

Constipation

Causes fully half the sickness in the world. It retains the digested food too long in the bowels and produces biliousness, torpid liver, indigestion, bad taste, coated tongue, sick headache, in somnia, etc. Hood's Pills cure constipation and all its results, easily and thoroughly. 25c. All druggists. Prepared by C. I. Hood & Co., Lowell, Mass. The only Pills to take with Hood's Sarsaparilla.

Hood's Pills

Indigestion, bad taste, coated tongue, sick headache, in somnia, etc. Hood's Pills cure constipation and all its results, easily and thoroughly. 25c. All druggists. Prepared by C. I. Hood & Co., Lowell, Mass. The only Pills to take with Hood's Sarsaparilla.

GATES' CERTAIN CHECK CURES

DIARRHOEA
DYSENTERY
CHOLERA
CHOLERA MORBUS
CRAMPS AND PAINS
and all SUMMER COMPLAINTS.
Children or Adults.

Sold Everywhere at

25 CENTS A BOTTLE.

C. GATES, SON & CO.
MIDDLETON, N. S.

Whiston & Frazee's COMMERCIAL COLLEGE.

HALIFAX and TRURO, N. S.

Our Course of Instruction is thorough and up to date, and graduates readily find employment. Send for circulars to

S. E. WHISTON, Halifax,
or J. C. P. FRAZEE, Truro.

NERVOUS INVALIDS

Find great benefit from using

Puttner's Emulsion which contains the most effective Nerve Tonics and nutritives, combined in the most palatable form.

Always get PUTTNER'S, it is the Original and BEST.

Sores Healed.

Nothing like B.B.B. for healing sores and ulcers, no matter how large or how chronic they may be. B. B. B. applied externally and taken internally according to directions will soon effect a cure. It sends rich, pure blood to the part, so that healthy flesh soon takes the place of the decaying tissue.

"I had been troubled with sore fingers and sore toes around the nails. The salve I was using did not help me and I was getting worse. I was advised to try Burdock Blood Bitters, and after using nearly two bottles my sores were all healed up. I consider B.B.B. a wonderful blood purifier." ENOCH G. HORST, Bloomington, Ont.

Burdock Blood Bitters.

The Home

The Cheerful Girl.

If all the gifts of intelligence or even of genius to a woman could be weighed in the balance and estimated at their true value, it is doubtful whether they would outweigh the value of a cheerful disposition in its power to give happiness. The woman who gains her college education at the price of overwrought nerves and a general physical collapse is paying an exorbitant price for the intellectual gain she has made. This is said without in any way underrating the inestimable value of education for a woman or man. There has been a great deal written, and more said, of the necessity of higher education for woman, until today there are usually as many college-bred women found in the average country towns as there are men.

The time has now come to consider what the value of this training is and what sacrifices a girl can afford to make to obtain it. We do not believe she can afford to sacrifice her health and her happiness and become a querulous invalid instead of a healthy, cheerful girl. If a woman has health and means to go through a college career without becoming a "sickly grind," she should do so by all means. She should perfect her womanhood by culture, by the acquirement of knowledge, and she should also perfect her body by athletics and physical culture. If she cannot receive a college education, she may yet cultivate the noblest gifts—those of the spirit. She may yet be a gentle, cheerful girl, who will be a blessing to every one around her. The delicate nervous organization of woman makes it impossible for her to live upon coarse, unsuitable food, and bear the proverbial hardships of the "poor student" without breaking down in health. Hundreds of girls attempt this and graduate wrecks in nerves. This question is whether there are any acquirements in a college education that will pay for this condition. Education in its highest sense sends forth a person perfected physically, mentally and spiritually to meet the conflict of the world and to bear successfully the burdens which each one is called on to bear. Man can afford to endure certain hardships in pursuit of education. His stronger nerve power and stronger powers of endurance fit him to assume the lot of the struggling student without suffering a physical collapse. In nearly every community there are girls who have gone through sacrifices that were beyond their strength to attend college. Have these sacrifices paid? Can anything pay for loss of health and cheerfulness? Certainly the girl who must support herself must be cheerful and carry an atmosphere of happiness with her. Only so far as her intellectual gifts are so much a part of herself that she ceases to be conscious of them are they of any value to her. Those who have travelled the "world's dull round" are apt to frequently recall Canon Kingsley's familiar lines:

"Be good sweet maid, and let who will be clever,
Do noble things, not dream them all day long;
And make life, death and that vast forever
One grand sweet song."

Individual Training.

The old Procrustean art of fitting every one to one mould is practised extensively in these modern days in the average school. It is impossible that this should be otherwise in the lower grades of schools, yet from the beginning it is desirable that children should receive individual training in order to develop their special capabilities. A great deal of time has been spent in days gone by, and is still spent in trying to make lawyers of boys who develop finally no aptitude, or in trying to make teachers of girls who are possessed of no possible ability to impart knowledge to others.

Mothers are likely to lay out careers for their children without considering very much what the natural bent of the child's mind is, and the result, though occasionally happy, is more likely to be disastrous. It is by this means that Edmund Cartwright

was educated a clergyman, and remained a conspicuous failure until after he was forty, waiting until then before he began a career as inventor. It was then that he first saw a loom in operation, and conceived the marvellous invention which has revolutionized the manufacture of textiles in this country. It is the duty of parents, especially of the mother, to whom the home education of her children is usually given, and who is brought into contact with them at the time when their minds are developing, to study them and notice what their individual tastes are. It is not always easy to discover at once. We are likely to be governed by our prejudices and our ambitions in such investigations, not by the actual facts. It is always safe to predict that heredity will show itself. The child of a generation or two of artists will have better eyes, while the child of musicians will be apt to be susceptible to "sweet sounds," but this does not always mean that their best ability lies in the direction indicated. Children are sometimes well advanced in years before they exhibit any very special distinctive tastes. Some of the best thinkers and workers in life's field have been those who developed late. Some of the greatest failures ultimately have been those who showed great precocity in extreme youth.

