

### Sore Throat!

Don't delay; serious bronchial trouble or diphtheria may develop. The only safe way is to apply

## Painkiller

a remedy you can depend upon. Wrap the throat with a cloth wet in it before retiring, and it will be well in the morning.

There is only one Painkiller, "PERRY DAVIS."

## To Dye At Home

Learn how to do it successfully, easily, quickly. Get a cake of the famous English Home Dye. Maypole Soap, that washes and dyes at one operation. Brilliant, fadeless. The dye of highest quality that sells for a small price.

Sold everywhere.  
10c. for Colors, 15c. for Black.

### Seven Calls

or office help in ONE DAY. This is evidence of the appreciation of the business public for MARITIME TRAINED office assistants. If you anticipate a course of business training, send for the calendar of "The Good School."

KAULBACH & SCHURMAN,

Chartered Accountants,

MARITIME BUSINESS COLLEGE,

Halifax, N. S.

**INDIGESTION**  
CONQUERED BY K.D.C.  
IT RESTORES THE DIGESTIVE AND TONES THE WHOLE SYSTEM.

## BEWARE

Of the Fact that

## White Wave

disinfects your clothes  
and prevents disease.

### A Cure For Rose Cold Hay Fever and ASTHMA

A prominent New York lawyer in an unsolicited testimonial says: "HIS-ROSE ASTHMA cured me when all other remedies failed. Physicians' prescriptions did not even relieve. For years I have been a sufferer of Rose Cold with all of its annoying symptoms, such as constant sneezing and itching watery eyes. Howard's Asthma Cure, in one week totally eradicated a Rose Cold of years standing. No words can express my appreciation of its effectiveness."

The late (Dr.) Oliver Wendell Holmes in his book "One Hundred Days in Europe" says: "I have used all remedies. Howard's Cure is the best. It never failed."

Send for a generous free sample today and try it. It will not disappoint you.

HIMROD MFG. CO.,

14-16 VESLEY ST., NEW YORK.

For sale by all Druggists.

**A GUARANTEED CURE**  
For **DYSPEPSIA K.D.C.** OR MONEY  
IS FOUND IN  
IT. GUARANTEED. Refund in full if not cured.  
K.D.C. CO. 14, Boston St. and New College, N. S. Can

## The Home

### HOW TO CLEAN WOOLE FABRICS.

It rarely happens that soiled woolen goods can be freshened sufficiently by merely removing the spots from the fabric, and it is more hygienic to have it sweet and clean by washing in warm suds, and many woolen fabrics wash as easily and as well as cotton goods. For all round cleansing from light weight goods up to heavy cloths, nothing is so satisfactory as warm soap suds but the washing, rinsing, and drying must be done with as much despatch as will insure thorough cleansing. If there are any spots on the goods, they should be taken out before the pieces are washed, and there is nothing better for removing grass spots from any kind of goods than deodorized benzene. The fabric should be cleaned with a piece of the same goods and the cloth rubbed lengthwise instead of in a round stroke, and the rubbing should be continued until the material is perfectly dry. It is nearly as essential to bang out the pieces or garments properly as to wash them well, for if they are allowed to dry out of shape, stretching and pulling them straight loosens the threads and spoils the appearance of the goods. The same applies to ironing the goods. One should iron one way of the goods, either lengthwise or across, and with heavy hot irons, and avoid letting the iron remain too long on one spot, as the prints will be visible on the right side, and always iron until the pieces are perfectly dry. Many woolen fabrics often become faded or rusty while the material is still quite good, and black cloth can be recolored a jet black by dipping in black diamond dye, for wool and light cloth will take any of the rich dark shades, and they look like new goods if the pieces are carefully pressed. Colored cashmere, serge, albatross, etc., may be cleansed by washing in warm water, with one tablespoonful each of ammonia and beef's gall to a pail of water. Dry in a shady place, and iron on the wrong side, when nearly dry, with a modestly warm iron.—A. M. H., Religious Herald.

### CARE OF THE HAIR.

At night, before retiring, brush the hair carefully and braid it loosely in a number of the strands. Avoid wetting the hair too often to make it glossy, as the wetting has a tendency to make the hair coarse. Avoid putting the hair up in kids at night to wave it. They are more harmful than even the much-abused curling-iron, as the hair is twisted about the kid so tightly that it actually wears it out, and a bald spot is apt in time to be the result.

There is a new sort of a shampoo just now much in favor with women of fashion. It is known as the perfume shampoo. It consists of sprinkling the hair withorris powder, leaving the fragrant powder on long enough to collect the dust and oil, and then giving the hair a vigorous brushing. The orris shampoo, when thus taken, is quite harmless and leaves the hair with just a subtle perfume about it.—Woman's Home Companion.

### THINGS WORTH KNOWING.

Clean piano keys with soft rag dipped in alcohol.

To clean a black silk dress, use a sponge dipped in strong black tea, cold.

Take egg stains from silver by rubbing with a wet rag dipped in common table salt.

To clean ceilings that have been blacked by smoke from a lamp, wash off with rags that have been dipped in soda-water.

