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MY WHOLE LIFE

was spent in trying to cure an ulcer by using ordinary ointments," writes Mrs. Jeffrey, of 21 French Street, Methuen. "Then I heard of Zam-Buk, used it, and am now completely cured."

"Thirty-three years ago the ulcer appeared on my ankle, and gradually spread to my knee. The pain was terrific. For years I could hardly walk and had to remain in the house. For twenty-five years I received doctors' treatment but got only temporary relief. Then I heard of some wonderful cures worked by Zam-Buk and commenced using it. The relief experienced was wonderful. The inflammation was gradually drawn out. The pain was soon ended, and at last after thirty-three years of misery, I was on the road to recovery. To add a long story short—perseverance with this wonderful balm resulted in a complete and permanent cure."

Zam-Buk is also unequalled for eczema, ringworm, abscesses, boils, blood-poisoning, burns, scalds, cuts, and all skin injuries. All druggists or Zam-Buk Co., Toronto, Sec. box, 3 for \$1.25.

Zam-Buk

FEW FOLKS HAVE GRAY HAIR NOW

Druggist Says Ladies are Using Recipe of Sage Tea and Sulphur.

Hair that loses its color and lustre, or when it fades, turns gray, dull and lifeless, is caused by a lack of sulphur in the hair. Our grandmother made up a mixture of Sage Tea and Sulphur to keep her locks dark and beautiful, and thousands of women and men who value that even color, that beautiful dark shade of hair which is so attractive, use only this old-time recipe.

Nowadays we get this famous mixture improved by the addition of other ingredients by asking at any drug store for a bottle of "Wyeth's Sage and Sulphur Compound," which darkens the hair so naturally, so evenly, that nobody can possibly tell it has been applied. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time. By morning the gray hair disappears; but what delights the ladies with Wyeth's Sage and Sulphur Compound is that, besides beautifully darkening the hair after a few applications it also brings back the gloss and lustre and gives it an appearance of abundance.

HOT WATER FOR SICK HEADACHES

ells why everyone should drink hot water with phosphate in it before breakfast.

Headaches are caused by an auto-intoxication—which means self-poisoning. Liver and bowel poisons called toxins, sucked into the blood excite the heart which pumps the blood so fast that it congests in the smaller arteries and veins of the head producing violent, throbbing pain and distress, called headache. You become nervous, despondent, sick, feverish and miserable, your meals sour and almost nauseate you. Then you resort to acetaminol, aspirin or the promidies, while temporarily relieve but do not rid the blood of these irritating toxins.

A glass of hot water with a teaspoonful of limestone phosphate in it, drunk before breakfast will not only wash these poisons from your system and cure you of headache, but will cleanse, purify and freshen the alimentary canal.

Ask your pharmacist for a quarter pound of limestone phosphate. It is inexpensive, harmless as sugar.

If you aren't feeling your best, if your tongue is coated or you wake up with bad taste, foul breath or have colds, indigestion, biliousness, constipation or sour, acid stomach, begin the phosphate hot water cure to rid your system of toxins and poisons.

REBELLION IN STOMACH

"Pape's Diapiesin" at once ends indigestion and Sour, Acid Stomach

Lumps of undigested food cause pain. If your stomach is in revolt; if sick, gassy and upset, and what you just ate has fermented and turned sour; head dizzy and aches; belch gases and acids; and cravate undigested food—just take a tablet or two of Pape's Diapiesin to help neutralize acidity and in five minutes you wonder what became of the pain, acidity, indigestion and distress.

If your stomach doesn't take care of your food, it is a damage instead of a help. Remember the quickest, surest, most harmless stomach antacid is Pape's Diapiesin, which costs so little at drug stores.

WHAT WILL BE DONE WITH NEW LOAN

Explained by Sir Henry Drayton.

The most important trio of addresses on the forthcoming Victory Loan to date were delivered last night by Sir Henry Drayton, Minister of Finance; Sir Edmund Walker, Minister of Commerce; and Sir Edmund Walker, veteran head of the Commerce, emphasized the comparatively light dislocation of bank deposits in the previous loans and turned his attention to the future. Pessimism he waved to one side, and predicted the greatest expansion Canada has ever known, with one significant provision that a better day socially must also be forthcoming. Of Canada's possibilities he had no doubt. Labor unrest so far had been small in comparison with other countries. Employers, however, he remarked, should remember that there were excellent men among the labor leaders, and Canada's future, he intimated, would be advanced materially by closer connection between the two.

Sir Edmund also expressed the hope that the Department of Finance would clear up the debts of the last loan before the new flotation. C.A. Bogert, general manager of the Dominion Bank, pointed out that since 1914 the banks had advanced the Dominion and British Governments some \$900,000,000, of which Britain had still \$200,000,000 to repay, and Canada \$300,000,000. He asked what would be done with the proceeds of the new loan. The Minister of Finance followed the two bankers. He pointed out that in the first three loans, the banks had taken up a sum equal to half their paid-up capital. He expressed surprise that his department still had arrears of the last loan to catch up, and promised work on these would be begun to-day. Where the Money Will Go.

