

HINTS FOR EMERGENCIES.

FIRE IN HOUSES.—Should a fire break out in the kitchen or any other chimney, a blanket wetted should be nailed to the upper ends of the mantel-piece so as to cover the opening entirely; the fire will then commonly go out of itself. A solution of pearl-ash in water thrown upon a fire *extinguishes it instantly*: the proportion is a quarter of a pound dissolved in hot water, and then poured upon a bucket of common water.

ESCAPE FROM FIRE.—In case of a person's clothes being set on fire, instead of throwing open the door and running into the road—as is too often done by the sufferer in extreme terror, or by those around him, who, instead of rendering aid, run out to seek it—let the person (particularly if a female, whose dress ignites so rapidly) fall on the ground, and roll in a carpet, blanket, curtain, cloak, coat, or whatever thick woollen article may be at hand. If any other persons are present they should assist in doing this, and be particularly careful to keep all doors and windows shut, as every draught of air stimulates the flames, which it is the object to depress.

TO EXTRICATE PERSONS FROM BROKEN ICE.—Let a rope or ropes, or handkerchiefs tied in knots, be held by two or more persons at each end; and let this be stretched over the broken ice, that the drowning person may catch hold of it.

TO BRING THE DROWNED TO LIFE.—Immediately as the body is removed from the water, press the chest suddenly and forcibly downward and backward, and instantly discontinue the pressure. Repeat this violent interruption until a pair of bellows can be procured. When obtained, introduce the muzzle well upon the base of the tongue. Surround the mouth with a towel or handkerchief, and close it. Direct a bystander to press firmly upon the projecting part of the neck (Adam's apple), and use the bellows actively. Then press upon the chest to expel the air from the lungs, to imitate the natural breathing. Continue this at least an hour, or until signs of natural breathing comes on. Wrap the body in blankets, place it near a fire, and do everything to preserve the natural warmth, as well as to impart an artificial heat, if possible. Apply a mustard poultice over the heart. Everything, however, is secondary to inflating the lungs. Avoid all frictions until respiration shall be in some degree restored. Send for a medical man immediately.

REMEDY FOR CHOLERA.—The following prescription for the effective cure of the cholera has been given by J. Booker, Esq., late Vice-Consul at Cronstadt, Russia:—"The principal point is to attack the disease the instant it is suspected; take a stimulating dram with peppermint, and a few drops of laudanum; cover yourself up as warm as possible, to promote perspiration, apply hot substances, such as water, bran, salt, and even sand, to the limbs, and put a mustard poultice over the whole stomach. As soon as perspiration breaks out, and the beating of the pulse is restored, the complaint may be looked upon as conquered; if it is neglected till its last stage, recovery cannot be expected." Medical aid should be sought as quickly as possible.

THE BITE OF VIPERS.—The bite of a viper, when left to take its course, is death; but by the speedy application of a little olive oil, the bite is rendered almost as harmless as the sting from a wasp.

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