

HOW TO GET RID OF RHEUMATISM

"Fruit-a-lives" Point the Way to Quick Relief

VERONA, ONT.
I suffered for a number of years with Rheumatism and severe Pains in my Side and Back, caused by strains and heavy lifting.
When I had given up hope of ever being well again, a friend recommended "Fruit-a-lives" to me and after using the first box I felt so much better that I continued to take them; and now I am enjoying the best of health, thanks to your wonderful fruit medicine."
W. M. LAMPSON.
"Fruit-a-lives" are sold by all Dealers at 20c. a box, 6 for \$2.50, retail size 25c.—or sent postpaid by Fruit-a-lives Limited, Ottawa.

For information and new folders apply at nearest ticket office.

DOMINION ATLANTIC RAILWAY

Change of Time January 7th, 1918

R. U. PARKER, Gen'l Passenger Agent

W. A. CUNNINGHAM, Div. F. & P. Agent

Accom.	TIME TABLE IN EFFECT March 10, 1918	Accom.
Wednesdays only		Wednesdays only
Read down	STATIONS	Read up
10 a.m.	Lv. Middleton	5:00 p.m.
11 a.m.	*Clarence	4:25 p.m.
12:00 p.m.	Bridgetown	4:10 p.m.
12:32 p.m.	Granville Centre	3:43 p.m.
12:49 p.m.	Granville Ferry	3:25 p.m.
1:12 p.m.	*Karsdale	3:05 p.m.
1:29 p.m.	Ar. Fort Wade	2:45 p.m.

Connection at Middleton with all trains on H. & S. W. Railway and Dominion Atlantic Railway.

The Safest Matches in the World Also the Cheapest

Eddy's "Silent 500s"

SAFEST, because they are impregnated with a chemical solution which renders the stick "dead" immediately the match is extinguished.

CHEAPEST, because there are more perfect matches to the sized box than in any other box on the market.

War time economy and your own good sense will urge the necessity of buying none but EDDY'S MATCHES.

THIRTEEN WEEKS

In either our Business or Short-Hand Departments or for an elective course from each for \$35 is what we offer. You cannot combine your training in any other school in this city. We have many more calls for help than we can supply.

Enter any day at

MARITIME BUSINESS COLLEGE

HALIFAX, N. S.
E. KAULBACH, C. A.

NOTICE!

ALL persons having legal demands against the estate of Freeman Beardsley, late of Port Lorne, in the County of Annapolis, Merchant, deceased, are requested to render the same daily attested within twelve months from the date hereof; and all persons indebted to said estate are required to make immediate payment.

SUSAN BEARDSLEY, Executrix.
Probate granted the 8th day of March, A. D. 1918.
Port Lorne, N.S., March 11th, 1918.
49-101

The Wolves Were Hungry



Angus McGregor and his collie dog left the Canadian Pacific Railway main line at Kamloops and went north and west for six days to get into good trapping and hunting territory for a winter's work. They made several trips before the snow came and shut them in. When winter shut down there was much cold weather and not an excessive amount of snow. The rabbits drifted north to the thicker brush, and McGregor and his dog extended their lines twenty miles further. Big snow came and the wolves found hard work to get a living, though the rabbits and partridges were fat and contented. McGregor took a lot of fur, mink, lynx, marten and fox.

One day while on the trail of a moose he saw a big black wolf looking down. The collie saw it too and whined to the conflict. The wolf turned and fled, and when the man topped the rise he saw his dog nearly a half mile away still fiercely pursuing the wolf which had just entered the mouth of a steeply sloped draw. Half way up the draw the wolf flanked and down from either flank swept two more wolves. The first brute had acted as decoy for the dog. The collie, realizing his danger, wheeled and ran toward his master, pursued by all three of the wolves. He himself finally against the feet of McGregor, while the wolves, gaunt, hungry and unusually fierce came right on, and only swerved aside to circle when the man yelled. One he shot before the others fled, and a few days later, having placed out "baits" he had the satisfaction of picking up the other two big, black bodies.—L. V. K.

Real West Canadian Fur



THOSE who have never had the privilege of seeing a wild fox in the full glory of his winter clothing cannot begin to form a conception of the beauty of the dress. In the foothills and mountains of western Canada these animals reach practically the same perfection they do in the bitter cold of the Arctic. Some people claim they possess a more showy coat because they generally fare better.

The ordinary dweller of the cities pictures a fox as an indefinite red creature something like a wolf or a dog, but possessing a big tail. They know a fox is called red generally, but they do not know the shade. Those people who have seen foxes in cages also cannot appreciate the vast difference between the captive and the free.

The true wild fox in winter is a wonderful creature of soft blendings of bright gold, cream, the purest of white, the sharpest of black. Every hair shines with life and vigor, and the brush is a magnificent appendage which would make a true cross-country fox-hunter kill an Irish hunter to obtain.