The best special training of all younger children must be conducted at home, and the child who receives only a school training is most unfortunate. It is not enough that our children be well fed and well clothed. They must be guided and trained intellectually as well as morally at home. The day school alone cannot educate children any more than the Sunday School alone can teach them goodness and truth. The mother is the highest moral teacher of her children. It is prayer learned at her knee that is remembered the longest. It is her keen insight into the character of her children which should be their guide and help in choosing the special work which they will take up in later life.

Repairing Bed Blankets.

September nights, with their dampness and chill, always call for extra bed covering, and the housekeeper is apt to look over her supplies of bedding at this season, and repair them for winter. Thin places in blankets should be darned with soft Saxony yarn very much as stockings are darned. The tops of blankets which have been bound with ribbon should have the ribbon ripped off after they are washed and it should be replaced with a button-hole finish in red or dark blue worsted, to match the stripe in the blanketing. This is a neat though less showy finish than ribbon, and wears well. It saves trouble to cut pairs of blankets apart. They are then more easily handled when they are in use or when they are folded away than double blankets are.

Clean Finger Nails.

A gentleman advertised for a boy, and nearly fifty applicants presented themselves in answer. Out of the whole number he selected one and dismissed the rest. "I should like to know," said a friend, "on what ground you selected that boy, who had not a single recommendation." "You are mistaken," said the gentleman, "he has a great many. He wiped his feet, and closed the door after him, showing that he was careful. He gave his seat instantly to that lame old man, showing that he was thoughtful and kindly. He took off his cap when he came in, and answered my questions promptly, showing that he was gentlemanly. He picked up the book which I had purposely laid on the floor, and replaced it upon the table; and he quietly awaited his turn instead of pushing and crowding, showing that he was honorable and orderly. When I talked to him I noticed that his clothes were brushed, and his hair in order; when he wrote his name I noticed that his finger nails were clean. Don't you call these things letters of recommendation? I do."—Christian Standard.

Nature makes the cures after all.

Now and then she gets into a tight place and needs helping out.

Things get started in the wrong direction.

Something is needed to check disease and start the system in the right direction toward health.

Scott's Emulsion of Cod-liver Oil with hypophosphites can do just this.

It strengthens the nerves, feeds famished tissues, and makes rich blood.

50c. and \$1.00; all druggists.

SCOTT & BOWNE, Chemists, Toronto.

ENGAGEMENT BIRTHDAY WEDDING RINGS

JEWELS, JEWELLERY.

GIFTS FOR BRIDES

Padding Dishes, Fruit Dishes, Pitchers, Trays, Cake, Baskets, Bon Bon Dishes, Butter Coolers, Caskets, Clocks, etc., etc.

WATCHES

Gold, Gold-filled and Silver.

SPOONS, FORKS, KNIVES.

Write for particulars if you want anything in the Jewellery line.

M. S. BROWN & CO.
Wholesale and Retail Jewellers,
HALIFAX,
N. S.

Dick's Blood Purifier For Horses And Cattle

PUT UP AS A POWDER.
(GIVES NEW LIFE.)
INCREASES THE FLOW
OF MILK IN COWS.

LEITCH, HALL & CO. DICK & CO.
AGENTS MONTREAL PHARMACEUTISTS

25 and 50 Cents a Package.

He who bravely treads the path of duty will find it strewn with the flowers of joy.

BIBI

Abridged

MANASSEH

Lesson VIII

9-16

Read 2 Chron.

If we confess just to forgive us from all un-

I MANASSEH tenth ruler of good Hezekiah light is in her daughter in 12 years of a early training

was not prepared the idolatrous around him. kings in the captivity, repe-

evil he had done entirely indepen- it was a distin- tary. Manasse

II. MANASSE AND HIS NATI MADE JUDAH in the evils they

draw many into ences would ha- moral. To d- HRATHEN. "itself from the of relief, and pl- licentiousness."

All forms of and made popu- but throughout places were re- idolatry. Man-

(Venus) and king made his to Molech, to reared a state- Hinnom. He

necromancers, a people to do nations whom them."

The temple it services of the by those of idole- ventured to int- into the temple, pillar in front of king built altars (Mazarothe), bo- temple and in th- on these altars it- tually burned en- couraged the temple precincts dedicated to the "

"Close by were themselves to th- which these idole- against those v- religion (2 King- 10. THE LO- ets denounced that, in conse- would "cause b- heard it to tingle Jerusalem" as a- and turning it up-

III. THE NA- idolatry was a c- persecution, lice- of the great at- violence, lying, corruption.

IV. THE PUN- LORD BROUGHT Doubtless throu- his impiety; per- THE KING OF A- or his son, ASS- ASSEH AMONG- gard this as m- among the thorr- But most critica- as meaning "ho- which were put- when placed be- means of a cord- him up again. A- used by the a- prisoners, as a- They were in th- a ring through th- flung into prison of rope to it, a- about as with a- ring was at leas- the upper lip; p- ears to have m- membrane of th- FETTERS. Prob- hands, and fetter- him to BABYLON- firmation of the