

of the subject. The discussion of the "Ferments and fermentation of milk and their control" is new and valuable. The various methods of determining the butter fat content of milk are clearly described. On the subject of cheese the author is particularly at home.

The appendix to the volume is made up of a compilation of useful rules and tests that are of great service to the butter and cheese-maker.

The letter press and paper are excellent and the illustrations apt.

JOHN CRAIG.

## Household Matters.

CONDUCTED BY MRS. JENNER FUST.

### *Children's Bonnets.*

The little children look charming in these hot days in their dear little sun bonnets, so fashionable now, just now they are seen in all their freshness of various colours, pink, green, cream, and white, the latter colour is chosen as a rule for the very little ones, and the brighter colours for children of any age who can run about.

I saw a little girl the other day about three years old, who looked charming in a pink bonnet, white dress, and white boots, and she seemed quite conscious of the sweet little picture she made, waiting to be lifted over the street crossing.

The great charm of these bonnets is, that a day in the laundry will make them look as fresh as ever, provided they are made of washing material.

### *Golf Bonnets.*

This old fashioned bonnet is having a great revival just now, and is spoken of as the Golf Bonnet.

The most fashionable people are to be seen in a bonnet to match each shirt waist in colour.

They are made in various ways, and are worn tied under the chin; or the strings fly down the back, at the will of the wearer.

The girl of to-day will soon find out, and wear it in the way most becoming to herself.

It bids fair also to be worn in the country for bicycling, and on many other occasions, and as it is so very becoming to a pretty face, let us hope that such a very sensible revival of a very old friend has come to stay.

### *Sweets for children.*

A child's great desire for sugar is a natural one, and one that should be gratified in moderation. A celebrated American lady doctor says:—Sugars play an important rôle in furnishing energy to the body, and since no one develops more energy than an active child, his craving for sweets furnishes an indication of a positive requirement of nature. Give him sugar, then, by all means, but choose the form in which you bestow it. Sweeten the fresh and stewed fruit that should form part of his daily diet, give him jam or marmalade with his bread and butter, supply him with simple desserts, bread, rice and tapioca puddings, junket, apple-sauce, baked apples, custards, occasionally ice-cream: Let him have one or two pieces of pure simple candy once in a while, directly after meals, and nearly all fruits except pine-apples and bananas. The fibre of the former is hard to digest, and the banana, which is so often given to young children, is very bad for them. Exclude from his bill of fare pastry, rich cake, hot bread, and all fried foods, nuts, and cheese. He will not miss them any more than the pickles, sauces, condiments, and wines he has never been allowed to taste. If you have any regard for his future nervous condition do not give him tea or coffee until he has his full growth.