

HON. DR. ROBERTS PRESENTS CASE FOR MEDICAL INSPECTION IN SCHOOLS

Convincing Proofs of the Need and An Outline of a Plan for Better Conservation of Public Health in the Province of New Brunswick—Address Delivered Before the Associated Charities

The following is a full report of a very important address by Hon. W. F. Roberts, M. P., at the annual meeting of the Associated Charities of two evenings ago.



HON. W. F. ROBERTS, M. D.

Previous to the coming of this terrific world war, we found the attention of those occupying places of authority taken up with the building of the great arteries of commerce, both provincial and federal (some wise and some otherwise); arranging terminals for the exporting and importing of raw materials and manufactured articles; legislation arranged for and being arranged for the protection and preservation of our forests, our game, our fish and many other natural resources.

Now, Sir, while we have spent valuable time, brain power and mints of money in the investigation and carrying out all of the above, with good results in the majority of instances—and very wisely so—remember we would not curtail one jot or tittle from anything that has been or is being done since the inception of this world conflict, but on the other hand would trust and pray that it may go on in leaps and bounds until our monster enemy has been crushed and crushed for all time, but we would like to draw the attention of the inhabitants of the province, the constituents of the municipalities and the citizens of the large centres of population and those who represent them, and especially would we direct our words to the chief government of the City of Saint John and the trustees of our St. John School Board, to the fact that they are leaving unattended to possibly one of the most important of all, viz., medical inspection of public schools.

In delivering an address upon this subject about a year ago, I, to some extent, offered an apology for introducing a topic before an audience at this peculiar epoch of our world history, such as medical inspection of public schools. The fact, I said, it might possibly be considered a sacrifice for so doing because of its not having some direct or indirect relation to war conditions. Mr. Chairman, I need not further offer any excuse for speaking upon such a question for of all general subjects that might be discussed, this is by far, to my mind, the one of our excellence.

If we will for the moment stop and consider the tomorrow of Canada, do we not conclude in sorrow and in tears that we are today expending the very flower of our nation's—then what will be left if we do not take care of the bud?

We must absolutely put forward every effort in our power to conserve every life. Even I will go so far as to say, while it is still embryonic, from the Atlantic to the Pacific, in every city, town, hamlet and country side, if we would anywhere near make up for losses made upon our brain and brawn by this terrible war. And the only time to begin is when the little plant makes its first peep and is beginning to grow.

Public health has no sub-division more important to the nation than that of GIRLS! WOMEN! TAKE CASCARETS IF CONSTIPATED

They Live Your Liver and Bowels and Clear Your Complexion. Don't Stay Headachy, Bilious, With Breath Bad and Stomach Sour. Get a 10-cent box now. Tonight sure! Take Cascarets and enjoy the latest, greatest liver and bowel cleansing you ever experienced. Cascarets will live your liver and clean your thirty feet of bowels without griping. You will wake up feeling grand. Your head will be clear, breath right, tongue clean, stomach sweet, eyes bright, step elastic and complexion rosy—they're wonderful. Get a 10-cent box now at any drug store. Mothers can safely give a whole Cascaret to children any time when cross, feverish, bilious, tongue coated or constipated—they are harmless.

Corns Stop Hurting, Then They Lift Out With Fingers. No pain or soreness! Corns and calluses just shrivel up and lift off—Try it! A noted Cincinnati chemist discovered a new ether compound and called it freezone and it now can be had in tiny bottles for a few cents from any drug store. You simply apply a few drops of freezone upon a tender corn or painful callus and instantly the soreness disappears, then shortly you will find the corn or callus so loose that you can just lift it off with the fingers. Really! No humbug! No pain, not a bit of soreness, either when applying freezone or afterwards and it doesn't even irritate the skin. Hard corns, soft corns or toughened calluses just shrivel up and lift off so easy. It is wonderful! Works like a charm. Keep it on the dresser.

IN FIVE MINUTES NO SICK STOMACH, INDIGESTION, GAS

Pape's Diapepsin is the Quickest and Surest Stomach Relief

If what you just ate is souring on your stomach or lies like a lump of lead, refusing to digest, or you belch gas and cruddle about, undigested stomach, or a feeling of dizziness, heartburn, fullness, nausea, bad taste in mouth and stomach, headach, you can surely get relief in five minutes.

