love to our neighbors, growing as naturally out of love to God as the branch from the stem.

4. The first four Commandments in detail, vs. 3: 11. Questions 43-62 of the Shorter Catechism will afford a good exercise. The emphasis should be placed as required perhaps on the folly and sin of images in worship, or the awful nature of the profanity which is so common, or the right use of the Lord's day.

The great difficulty in this lesson and the one following will be to select. Therefore, let the teacher study closely and plan carefully beforehand, as his class may need.

### Some Test Questions

By whom were the Ten Commandments given?

Where given and to whom ?

In what circumstances?

What other terms applied to them?

How many tables? Name the Commandments on each table.

What is the preface to the Ten Commandments?

What is the force of "which brought thee out"?

Discuss gratitude as a motive to obedience.

Against what is the First Commandment directed?

The Second? The Third?

What does the Fourth Commandment require?

What reason is attached to the Fourth Commandment?

### Prove from Scripture

That the Lord's name is sacred.

## Topics for Brief Papers

(To be assigned the Sabbath previous.)

1. Idolatry.

2. Profanity.

3. Why was the Sabbath instituted ?

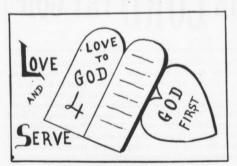
4. How to get the best out of the Sabbath.

# The Catechism

Ques. 29, 30. The Holy Spirit in Redemption. By nature we are in bondage to sin. Christ has purchased our ireedom. This is the meaning of "redemption." It is buying back. The Holy Spirit "applies," that is, brings home to our hearts, this fact. He does this in an "effectual" way, that is, so as to produce an effect. The effect is faith. We believe in Christ, and our faith unites us to Him as the Suspension Bridge joins the two sides of the chasm at Niagara. Just as trains and travellers pass freely over the bridge, so do all the blessings obtained for us by Christ come into our lives. The work of the Holy Spirit, "effectual calling," is described more fully in the next question.

# FOR TEACHERS OF THE LITTLE ONES

Links-When you ate your nice breakfast, did you think about the manna and thank God for your food? You would have no bread unless God made the wheat grow.



Manna-"Bread from Heaven."

> ho sent it? ho received it? hy was it sent? here was it gathered? hat does the story teach us?

Lesson Thought—We should love and serve God.

Golden Text—Frank declared he loved his mother "with all his strength." He was asked what he meant. "We live up on the fourth flat, and the coals are kept in the cellar.