

TABLE OF CONTENTS.

	PAGE
What to Take - - - - -	7
Check Lists - - - - -	9
Canoe—How to Choose - - - - -	9
How to Mend - - - - -	10
Sailing, <i>pro</i> and <i>con.</i> - - - - -	11
Advantages of Open Canoe - - - - -	14
How to Carry a Canoe - - - - -	15
Portaging Cushion - - - - -	18
Canoe Sports—Races, Tournaments, etc. - -	19
Paddles, Choice of - - - - -	24
What Clothes to Take - - - - -	25
Wading, Hints as to - - - - -	27
Mosquitoes, etc., Defences and Cures - -	29
Dunnage and Provisions, How to Pack - -	33
Bed-making - - - - -	35
Tents, Poles and Pegs - - - - -	36
Preservation of Camp Outfit - - - - -	38
Canned Goods, How to Carry - - - - -	39
Inventory, Importance of - - - - -	40
Pots, Pans, Cups, etc. - - - - -	41
Medicines - - - - -	42
Lanterns and Lights - - - - -	43
Axes - - - - -	44
Bags, How to Make Waterproof - - - - -	45
Tump Lines, How Made - - - - -	46
“The Delights of Tump Carrying” - - - - -	47
Camera and Changing Bag - - - - -	55
Lunch Basket - - - - -	58
Firearms - - - - -	58
How to Travel Pleasantly - - - - -	59
Running Rapids—Cautions - - - - -	61
An Early Start - - - - -	63
Trees, Ferns and Flowers - - - - -	65