, by man's perversity, been deprived of their early rigor The law regarding the sanctification of the Sunday and the abstention from servile work is one in the observance of which men have grown lax. The craving for wealth and pleasure, carelessness, and greater than all, probably, the economic conditions of the age in which we live, have given an aspect to Sunday it never had in preceeding ages. With many of us it is no longer the supreme interests of the soul that are considered, nor is Sunday any longactivity in the social.

If this assertion were true of indi- By means of their direct and specific tions are ailing in their duties in re- sons from the blood. to the destruction of social order. appendicitis and diabetes.

Sunday rest and sanctification is a writes: gradually dwindles from the minds of cal profession, but they all failed to drawn over the five continents." men, who soon give up all religious understand my case. worship and do not scruple about "About the time I was most dismaking a public display of their couraged I heard of Dr. Chase's Kidatheism. This is the logical outcome, ney-Liver Pills, and they were so It is not the great sins that mar test the applicants. for when people cease to keep the strongly recommended that I decided us. Most people pass through life Sunday, or to frequent the House of to try them. Before I had used all with no great stain on their reputa- Carlin. "If a person with the slight- kle and smiles as a healthy child God, His ministers have no longer the of five boxes my old trouble had en- tion. It is the little sin that eats est trace of inflammation in the thy- should, he may go back to school opportunity of putting themselves in tirely left me, and I was again as into the character and causes a gra-roid glands takes a bite of anything again; but if he scowls in pain, he is communication with them; there are healthy as in boyhood. I freely give dual disintegration of moral fiber, sharply sour, the face is instantly condemned to stay at home. no minds ready to be enlightened, no this testimony for the benefit of those It produces a loss in spiritual vigor. contorted. In extreme cases the hearts willing to be moved, no ears who suffer as I have." atmosphere; they accustom themselves Toronto.

to fix their minds on the things of

Under these conditions, we can apther, commanded us, by the mouth of preciate the anxiety which far-seeing that fall from the lips of those who Moses, to give to His exclusive ser- statesmen feel regarding the non-ob- are placed over us by the Church, and vice at least one day out of every servance of the Lord's day and its efseven. The day revealed to the Jew- fects upon public morality; and we therly love and fellow-citizenship are ish legislator was the Sabbath, or can understand why they try so of fostered in the community. Saturday. "Remember that thou ten to legislate in favor of its obkeep holy the Sabbath day." "Ob- servance. We have nothing but ap- founded on the well-being of men and serve the day of the Sabbath to sanc- plause for their efforts as long as nations, why we should observe the tify it as the Lord thy God hath they keep within the bounds of rea- law of Sunday rest. The fact, also, commanded thee." (Deut. v. 12). In son. What they do is good as far as that it is a pledge of our union with the Old Testament there are over it goes; but experience shows that God, both in time and eternity, seventy passages recalling the will penal laws and sanctions have but lit-should be a sufficient reason for all of God formally expressed that this the effect for good on the human con- who have any generosity left in their day be blessed and sanctified by His science. The fear of fines and prison hearts. stripes is a sorry substitute for the But there is another reason which Under the Christian dispensation, solemn command of God. Once a nathe Sabbath was changed to Sun- tion falls from grace it is a difficult collectively, to keep the Lord's Day day, out of respect for the great task to restore it to its former senti- holy. Of all the precepts of the di-

