

boost them up to their normal point of resistance and then hold them there; in other words, not a mere temporary stimulation, with secondary depression, but a permanent help to the revitalization of the blood and a general reconstruction. Pepto-Mangan (Gude) is not only prompt in action as an encourager of appetite and better spirits, but is also distinctly efficient as a blood builder and systemic reconstituent. It is pleasant, non-irritant, free from constipating effect and does not stain the teeth. It is thus a general constitutional tonic of positive service in all conditions of general devitalization.

THE "CITY" ANEMIC.

The hard hum-drum city life, especially of those whose days are spent indoors, in offices, bending over desks, ledgers, and school books, is almost certain, sooner or later, to leave its traces upon the man, woman or child thus unfortunately situated. General sluggishness of metabolism, due to indoor confinement in a vitiated atmosphere, and lack of exercise, is followed by failing appetite and later by degenerative blood changes of anemic nature. While Pepto-Mangan (Gude) cannot, of course, remedy the cause of the anemia and general devitalization, it almost always assists materially in overcoming the anemic blood state, increases appetite and acts as a real and general reconstructive. As Pepto-Mangan (Gude) is free from irritant effect upon digestion, it is readily borne and quickly absorbed and assimilated, and as it is non-astringent it does not cause or increase constipation.

PREVENTION OF POSTERIOR URETHRITIS.

It is said that the salicylate of sodium, though of comparatively little value in the inflammation of the anterior urethra, exerts a beneficial effect in posterior urethritis. Under its influence the urine rapidly clears, and the acute distressing symptoms disappear. It is upon the theory that this drug renders the urine markedly acid, and thereby helps in preventing the extension of the inflammation to the bladder and the production of cystitis. Apart from the administration of salicylate of sodium, the treatment must also be directed to combating the prominent symptoms of acute posterior urethritis, vesical tenesmus, terminal hemorrhage, etc. Sanmetto should be given, and the use of the hot sitz bath prescribed. Should the distress be very great, small doses of morphine may be administered.