Ask your pharmacist to show you the formula, plainly printed on the wrapper of Pape's Diapepsin, then you will understand why dyspeptic troubles of all kinds must go, and why it relieves our out-of-order stomachs or indigestion in five minutes. "Pape's Diapepsin" is harmless, tastes like candy, the food goes right to work, and prepares for assimilation into the blood all the food you eat; besides, it makes you go to the toilet with a healthy and better, but what will please you most is that you will feel that your stomach and intestines are clean and free, and you will not need to resort to laxatives or liver pills for biliousness or constipation.

This city will have many "Pape's Diapepsin" cranks, as some people will call them, but you will be enthusiastic about this splendid stomach reliever, too, if you ever take it for indigestion, gas, heartburn, sourness, dyspepsia, or any stomach misery.

Get some of this minute, and rid yourself of stomach misery and indigestion in five minutes.

glories that have passed." Then came the pick of the army, young men, strong, brave and lusty. "Nay" said the king, "valiant are they, but when now their strength goes with age, and before long they, too, will be long to the things that were." Next advanced the boys of the nation, bright and flushed with health, their eyes bright with the gladness and joy of childhood, and not yet freed from the pale, the "Al" cried the king, "these are the clearing, here is the nation's hope, its joy, its assurance. The others have passed on or are passing, but these little ones betoken the continuance and the coming of the nation's greatness."

From Social Standpoint. So much for some of the national reasons. From a social standpoint we own to the fact that we are not doing our duty to the nation's future. Why should my child inherit with diphtheria or scarlet fever germs permitted to attend the public or Sunday school, or the theatre, and while there associate with your children, and as a result of such contact prevent the child from attending school and possibly, owing to the present condition of their health being a little below par, from succeeding in the study of the day? All of this is possible, and if so, why not let us awaken and make use of the curative and preventive methods just considered by medical authorities to be the most effective.

The leper from time immemorial has been ostracized from society, yet we permit equally virulent diseases to exist with little or no restraint. At the present time we placard our houses in which contagious diseases exist; this is wise, but is it not often done after the child or children so affected have been sent from the public schools sick with the case fully developed, to some extent this is "locking the child eventually becomes maimed, either by the partial or total loss of sight or hearing, or the development of some physical or mental deformity, or as a "weakening" from a steady parentage permitted to prosecute his studies without the red light of danger being exhibited, until finally he goes over the precipice of disease, and death puts an end to his career; whereas had it been compulsory for this child to have undergone a thorough medical examination before entering school, it is very probable these defects would have been detected and a remedy offered, and the child's future been a brighter, happier and more healthful one.

Again—as a nation—what are our truest assets—men or money? Men, we say. Of course, then, if so, are we going to continue to permit them to depreciate in value physically? There is the story of the Grecian king, who, feeling that death was hovering over him, ordered his troops to pass in a farewell review before the palace, in a room of which he lay. This was done. First came the veterans, worn and war-scarred. "Nay" said the king, "these are they who have been. They belong to the days that were, to the

Society pays a heavy penalty for its indifference as regards its children. Let us consult some authority on criminal statistics, and they will bear me out in the statement that the inmates of our various penal institutions of our country, the force of which they were unable to overcome through physical and mental defects that are training in the early years of their life. Equal stress might be laid on conditions found in our hospitals for the insane, but it is sufficient for our purpose to merely mention in passing that a large part of this terrible affliction could be prevented by attention to the victims in their youth.

Moral and Physical Reasons. In this regard we might just say that the moral responsibility of parentage to their children and to God, demands that we remove all impediments to a child's highest development. We feed and clothe and generally look after our children from every standpoint but the one of most importance we neglect. Compulsory education many times

means compulsory infection, because the child on the one hand under the existing law of compulsory education is compelled to attend school, and on the other, should there be nothing recognized case of any contagious disease, such as diphtheria or scarlet fever, he is necessarily exposed to infection. And further, it is possible from that one unrecognized case of either of the above diseases, to have same carried into the homes of hundreds of children in that one day. Advantages of Medical Inspection. Investigations conducted by well trained experts have demonstrated again and again that many children attend school suffering from contagious disease. In the first month of medical school inspection in Boston 487 sick children were found at school, 37 being ill with diphtheria and 104 with scarlet fever. Such children are as capable of infecting the things with which they come in contact as if they were suffering from severe attacks. Medical inspection would at once exclude these from school and have the rooms disinfected.

