

## THE ADVANTAGES OF CANADA'S BRACING CLIMATE AND DEVELOPING LAND.

The fact that Lord Strathcona, the active Agent-General for Canada, though now in the 90th year of his age, is jauntily crossing the Atlantic with the members of the British Association to attend the Winnipeg meeting this year, draws attention to the significant fact of the long life and sustained vigour of prominent Canadians; as did the death of Senator Wark, four years ago, at the age of 101, after having continued active public work when more than 100 years old.

### LONGER AND MORE ENJOYABLE LIFE:

Amongst the number of prominent octogenarians may be noticed Lord Mount Stephen, the Honourable R. W. Scott, Sir Charles Tupper, Sir George Drummond, Sir Sandford Fleming, and others, whose activities are being so remarkably extended beyond the age of "four-score years," that we are led to enquire how this remarkable vigour of Canadians is being developed.

The answer appears to be, that it is largely due to the invigorating climate of the Dominion, which, according to nature's irrevocable law is here developing a hardy and stalwart race, because the surrounding conditions of life are climatic: the most favourable to the development of vigorous health.

That is borne out by the writer's experience as Chairman of the Public Service Commission, during the grading and re-classification of more than 500 Civil Servants of British Columbia, individually according to their ability and fitness for the duties required of them

by the Government, on the substitution of the old Party system of "patronage" appointments, by that of competitive and independent merit.

The most remarkable feature of that investigation is the longevity of the clerks, some of whom when over 70 years of age, and even over 80 years old, could not be fairly classed as physically inefficient, because their duties were well performed. Their handwriting remained firm, and vigour was sustained in a decidedly larger proportion of cases than in England, as experience obtained through the numerous membership of Superannuation Funds there clearly demonstrates.

That is so manifest in British Columbia that it is actuarially necessary to specially discount the annuities purchasable by any capital sum, at every age, from the "British Life Annuity Tables" to meet the extending length of the "expectation of life" of annuitants in these health-giving regions of Western Canada, where doctors are seldom wanted, and annuitants live to draw annuities longer than in England, so that it does not pay insurance companies to push the annuity business in Western Canada.

### HEALTH IS THE GREATEST CONSIDERATION IN ALL WELL-ORDERED LIVES:

The well-proven advantages of the most bracing climates are becoming more evident to practical people every year. All the best medical authorities advise us to maintain our health unimpaired by enjoying life in home