A splendid type of red fox trotted up the snow-covered ice of the headwaters of the Red Deer River in Alberta. He heard the sound of splintering shell-ice and he paused to listen. Far ahead some Stoney Indians, returning from their big annual game drive to the Clearwater and the Saskatchewan were crossing southward, their ponies laden with the meat of bear and deer and moose. They were bound for their homes in Morley, thirty miles distant, where they would sit in comfort in the warm log cabins for the remainder of the winter, going out perhaps only to feed their saddle horses or to pose in their blankets on the Canadian Pacific Railway platforms for the benefit of any tourists who might be travelling.

The fox took to the brush. It was high noon; clouds had rolled down from the peaks and soft new snow was falling. Crossing another bend of the river he came to a river flat where the body of a dead horse lay. He was as cautious as any fox but he was confident that no harm lay in the meat of this carcass because on the preceding night he had sunk by the white coyotes made the darkness ring with their unpleasant bickering over the feast. So, picking out a choice part of the neck he ate, and then went on.

But sometime during that morning a hunter in the district had "salted" had heard the coyotes at it and he had been waiting for just that development, knowing that after their caution had been blunted by one feed they would be back again and he would be able to harvest some fur. By and by he came to inspect his "bait." He saw the fox tracks in the

HALIFAX RELIEF FUND

G. Fred Pearson Reports to Bay State Committee

[Boston Globe]

How the people of Halifax have expended and are expending funds provided by citizens of Massachusetts for the relief of the 5000 homeless in that city was explained to the Massachusetts Relief Committee by G. Fred Pearson, chairman of the Halifax branch, in conference here.

After a series of meetings with Henry B. Endicott, general chairman, and A. C. Ratschesky, who directed the first relief unit sent from Boston to Halifax, Mr. Pearson was invited to appear before both branches of the Legislature, and in a brief address conveyed the thanks and gratitude of his people for substantial help provided immediately after the explosion of a munition ship in the harbor which laid bare a densely populated area of two and a half square miles. Mr. Pearson declared that if there should ever be an opportunity of showing by deeds "how sincerely grateful we are, Nova Scotia, the Mouse, will not hesitate to tender its humble service to Massachusetts, the Lion."

Mr. Pearson, who is publisher of the Halifax Chronicle, and in active charge of reconstructive activities, came to Boston to arrange for the shipment of additional furniture to equip homes recently built for the destitute. The Massachusetts fund amounted to approximately \$650,000, and Mr. Endicott's committee expressed its approval over the manner in which it has been used.

The local committee was particularly impressed with the report of Mr. Pearson, which showed among other things that "The Governor McCall Apartments," built on public lands, had accommodations for 320 families, or about 2000 persons, the street on which the building stands has been named Massachusetts avenue. Rhode Island and Endicott avenues are nearby.

In addressing the Senate and the House, Mr. Pearson said in part: "You are now engaged in a world war. Speed the time when final and complete victory shall grace the Allied standard and we Canadians can join with you in each year thereafter on a certain day in celebrating another triumph of those eternal principles for which our forefathers fought and died.

"Gentlemen of Massachusetts, in the name and on behalf of the people of Halifax, whose unaccredited representative I am, I thank you from the bottom of our hearts for all you have done for us."

Minard's Liniment cures Dandruff.

Are Your Lungs Strong?

Do colds go down to your throat? Are your bronchial tubes easily affected? Above all, do colds settle on your chest? Then your lungs may not be as strong as you expected—consumption often follows.

Good Physicians Everywhere Prescribe

SCOTT'S EMULSION

Because its Pure Cod Liver Oil is Famous

for strengthening delicate throats and weak lungs while its glycerine soothes the tender linings and alleviates the cough.

Start on Scott's Emulsion today—It is Nature's best food free from harmful drugs.

Scott & Bowne, Toronto, Ont.

RENNIE'S War Time Production Seeds

THERE must be no "lackers" this year, either among the seeds or the growers. Every man and woman with garden space, must produce to the limit of his or her ability. And that is why Rennie's seeds are so essential—live, vigorous seeds from tested stock, to ensure record crops.

BRUSSELS SPROUTS—Amager	Pkt.	1/2 Oz.	Oz.	1/4 lb.
Market	.10		.90	2.75
CABBAGE—Rennie's First Crop	.10		.75	2.25
CABBAGE—Early Jersey Wakefield (Improved)	.08			.60 1.75
CAULIFLOWER—Rennie's Danish Drouth-Resisting	.15 & .25	1.00	3.50	10.00
CELERY—Paris Golden Yellow, Extra Select	.15	.60	2.00	
TOMATO—Bonny Best (Original)	.10		.60	1.75
Rennie's Improved Beefsteak	.10		.75	2.50