The best covering for a poultice or mustard plaster is tissue paper, the layer used determining the strength of the plaster.

To keep brass bright, rub with rag dipped in salt and vinegar.

Make your own orange extract by adding the peel of six oranges to a pint of alcohol.

The white of an egg will remove a fish bone from the throat, if beaten and given at once.

A few drops of ammonia in water in which silver is washed will keep it bright a long time without cleaning. This should always

be done with plated ware, as frequent rubbings wear off the plate.

Brighten silverware by rubbing it with oatmeal.

Pails and tubs may be kept from warping by painting them with glycerine.

Soda is an excellent article for cleaning tinware. Apply with a damp cloth and rub dry.

If you heat your knife slightly you can cut hot bread or hot cakes as smoothly as if they were cold.

Don't close the oven door with a bang when cake is baking; the jar has spoiled many a fine loaf.

Perspiration stains should be removed by rubbing with soap and laying the garment in the hot sun.

To remove tea and coffee stains, stretch the stained place over a bowl and pour boiling water through the stain.

Toughen lamp chimneys by setting them on the stove in cold water, which is allowed to come slowly to a boil.

To take out grass stains, wash the stained part in alcohol and rinse in clear water, if possible, when the stain is fresh.

To remove paint stains, rub with turpentine; or if very obstinate, it then can be removed by touching with chloroform.

To remove fruit stains, put a layer of salt on the stain as soon as made and treat with boiling water the same as for tea stains.

Brush the bottom pie crust of pie with white of egg before putting in the fruit, to prevent the juices being absorbed and the crust becoming soggy.

### WOMAN'S YOUTH.

Women who grow old most quickly are those whose interests are narrowest. Those who stay young longest are those whose minds and spirits are fed by action and by changing impressions. Those who are youngest at thirty are the most intelligent. Climate helps in the temperate zone, but that climate does little, without customs, is shown in the face of the blighted American woman, who at twenty-five looks older than an enlightened compatriot at forty. One of the reasons that man has grown older later than woman is that he has a more free and active role to play. One of the reasons that married women were formerly the only ones who had a chance of escaping old age was that when the unmarried passed a certain stage she was laid upon the shelf, and the shelf is a poor place for any human plant to retain its sap and foliage.

This extension of woman's youth is obtained partly by exercise and diet, but far more by widened opportunity, by work, by abundance of life. The way to live long is to live much, and one of the wisest things young America has done is to throw open the doors of opportunity and of lasting youth to womankind.—Collier's Weekly.

"Do you drink coffee?" asked the doctor of an aged patient.

"Yes," was the reply.

"Coffee," continued the M. D., "is a slow poison."

"Yes, very slow," replied the old man. "I have taken it daily for nearly eighty years."—Tit-Bits.

### BABY'S FIRST TOOTH.

Every mother knows how much baby suffers while cutting teeth. Swollen, tender gums cause a feverish, fretful condition, sometimes seriously affecting baby's health. This can be overcome, and the teething process made easy by the use of Baby's Own Tablets. Proof of this is given by Mrs. J. Peckover, New Liskeard, Ont., who says: "I am the mother of six children and I can truthfully say that Baby's Own Tablets is better than any other medicine I have ever used for the ills of little ones. I can especially recommend them for teething children, and would advise all mothers to use them."

The Tablets cure all the minor ills from which infants and young children suffer, and are guaranteed to contain no opiate or harmful drug. Sold by all medicine dealers or by mail at 25 cents a box by writing direct to the Dr. Williams' Medicine Co., Brookville, Ont.

## FIRST AID TO THE INJURED POND'S EXTRACT

FOR BURNS, SPRAINS, WOUNDS, BRUISES OR ANY SORT OF PAIN.

Used Internally and Externally.

CAUTION! Avoid the weak watery Witch Hazel preparations, represented to be "the same as" Pond's Extract, which easily sour and often contain "wood alcohol" an irritant externally and, taken internally, a poison.

### To Housekeepers!

## Woodill's

German Baking Powder.

### DO YOU USE IT?

### LETTERS ARE

### POURING IN

From all quarters, asking for Catalogue, and information relative to

## Frederickton Business College

Have you written yet? If not, why not? Address,

**W. J. Osborne,**  
Frederickton, N. B.

### Gates' Certain Check

is well known everywhere as the best thing obtainable for

### Summer Complaint,

Diarrhoea, Dysentery, Cholera Morbus and similar diseases.

For Children or Adults.

### Price 25 Cents

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CURE  
CONSTIPATION

Sick Headache, Biliousness, Dyspepsia, Coated Tongue, Foul Breath, Heart Burn, Water Brash, or any Disease of the Stomach, Liver or Bowels.

Laxa-Liver Pills are purely vegetable; neither gripe, weaken nor sicken, are easy to take and prompt to act.

**SOUR STOMACH, FLATULENCE, LEMACY, HEARTBURN, AND ALL OTHER FORMS OF DYSPEPSIA**  
Promptly relieved and cured by  
**K.D.C. THE MIGHTY CURE**