

# UNB swimmer qualifies for Nationals

First year swimming sensation Iain Tennent, shattered his previous lifetime best in the 200 m Butterfly by over 8 seconds; and in doing so made the standard to go to the National Championships in Montreal. (8 sec. is equivalent to almost half a length of the pool.)

Tennent also improved in and won the 100 m Freestyle at the Atlantic Cup, which hosts teams from across the Maritimes and Quebec. This science student from St. John's Nfld. was also a Canadian National Youth Team member to Vittel France.

Coach Andrew Cole attributes the improvement of this 6'2", 200 lb. young man to his tireless perseverance. "When most athletes think they have given 100%, Iain gives another 20%. He trains 25 hours per week and has made nearly 100% attendance. The results are speaking for themselves."

Sixteen other swimmers accompanied the Beavers to Moncton, and their effort has shown a 76% improvement of

personal best performance. Other highlights include the women's team captain, Angie Pickles, (Fredericton), who improved her 200 m Backstroke by over 3 seconds and came within 8/10 second of qualifying for the CIAU Championship.

First year swimmer Jason Lukeman (Port Hawkesbury), is also within 2/100 second to go to Montreal for the 50 m Freestyle. He has also improved in the 100 m Freestyle, 200 m Freestyle and the 100 m Butterfly. He is preparing himself now for the Atlantic Champs in February at Acadia.

Last year Atlantic Rookie Athlete of the Year, Shelly Wyand (Charlottetown), has also improved on her 100 m Backstroke time to narrow the margin on the national standard.

Coach Cole also attributes the results to a 12 day training camp in Florida, where they swam between 4 and 6.5 hours a day. This opportunity also enabled them to compete against and win a number of

meets vs four American NCAA schools and the University of Manitoba.

The team swims at Acadia this Friday and at Dalhousie on Saturday.

The Beavers have been dominant so far this year in the pool



## UNB Taekwon-Do

After a period of planning and many hours of work in writing a constitution, Taekwon-Do is now made available to students of both UNB and STU through the Sport Club unit of the Physical Recreation and Intramural Program. This program is a part of UNB's Faculty of Physical Education and Recreation.

Taekwon-Do is the Korean art of hand and foot fighting. Although it is an excellent form of physical fitness and self-defense, it aims to achieve in the practitioner a high degree of courtesy, integrity, perseverance, self-discipline, self-control, and indomitable spirit.

UNB Taekwon-Do will meet for training each week on Saturday (8:00 am - 9:30 am) and Sunday (4:00 pm - 6:00 pm) at the LBG Dance Studio. The training fee is set at \$45 per term and this includes membership with the Chung Won Institute of Tae Kwon Do in Moncton and with the provincial and national associations.

All instruction is given by World Taekwondo Federation Black Belts who have received their degrees (degree promotion tests conducted in accordance with Kukkiwon Dan Promotion Test Regulations) from Kukkiwon (World Taekwondo Headquarters, lo-

cated in Seoul Korea).

All promotion tests for Gups (grades) are conducted by WTF Master Instructor, Master Won Kap Chung (President of NB Taekwondo Association) For further information, contact Shane Oates at 457-2060



Maxwell Shane Oates  
Samdan Black Belt (3rd Degree)  
Founder/ President/Chief Instructor



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