FLOWER SEEDS

New Giant Asterium—Mixed Colors	Pkt.
Rennie's XXX Giant Comet Asters—Mixed	.15
Dreer's Peerless Pink Aster	.10
Early Blooming Cosmos—Mixed	.15
Rennie's XXX Exhibition Mixture Pansy	.10
Rennie's XXX Prize Ruffled Giant Single Petunia—Mixture	.25
Rennie's XXX Large Flowering Globe Stocks—Mixture	.25
Rennie's XXX Mammoth Verbena—Mixture	.10
Giant Zinnia—Mixed	.15

Mail Your Order TODAY For Planting Up to April 15th

LOOK FOR THE STARS Turn the pages of your Rennie catalogue. You will notice a great many paragraphs with stars at the corners. These are extra special values that defy competition. When buying from dealers insist on RENNIE'S.

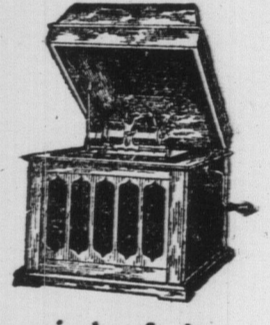
THE WILLIAM RENNIE COMPANY LIMITED
KING & MARKET STS. TORONTO
ALSO AT MONTREAL WINNIPEG VANCOUVER

Edison's Very Latest Amberola

The Wonderful New Phonograph with Permanent Diamond Point.

This is the famous Diamond Amberola, which has won unanimous verdicts of superiority over talking machines that sell at three and four times the price of the Amberola.

This latest creation of the master mind of the world's greatest inventor gives you the best Phonograph that you can get for the money—as proven by the decision of thousands of phonograph experts.



No Needles To Change

Of course, there is no comparison between the needles, which must be changed with every record, and the velvety smoothness of the permanent Diamond Point, which is a part of every genuine Edison Amberola.

The Wonderful Blue Amberol Records

the result of this perfect phonographic recording, enable you to enjoy everything in music that you have ever wanted to hear, sung or played, by the best artists in the world.

Something for everybody in the following list.

C. B. TUPPER, Bridgetown, N. S.

HEART SONGS—Love's Old Sweet Song; Sing Me to Sleep; Dream Girl O Mine; My Old Kentucky Home.	INSTRUMENTAL—Nightingale (Piccolo)—Old Black Is (Piano)—O Promise Me (Harp)—Serenade (Cornet) Song, 2nd (Solo).
SACRED—Draw Me Nearer—Somebody Cares—Lord, I'm Coming Home.	VAUDEVILLE—Uncle Josh's Rheumatism—Hotel Porter and the Travelling Salesman—Shirazite.
BALLADS—Make Me King of Your Heart—Dearest and Best—I am a Roamer—Land of My Dreams.	QUARTETTES—Bonnie Blue Flag—Darling Nelly Gray—Maple Leaf Forever—Lead, Kindly Light.
BANDS—Lucia Sextet—Late D'Amour Waltz—Merry Widow Lancers—Athol Highlanders' March.	DANCING—Yoko Jume—Sans Souci Mazurka—Girl from Utah—On a Step—Babe in the Wood Fox Trot—Cecilia Waltz—Hestiation—Castles' Hall and Hall.
MARCHES—King of the Air—National Emblem—Aids—Bells of London.	

Flower for Massachusetts

[From the Boston Monitor]

To the school children of the State is to be left, very largely, at least, the selection of a state flower for Massachusetts. There is going out from the State Board of Education to each school superintendent a communication to the effect that various bills to designate a state flower have recently come before the Committee on Agriculture of the General Court. The committee desires that the decision be left to the school children of the State and has asked the State office of education to secure an expression of opinion from them. A list of flowers is submitted, although choice is not confined to the list. This list is as follows: Buttercup, daisy, gentian mayflower (trailing arbutus), water lily, and other choice.

All pupils in the secondary and elementary schools above the third grade are to be asked to vote.

There are many mugs, plenty of cheek, and lots of chin in a barber shop.

GIRLS! WHITEN SKIN WITH LEMON JUICE

Make a Beauty Lotion for a Few Cents to Remove Tan, Freckles, Sallowness.

Your grocer has the lemons and any drug store or toilet counter will supply you with three ounces of orchard white for a few cents. Squeeze the juice of two fresh lemons into a bottle, then put in the orchard white and shake well. This makes a quarter pint of the very best lemon skin whitener and complexion beautifier known. Massage this fragrant, creamy lotion daily into the face, neck, arms and hands and just see how freckles, tan, sallowness, redness and roughness disappear and how smooth, soft and clear the skin becomes. Yes! It is harmless, and the beautiful results will surprise you.

Matrimonial packages are not always what they are tied up to be.

Being remembered in a will is about as uncertain as an unpaid egg.

No man ever expects his wife to make as many mistakes as he does.

It is a sin to steal a pin, especially if it has a diamond attached to it.