Investigations regarding the eye-sight and hearing of children show that there are many in the schools who are handicapped by the effect upon the eye-sight, or hearing, or both. The mild forms and early stages of these ill effects are the result of the effect upon the teacher—a thing not to be wondered at when it requires special skill on the part of the physician to discover the defect. In the necessity of cases of defective hearing neither parent, teacher, nor child is aware of the defect. When it is understood that defective hearing, imperfect hearing, and growths in the vault of the naso-pharynx are all too often the result of the normal stupidity and go hand in hand with poor talents, surely parents and school boards will see to it that the imperfectly hearing child is not wasted effort and failure to have adequate returns for legitimate expenditure. The following table shows that these defects are not imaginary.

Table of physical record of children in New York City from March 27th to December 29th, 1903. Number of children examined, 55,382. Number of cases of bad nutrition, 3,288. Number of cases of adenoids, 14,814. Number of cases of diseased tonsils, 8,047. Number of cases of cardiac disease, 895. Number of cases of pulmonary disease, 909. Number of cases of skin disease, 968. Number of cases of deformity of chest, 465. Number of cases of defective vision, 401. Number of cases of defective hearing, 16,894. Number of cases of defective breathing, 6,129. Number of cases of defective palate, 18,182. Number of cases of defective teeth, 8,847. Number of cases of posterior nasal growths, 5,119. Number of cases of defective mentality, 1,810. Number of cases where treatment was necessary, 88,351. Immediate Action Required.

Admitting all of the above to be true, what is our present attitude towards it? One of absolute inaction. One of immediate action. An action which should be intelligent, systematic, aggressive, all-inclusive, comprehensive and far-reaching. Intelligent—Only as knowledge of this subject becomes general and scientific methods adopted in treatment can any real progress be made. This means medical research, training of school teachers, and the whole question treated in a liberal, popular and accurate form in the curriculum of the school.

Systematic—Not in a haphazard, spasmodic, undirected plan, but one which combines with simplicity and practicality, a definite policy, so that all classes may have sufficient knowledge to know their relationship to and responsibility in the matter; also that the data and knowledge derived by experience may be made available and registered for future reference and use. Comprehensive, thereby constantly increasing the effectiveness of the work and justifying its existence.

Far-reaching—That from the Atlantic to the Pacific and from Hudson Bay to the 40th parallel every city, town and village should have a thorough medical school inspection. It must be borne in mind that the importance of this inspection is not a question of large or small population but a vital principle in our national life.

Compulsory—This matter should not be left optional with school trustees. It should be enforced with rigor with compulsory school attendance, if the latter is necessary the former is equally so, if one is to be insisted upon so should the other.

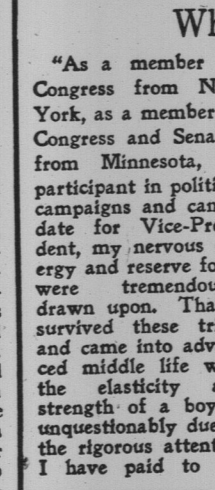
Governmental—The authority that creates and governs our system of education should also have the control of this matter. They have the machinery and they have the power. It unifies method, it centralizes effort, it reduces expense and standardizes the whole fabric of labor.

Health Department. The organization of a department of health in each province, in which matter we would be proud to see our own province take the lead, whose duties would be governed by acts of the legislature, and would, generally speaking, be along the lines suggested by this paper, modified to suit provincial conditions. The following I would humbly suggest as suitable provisions to be included in such an act: The appointment of a medical inspector for each incorporated city or town, and in the rural districts, one for each municipality.

The Silver Tongued Orator of Minnesota, Charles A. Towne, Former United States Senator

Late Member of Congress from New York—Nominated for Vice-President Recommends Nuxated Iron to All Who Feel the Need of Renewed Energy Says That Henceforth He Shall Not Be Without It

Probably no remedy has ever met with such phenomenal success as has Nuxated Iron—over three million people annually are taking it in this country alone, to say nothing of the vast thousands of others prescribed and used by France, England, South America and other countries. It has been highly endorsed and recommended by all members of the Catholic church; Monseigneur Nannini, a prominent Catholic Clergyman, recommends it to all members of his order and prescribed by every physician; Dr. N. H. Hornstine, for ten years connected with the Department of Public Health and Charities of Philadelphia, says the administration of Nuxated Iron in a number of stubborn cases where other tonics had utterly failed, only served to convince him absolutely of its remarkable and unusual power; Former First Assistant Post Master General of the United States, C. P. Grandfield, strongly endorses and recommends it to the tens of thousands of civil service employees who know his name and signature. Sarah Barnhardt—"The Divine Sarah," the world's most noted actress, has ordered a large quantity sent to the French soldiers to help give them strength, power and endurance.