He answered Mr. Bogert's query regarding the reasons for the new loan substantially as follows: Some \$300,000,000 would be repaid to Canadian banks, demobilization and payment of some outstanding gratuities already authorized would account for another portion, while the balance would be utilized for the extension of credits which would be spent in Canada. Legitimate credits, he said, should be granted without hesitation. It would be good business for example to advance further credits to Great Britain if necessary. Sir Henry emphasized the fact that the Victory Loan army could not yet be demobilized. It was up to them to carry Canada over the financial top and make good all pledges given by Canada, thus cleaning up the war property. He was confident of success and assured that patriotism was far from dead, but would live and grow stronger in its basic meaning—the desire to serve and advance the community.

AMERICAN SPEAKER PREDICTS BIG PROHIBITION MAJORITY

St. Catharines, Oct. 19.—Wayne B. Wheeler, who is attorney for the Anti-Saloon League in the United States, spoke at a crowded mass meeting of prohibitionists this afternoon at the Grand Opera House. He said, from what he had learned since he came to Ontario, prohibition would not only carry in Ontario to-morrow, but with a majority of six figures. He stated that United States prohibitionists were going to raise ten million a year to try and remedy the evil in foreign countries which liquor sent from United States has done to them.

Rev. W.E. McKenzie, Toronto, clergyman, who also spoke, said Canada must take up the white slave question as well as the liquor evil. He said he had just returned from the old country. In France he was told it would go hard with that country if another war came in the next generation. Because of the licensed brother in France there is no growing generation there now, and there would be no men for troops to make the armies to fight.

GOING TO CHINA

The many friends of Miss Elizabeth Wilson, daughter of a former Methodist minister Hespeler will be interested to know that she has resigned her position as teacher at the Essex School, to go to China as a teacher. Miss Wilson has taken a five year's contract to teach at a boarding school at Ching-Tu, Province of Szechuan, where the missionaries' children are educated. She sails from Vancouver for Shanghai on October 30th on the C.P.R. liner, Empress of Asia.

TIPS TO HOUSEWIVES.

Always use brown flour for gravies with roast. It improves both flavor and appearance. Brown a quantity at one time and keep it in glass jars ready for use.

Hot water marks can be removed from polished tables by applying a thin paste made of salad oil and salt. Let it remain about an hour, then wipe off with a soft cloth.

If the children's shoes have become stiff from dampness wash them with warm water, then thoroughly rub them with oil—preferably castor oil.

SPECIAL NAVAL UNIFORMS

Uniforms having distinctive insignia have been designed by the shipping board for the young apprentices now in training at the various school ships. An embroidered anchor under the national shield, worked into the cloth of the blouse pocket, and two broad white stripes on collar and cuff, in place of the narrow ones, as worn by the navy, will constitute the insignia by which one may discriminate between the men of the merchant marine and the navy.

An attempt is being made to salvage the large Capt. Conn., which was sunk in Quebec harbor last summer.



Q DOMINION Tire Salesmen are now booking orders for 1920.

Q The one million dollar addition to the Dominion Tire Factory at Kitchener, Ont., is almost completed.

Q DOMINION Tires are GOOD Tires. Motorists know it.

Q Dealers should complete their service arrangements for next season by ordering NOW.

Q For their service, Dominion Rubber System Branches extend across Canada.

Dominion Tires are sold by the best dealers throughout Canada. Ask for and insist on having Dominion Tires

Standard Rubber Works
Tire Repairs
Steam Vulcanizing
OLD TIRES MADE YOUNG!
N. E. HETT
20 Young Street.

THIN NERVOUS PEOPLE
NEED BITRO-PHOSPHATE

Guaranteed to Put on Firm, Healthy simply astonishing.

Flesh and to Increase Strength, and Vigor and Nerve Force.

Weak, thin people—men or women—are nearly always nervous wrecks; thus conclusively proving that thinness, weakness, debility and neurasthenia are almost invariably due to nerve starvation. Feed your nerves and all these symptoms due to nerve starvation will disappear.

Eminent specialists state that the best nerve food is an organic phosphate known among druggists as Bitro-Phosphate, a five-grain tablet of which should be taken with each meal.

Being a genuine nerve builder and not a stimulant or habit-forming drug, Bitro-Phosphate can be safely taken by the weakest and most delicate sufferer, and the results which follow its use are sure to put on flesh.

King St. Business Block
FOR SALE

140-142 King St. West
For Sale at \$25,000
FOR QUICK SALE

APPLY
C. G. PRITSCHAU
120 King St. W.

IN 1914

HIGEST MARTIN MILLS	1914	1915	1916
1084	440	1760	
114	19	269	
7	3	74	
55	2	23	
75	15	75	
124	6	27	
20	9	127	
57	1	65	
82	5	301	
6	3	64	
46	0	55	
37	0	17	
23	2	44	
49	3	34	
22	0	29	

streets of the city and food are being brought into

SLATED FOR LIEUT.-GOV.

ED TO HAVE BEEN ED HIM IN EVENT OF DEFEAT

Oct. 21.—This freely stated the Premier's close friends. Hearst will become the Lieutenant-Governor of Ontario. Friends say he had the Lieutenant-Governor of his defeat. This said, was made immediately. Frank Cochrane's Cochrane, up to the fatal illness having the receiving the post when Sir John Hendrie.

stable Downing was shot wounded yesterday in assaults escaped.



out. Belvin W. Mayo, of 2,701 miles in life and two children, is going back into