In the ages of fervor, when it would form a nation. If we work presever tached to it the greatest number of seem, people ielt more vividly than ingly on the minds and hearts of in-temporal promises, just as it is the they do now their dependence upon dividuals, sooner or later our labor one the violation of which is threatwill bear fruit on the community at ened with the direct chastisements. God, and when His laws were considered as of paramount importance, large. What, then, is the duty of our Not only are individuals rewarded for terial. Occasionally a strong characterial occasionally a strong characterial. the obligation of keeping the Sun- Catholics in this respect? It is to their compliance, and punished for day holy was strictly observed. obey God and His Church, by ab- their non-compliance, but for the day holy was strictly observed. Oney God and Fils Church, by about their non-compliance, but for the staining from service work on Sunsame reason, society in its collective results of a gradual corroding of characteristics. of the Church to see how our fore- day and by fulfilling their religious existence, will also receive its due. fathers interpreted the command of obligations. "Remember that thou The Jews were reproved for neglectfathers interpreted the command of obligations. Remember that thou The Jews were reproved for neglect-god and how they legislated in this keep holy the Sabbath day," the ing to build the temple, and God finest fabric, so do these little sins matter of Sunday rest and sanctifica- first primary duty of which is at- said to them by the mouth of His tion. Even in our days, among Christendance at Sunday Mass. The brief prophet Aggeus, "You have sowed eat their way into the very structure tion. Even in our days, among chile, and before we are aware of tians, who feel the weight of their space of time given over to this pub- much and brought in little; you have lot all interest in reliresponsibilities towards their Hea-lie act of worship of God, from eaten, but have not had enough; you venly Father, and show it in their Whose bounty all the good things have drunk, but you have not been gion and the work of the church. We strong faith, the day is still kept come to us, is surely none too much; filled with drink; you have clothed charge it up to other causes, but the in its primitive rigor, and with a and what is more, we are obliged to yourselves but have not been warmed; deep earnestness. Pilgrims in this give it under pain of mortal sin. Lis- he that hath earned wages put them has eaten its way into the soul. vale of wears, those Christians seem tening to instructions on our duties into a bag with holes. You have a PAINLESS CURE FOR CANCER to realize that one day in seven is to God, our neighbor and ourselves, looked for more and behold it became not too much to be spent in prepar- or reading spiritual books, or assist- less. 'Why?' saith the Lord of Send 6 cents (stamps) and learn all Whom they shall, after a little, com- visiting the poor and sick, are also you were stayed from giving dew, and Jury, Bowmanville, Ont. excellent works, and help greatly to the earth was hindered from yielding the sanctification of the Sunday. The her fruits." The same fate awaits a God's law, and not the letter, vivisouvenirs and high hopes. Our public desolate on the Lord's Day. Seeing ing milk; remove when done, and prayers dilate the heart and fill it that pations are of this earth, it is thicken the milk slightly with a litwith love and confidence; our hymns on this earth that God's justice is the flour smoothed with a small tion, confidence, and love, are made forest emotions respond to the dif-meted out to them. Society shall reto Him Whom they recognize as their the Church does not less than the church does not less that the church does not less than the church does not less than the Church does not lay all these dience or rebellion. pious practices upon us as obliga- This is a fact that is frequently tions. Still, as the Northwest Review turned against the Church by the remarks, "a man who should absent enemies of Catholicism. We hear a himself habitually from sermons, ne- great deal about the worldly pros-The care of the soul is the primary object of the Lord's day. A secondary object is legitimate rest and ling good books for instruction big.

Church interprets her law for us. we owe too much to God; and we not do any work therein, thou nor or Sunday is much is forbidden should show our gratitude to Him on Sunday is work in which the body by obeying this salutary law. There thy man-servant, nor thy maid-ser- the many attractions nowadays the case of the day-laborer. Man's to draw our minds and hearts from physical strength is limited; after the Him on His own day that we should fatigues of the week he feels the need be ever on our guard. If we have in of relaxation and rest. When our the past been remiss in our duty to spicitual obligations are fulfilled on Him, especially in neglecting Mass

OF LIVER, KIDNEYS AND POWELS YOU MUST USE

Dr. Chase's Kidney - Liver Pills

In calling your attention to Dr. er a day of recreation for wearied Chase's Kidney-Liver Pills it is only bodies, but rather a day of laxity in necessary to point to their success in religious matters and of boisterous the past, for they are known in nearly every home.

viduals only, there might be some action on the liver-causing a healthpalliation of the offence; for indi- ful flow of bile-they regulate and enviduals may remain Christians amid liven the action of the bowels and intheir excesses; they may repent of sure good digestion in the intestines. their sin and return to a better life. At the same time they stimulate the But it would seem that whole na- kidneys in their work of filtering poi-

spect of he Lord's day. The law of This cleansing process set in action Sunday, which is perhaps the only by Dr. Chase's Kidney-Liver Pills external link which unites human so- means a thorough cure of biliousness ciety to its Author, the only funda- intestinal indigestion, torpid liver,

manent rebellion against God; a rup- ing. It means a removal of the conture of the relations which exist be- ditions which lead to backache, rheu-