Minnesota's Man of Mark

Former United States Senator, Charles A. Towne, graduated from the University of Michigan, twice elected member of the United States Congress, served in the United States Senate, nominated for Vice-President, takes Nuxated Iron; now recommends it to all who feel the need of renewed energy.

What Senator Towne Says: "As a member of Congress from New York, as a member of Congress and Senator from Minnesota, as a participant in political campaigns and candidate for Vice-President, my nervous energy and reserve force were tremendously drawn upon. That I survived these trials and came into advanced middle life with the elasticity and strength of a boy is unquestionably due to the rigorous attention I have paid to the proper care of my body. Recently I have been taking Nuxated Iron and have found it of the greatest benefit to me. I shall not be without it. I am in a position to testify for the advantage of others, to the remarkable and immediate helpfulness of this remedy, and I unhesitatingly recommend Nuxated Iron to all who feel the need of renewed energy and the regularity of bodily functions."

ing test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained.

Nuxated Iron is a wonderful remedy. Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find him with the blood pressure of a boy of twenty, and as full of vigor, vim and vitality as a young man; in fact, a young man he really was, notwithstanding his age. The secret, he said, was taking Iron—Nuxated Iron had filled him with renewed life. At 30 he was in bad health; at 46 he was careworn and nearly all in—now at 50, after taking Nuxated Iron, a miracle of vitality and his face beaming with the buoyancy of youth. If people would only take Nuxated Iron when they feel weak and run-down instead of dosing themselves with habit-forming drugs, stimulants, and alcoholic beverages, I am convinced that in this way they could ward off disease, preventing it becoming organic in thousands of cases, and thereby the lives of thousands might be saved who now die every year from pneumonia, grippe, kidney, liver, heart trouble and other dangerous maladies. The real, true cause which started their disease was nothing more or less than a weakened condition brought on by a lack of iron in the blood. Thousands of people suffer from iron deficiency and do not know it."

If you are not strong or well, you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained.

NOTE: Nuxated Iron, which is prescribed and recommended above by physicians in such a great variety of cases, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy in nearly all forms of indigestion as well as for nervous, run-down conditions. The manufacturers have such great confidence in Nuxated Iron, that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron, and increase their strength 100 per cent, or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in ten-day packages by Watson's Store and all good druggists.

condition should also have the control of this matter. They have the machinery and they have the power. It unifies method, it centralizes effort, it reduces expense and standardizes the whole fabric of labor.

Health Department. The organization of a department of health in each province, in which matter we would be proud to see our own province take the lead, whose duties would be governed by acts of the legislature, and would, generally speaking, be along the lines suggested by this paper, modified to suit provincial conditions.

The following I would humbly suggest as suitable provisions to be included in such an act: The appointment of a medical inspector for each incorporated city or town, and in the rural districts, one for each municipality.

ing test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see how much you have gained.

NOTE: Nuxated Iron, which is prescribed and recommended above by physicians in such a great variety of cases, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians both in Europe and America.

Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy in nearly all forms of indigestion as well as for nervous, run-down conditions.

The manufacturers have such great confidence in Nuxated Iron, that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron, and increase their strength 100 per cent, or over in four weeks' time, provided they have no serious organic trouble.

They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in ten-day packages by Watson's Store and all good druggists.

THE GREAT HEALTH RESTORER. COUGHS COLDS BRONCHITIS LA GRIPPE AND LUNG TROUBLE. OLIVEINE EMULSION. THE GREAT TONIC! For business men and women, overworked mothers, delicate boys and girls, and anyone run down from hard work or sickness and requiring a strengthening tonic. Oliveine Emulsion is a marvelous remedy for Hemorrhoids, Eczema, Sores and Skin Diseases. Manufactured by Self Owners. FRASER, THORNTON & CO., LIMITED Cookshire, Quebec, Can.