

become dirty in his habits, destructive or violent, and it would be imprudent to leave him among his room companions. Such classification once made, each patient must be attentively looked after; his habits, his tastes and tendencies, and any unfavorable manifestations, if they appear, observed, so that he can be protected against any results which might produce in him sudden or unforeseen irritation.

Our establishment is governed by rules and regulations. However, as with individuals, they are subject to modifications, and must, besides, vary according to the time and the disease, conformably to the occupation of the patient or the discipline to which he may be submitted. The adaptability of such and such rules depends on a variety of circumstances which cannot always be the same in a lunatic asylum. Above all, discipline can only produce good results in so far as its application is judicious.

To attain this *desideratum*, our daily efforts tend.

In order to better understand the kinds of discipline adopted in our establishment, it is necessary to give a classification of the rules imposed; the measures of repression adopted; the occupation and mode of daily life.

Classification.—The patients are divided into two large sections, Male and Female.

They are separately housed.

The Male section, as well as the Female, is divided into into twelve groups—each under the guardianship of a special chief called the head of the room.

One of these groups comprises the list of furious, excited

and destructive cases; the sive inmates

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