A nation that ignores the law of Mr. L. W. Dennis, Welland, Ont.,

nation that does not pray. It is "It gives me pleasure to testify on that could be said to their discredit. hard to believe that citizens who will behalf of Dr. Chase's Kidney-Liver These Catholic young millionaires are not give at least one day out of seven Pills. For many years I was seriousto God, are going to give time night ly afflicted with kidney and liver trouand morning to prayer. And when bles. At times my back would ache share towards corrupting the rising people cease to pray the link binding so bad I could not rise from a chair, generation of boys and girls. Their them to God is broken. The concept and then again I would be confined to life is a round of dissipation, and of a God-just, provident, watchful- my bed. I was treated by the medithe trail of their immorality is

open to hear the saving truths; the Dr. Chase's Kidney-Liver Pills, one its insidious influence. We grow Sacraments are necessarily neglected; pill a dose, 25 cents a box, at all morally weaker year by year, yet added to the pharmacopoeia of the Graves' Worm Exterminator for demen no longer live in a supernatural dealers or Edmanson, Bates & Co., scarcely notice the progress of the office.

Sunday, it is in the spirit of the Church to take both rest and relaxation. Moreover, the pleasures of social life are limited for a workman who is absent during the week-days from his family. Sunday is given him, then, to live in the intimacy of his home and to cultivate the affection of his spouse and children.

Similar considerations may be made with regard to our neighbor. We are earth; there is no longer any moral social beings who should find our restraint to hold them back from delight in living in peace and good social, commercial, political, personal will with our fellow-men. On the corruption. The nation, in fact, has Lord's day, when we kneel at the same altar and listen together to the same words of instruction and hope who speak to us with authority, bro-

These are a few of the reasons

should urge us, both individually and vine law, that of Sunday sanctifica-After all, it is the individuals that tion and rest is the one that has at-

makes a practice of hearing a Low greater fidelity of some non-Catholic the Sunday in rest and more frivolous Lord's day.

We Catholics should give no ground With regard to servile work, the for reproaches of this character, for and in doing servile work on Sundays, our duty is plainly to reform our lives. Let us, then, resolve to gather round the altars of God on that blessed day, to make reparation PURIFY THE BLOOD to His outraged Majesty and to ask

RICH MEN'S SONS.

Father Pheian of The Western ful on top of the baked egg. Watchman, wants to know what becomes "of the sons of the Catholic millionaires in New York and San Francisco, where for years they have butter, and broil. Serve immediategrown up in great numbers. We have ly. often heard of their fathers, but neoften heard of their fathers, but never of them. Their fathers were noted for their generous support of the Church and her charities, and they were edifying members of society.

Griddle Cake.—One cup flour, one heaping tablespoon Indian meal, one egg. Mix with milk to a thin batter, add salt to taste. Just before bakwere edifying members of society.

and Kellys, and Crockers and Phelans up or butter and sugar. tween heaven and earth; which tends matism, lumbago, Bright's disease, lic millionaires have no money to spare, as their style of living demands every penny of their income. But it would be bad enough if this was all guaranteed. Price, 50c. as corrupt nearly as their Protestant

LITTLE SINS. . Christian enthusiasm collapses under pain is extreme.'



Proclaims Its Merits.

VIVIAN ONTARIO.

It is with gratitude and heartfelt thanks I pen these lines: My wife had lost all control of her nerves and could only speak at times, and was in a very low condition generally. She commenced using Pastor Koenig's Nerve Tonicon August 4th and a few days afterward she could come into the parlor and sing to the musicand execute that solo part of hymns alone, is also able to do work a bout the house. I am sorry that I did not hear of this wonderful remedy sooner for I could have bought twenty-five or more botties for what I paid the doctor here, just to come and look at her, for he did no further good whatever. Pastor Koenig's Tonic will be a blessing to all, and I can strongly recommend it. I send to day for another bottle for my wife, and also for one for another lady whose nerves are weak, and whom I told what your Nerve Tonic had done for us.

JOHN MITCHELL.

A Valuable Pook on Nervant Diseases and a Sample battle to any address. Poor patients also get the medicine free. Pepared by the Rev. PATHER KOENIG, of Fort Wayne, Ind., since 1876, and now by the

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ers of steel bridges and office structures have far more to fear from rust than from earthquakes, wind or fire. Violence occasionally wrecks one of these magnificent structures, but day and night, through storm and sunshine, winter and summer the rust goes on at every point, gradually eating away the strength of the mareal reason is, the iron rust of sin

ing for the end which is sure to come, ing at other services of the Church, Hosts. Because my house is deso-about the marvellous cure that is doand in communing with Him with such as Vespers and Benediction, or late.' . . . Therefore, the heavens over ing so much for others. Stott &

SEASONABLE RECIPES

Potato Cheese Cakes.-Beat well together four mashed potatoes, two tablespoons butter, two teaspoons sugar, one egg, a sprinkle of currants and candied peel, and a pinch of baking powder. Line patty pans or gem

oven twenty minutes.

has been granted an entry for a home-stead is required to perform the conditomato, skinned and rubbed through a tions connected therewith under one of sieve, five well-beaten eggs, handful of broken crackers; mix well and add two tablespoons of melted butter. scramble and serve on toast.

