# Mr Canada and Mr USA more than just Rambo types

toward bodybuilders? Has it changed? Is it changing?

It's certainly changing. The old attitude used to be when the husband and wife saw bodybuilders on T.V., the wife would say 'oh, honey, I'm glad you don't look like that. I love that big roll around your gut. Your 40 inch waist is cute.' (Breaks into laughter) But you see what I mean. Then the husband would say 'yeah, those guys are fags anyway'. Sort of secret envy on one side and jealousy on the other

Do you think criticism of the sort you just mentioned stems from people's insecurity in their own bodies?

Yes, to a large extent. But, if I can put it like this, people that admired bodybuilders are coming out of the closet. It's more acceptable now to admit that you like the way bodybuilding makes you look. Or even to say as I do that that's how your body looks when you've perfected it. Everybody is a lot more fitness-oriented today. They accept it much

How do you, as a world class bodybuilder, react to the accusations about bodybuilders and steroids?

It's really an unfair criticism. The 1984 Los Angeles Olympics really brought the steroid issue into the public eye. Bodybuilders get

blamed for using steroids, but not all bodybuilders use steroids on one hand and on the other hand, all professional sports use steroids. Athletes in cycling, football, gymnastics, you name it, use steroids.

Can a person win at the Mr. Olympia level in bodybuilding without steroids?

(pauses a moment) Well, that's a yes and no question. Could a guy win a horse race without a whip. Sure, if nobody else in the race had whips. At any rate, I think testing (for steroids) should be implemented at the àmateur level

Rory, what do you strive for in body perfection?

My goals have always been symmetry, proportion, and balance. That's what's needed in any body.

What do you see as your future in the

I think God has plans. I see a door opening in bodybuilding. I think you'll see one person go on to really dominate the sport.

Like Arnold Schwarzenegger in the 70's? Yes, like Arnold in the 70's. My problem up until now has been a fear of success. I'd look just fantastic up to two weeks before a contest and then I'd blow it. Throw it all away. In 79, after I won the L.A., I was expected to go all the way to the top ranks the next year.

Did you feel unable to live up to the expectations other people had of you?

I used to. But even in the last year, a lot has happened. My mother had a very severe heart attack, I thought about my family (Rory is married and has children) and myself, and things changed. I'm taking life less seriously now. Like this appearance today. A year ago, I would have told Marc (Gagne) to do it himself. Now I say, what the heck, it might be fun. I'm very secure with myself now.

You and Marc are both articulate, intelli-

gent and witty...
And? (testily) Do you want a comment? I'm happy to agree. (laughs)

And I wonder how you react when you don't fit the stereotype people have of you?

Unifursity

I get angry (when people expect me to fit a traditional mold). I have a wide range. I like wearing a flannel shirt and driving my truck. Or I might prefer a tuxedo and a Mercedes. I mean, I like going fishing. I really appreciate the solitude. Yet I also enjoy entertaining people onstage. Guys think they just need a body to go places in this sport, to encourage it. Body perfection needs more than just bodies. Guys better realize that people aren't just going to look at their bodies. What " comes out of their mouths counts. Body perfection needs people who are good for public relations.

Thanks for sharing your time, Rory. We appreciate it.

You're welcome, I'm glad to be of help to





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- -assistance with planning of seminar content for new students
- operation of the one-day seminars
- -utilization of leaders and other resources -participation in High School visitation program

-other as required

**NOTE:** Experience with orientation and supervision helpful but not required.

## **Administrative Assistant** responsibilities include:

- -reception, filing, minimal typing
- -function as office manager -data entry of delegate information
- -completion of at least one program
- related project
- -assistance in the operations of
- orientation seminars

-others as required NOTE: Knowledge of Macintosh 512K is helpful, but not required

These positions are each full-time and have a term of four months, from May 1, 1986 through September 1, 1986.

Due to the nature of the program, applicants must be prepared to devote enthusiasm and time according to changing needs; this requires flexible schedules and general adaptability.

Students' Orientation Services (SORSE) operates with a large base of student volunteers who lead Summer Orientaion Seminars for new students. Succesful candidates will be interested in and able to contribute to the quality of service provided, take direction from the Director and Assistant Director, as well as balance a measure of professionalism with the necessary. flexibility in dealing with volunteer leaders.

Further information may be obtained from the SORSE office. A letter of application and a detailed resume should be submitted to:

Mr. Richard Toogood

chairperson, SORSE Selection Committee

Room 238-B Students' Union Building Phone: 432-5319

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