Tomato Omelet.—Make an omelet after the following plans:

(1) At least six months' residence upon and cultivation of the land in each year during the term of three years.

(2) If the father (or mother, if the father is deceased) of any person who is father is deceased) of any person who is

ter the usual recipe. Spread on the outermost half one-half cup fresh tomatoes skinned and strained, sprinkle with salt and pepper, and fold. kle with salt and pepper, and fold.

Baked Tomatoes.-Choose small, or mother. ripe, well-shaped tomatoes. Cut off (3) If the settler has his permanent residence upon farming land owned by him His mercy and compassion. The memAND INVIGORATE THE ACTION bers of our League should give the example of fidelity in this respect. To whom if not to us may both pastors and people look for the strict of shed with a tablespoonful of the Local Agent, Sub-Agent or the Homeobservance of the laws of God and seasone bread crumbs, break onto stead Inspector.

Seasone bread crumbs, break onto stead Inspector.

Before making application for patent His Church? After all the favors and indulgences that the Church showers down upon us, surely this is not asking too much.—E. J. Devine, S.J., in bake a mixture made of the tomato pulp, ore beaten egg, some chopped west mixing regulations celery, and bread crumbs. Season with pepper, butter, and salt, and \$10 per acre for soft coal and \$20 for an just before serving, lay a spoon- thracite. Not more than 320 acres car be acquired by one individual or company

> ing add two good teaspoonfuls of corder in lieu thereof. When \$500 has been expended or paid, the locator may "Where are all the young Mackays baking powder. Serve hot with syr- upon having a survey made, and upon

and hundreds of others that we might from the heart of a stick of celery a mental covenant of the Creator with His people, is in these days broken with impunity; and yet people do not seem to realize that the violant the Creator where there are seem to realize that the violant the Creator with the Creator with impunity; and yet people do not seem to realize that the violant the Creator with the Creator with the Church of other days have left of the Church of the Minister of the Interior. The leases shall have a dredge in operation of the Church of the Chu

Wear Trade Mark D. Suspenders,

THE PICKLES TEST.

There has been an epidemic of mumps in Denver, and every afternoon brought to the health department a number of children seeking permission to return to school. Sometimes no doctor was present and they had to wait. So, says the "Republican." Dr. Carlin devised a means by which office, Miss Carrigan lines up the ap-

So a bottle of mixed pickles was There is nothing equal to Mother

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ANY even numbered section of Domin-

west Provinces, excepting 8 and 26, not

HOMESTEAD DUTIES: A settler who

such person residing with the father

Coal,-Coal lands may be purchased at

cording to capital.

A free miner, having discovered minera

complying with other requirements, purchase the land at \$1 an acre.

The patent provides for the payment of a roys 17 of 2½ per ant, on the sales.

PLACER mining column generally acres.

VISIBLE

EMPIRE :

piece of butter. Have ready a slice of hot toast, pour over it the thickened milk, place the egg on top, and garnish. Serve hot.

Spanish Puffs.--Mix one-half pint of reserved, may be homesteaded upon by any preson who is the sole head of a fammilk with two eggs, add slowly one tablespoon of sugar, and one grated tablespoon of sugar, and one grated acres, more or less. lemon peel. Beat till light, and bake in buttered gem irons in quick the land is situate.

Entry must be made personally at the local land office for the district in which the land is situate.

Tomato Scramble.—One cup of fresh

Tomato Omelet.—Make an omelet af- engible to make a homestead entry under

ful on top of the baked egg.

Boiled Tomatoes.—Slice large fresh fresh gross output.

Royalty at the rate of ten cents per ton of 2,000 pounds shall be collected on the gross output.

and Olivers and O'Briens and Floods | Celery Toast .- Cut the crisp pieces |

no heirs, and there are only the very poor left to rebuild the ruined structures of the past. The young Catholic millionaires have no money to spare, as their style of living demands. ceeds, \$10,000.

Deputy of the Minister of the Interior. N. B.—Unauthorized publication of this advertisement will not be paid for

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