

A Bargain in White and Cream Lace Curtains.

We have secured at clearing prices a line of Manufacturers' Samples, comprising about 500 pairs of Dainty Lace Curtains, we are therefore enabled to offer at Remarkably Low Prices this splendid

JOB LINE OF LACE CURTAINS

Values, \$1.20 to \$1.60 per pair.

Selling, 80c., \$1.00 and \$1.20 pair.

Come Early and you will have no difficulty in securing a GOOD pair of CURTAINS at a BARGAIN.

NO APPROBATION.

Marshall Bros

Living Too Soft.

By RUTH CAMERON.



Did it ever occur to you that characters need exercise as well as minds and bodies? And that when they don't get it, they, like the minds and bodies, grow soft, and flabby, and break down under any strain?

Once upon a time there was a sweet hard working little music teacher. She was very conscientious with her music and her pupils and very self denying in her habits. She had high ideals of conduct and held herself rather closer to them than most of us do.

And One Day The Prince Came.

Then one day the Prince came. And as he was a veritable Prince among young men, possessing good family, good looks, a good disposition and a good business, we all expected them to be happy forever after.

Which they were for a time.

The good business grew better, the little music teacher had a beautiful house, a machine, servants, lovely clothes. There was no more hard work for her; no more need to sacrifice, herself, nothing particular to be conscientious about, nothing to keep up to the mark in, in short, no rough edges on life.

The Kind of a Life We all Crave But—

It was the kind of a life we all crave, and the kind of a life so few of us can stand.

The little music teacher couldn't. She got out of the habit of denying herself anything, and when circumstances threw her into contact with a very interesting and fascinating man, and she found that his society began to mean much to her, she wasn't

capable of denying herself that dangerous pleasure.

And as she gave herself more and more of it and told herself lies about it's being no harm and about her husband being so wrapped up in his work that she was justified, a thing she would once have been incapable of doing.

Then came the inevitable crash with broken lives and trust and faith inextricably splintered about.

She Says She Couldn't Help It.

The little music teacher says it was a grand passion and that she could not help it.

If she had been the same woman she was before she lived too soft she could have helped it.

But she wasn't. Self indulgence in little things, led to self indulgence in big things. It always does. You cannot indulge yourself in any direction without weakening your resistance in all.

It seems a far cry from the self indulgence of permitting yourself to sweep a room or do a piece of type-writing sloppily, or being unable to give up an unjustifiable extravagance, or failing to control your temper, to the self indulgence of drink or sex intoxication.

But remember, when big temptations come you've only the character that your resistance to little temptations has built up to oppose to them.

Just arrived, some FRESH

POULTRY—Geese, Ducks and

Chicken, for sale at lowest

market prices. P. CASEY,

Water Street.—apr2,tf

BUNTING DISPLAYED FOR ARCH-

BISHOP.—In honor of the return of

His Grace Archbishop Roche, the

Cathedral and its surroundings were

decorated with bunting yesterday, as

well also the various R. C. halls.

GOODS For EASTER.

We are now booking orders for the following New Fresh Stock to arrive early next week. Only limited quantities offering.

Crates New Green Cabbage, Sacks Yellow Onions, Crates Silverpeel Onions, Boxes Fancy Table Apples, Cases Calif. Sunkist Oranges—250's.

Cases Calif. Sunkist Oranges—210's.

Cases Calif. Sunkist Oranges—170's.

TINNED FRUITS, 100 cases Tinned Peaches, 40 cases Tinned Apricots, 100 cases Tinned Pineapple, 85 cases 1 1/2 Pineapple, 250 boxes Evap. Apples, 100 boxes Evap. Peaches, 50 boxes Evap. Peaches and Pears, 150 boxes Evap. Apples—Carton and bulk.

Soper & Moore, WHOLESALE JOBBERS, Phone 480.

Rann-dom Reels

THE COLD PLUNGE.

The cold plunge is a modern invention with goose pimple attachments. It is the most successful method yet devised of bringing the blood to the surface of the body, and along with an erect cluster of bristling goose pimples.

It is not known definitely just who invented the cold plunge, and it is probable that the man who thought of it first froze to death in an upright attitude immediately after imparting his secret to the world. Our ancestors did not believe in the cold bath to any great extent, preferring to recline thoughtfully in a tin tub filled with hot water from the cook stove. As civilization advanced in knowledge and culture, however, and the advantages of the semi-occasional bath became known, the doctors began to prescribe the antarctic plunge for people of low vitality who had reached the point where they would welcome death in any form.

A strong impetus has been given to the cold bath movement by the alarming scarcity of hot water in the homes of our first families. Many a husband who has waited patiently down stairs on Saturday night while a relay of children have fled in and out of the bath tub and robbed the hot water tank of its entire contents has been driven to the cold plunge in order to avoid the reproachful eyes of an accusing wife. When we think of the kind, generous husbands who have contracted pneumonia as a result of too frequent bathing in cold water, egged on by an imperious wife, we marvel that there are not more widows extant.

The most pleasing and thorough form of cold plunge is the shower bath, which starts with a temperature just below the freezing point and winds up by encrusting the eyebrows of the victim in icicles four inches long. This causes the red corpuscles to rise vigorously to the surface, where they can be driven back in with a crash towel. There are

several kinds of heroes in this world, but the greatest of these is the man who can throw himself carelessly into a porcelain tub full of ice water and pretend that he likes it.

REJUVENATION.



When the winter's done with snowing, and the vernal winds are blowing, and the husband man is being holed in the fertile glen, I cast off the robes of sadness, and I whoop around with gladness, with a joy akin to madness, for I'm feeling young again.

In the winter I am weeping, for the rheumatiz is creeping up and down my system, keeping me so sore I swear aloud; then I seem an ancient geezer of the loosed Brutus crowd. In the wintertime I totter, like a sheep that's led to slaughter, wishing death would bring his swatter and remove me from the scene; nothing then my gloom can break up, nothing then my soul can shake up, and I do not even wake up when you talk of gasoline.

But when frost's farewell is spoken and the birds have brought the token that old-winter's grip is broken, when through woodland, glade and dell, orioles and wrens are winging, and the joyous catbird's singing, and the flowers from earth are springing, then you ought to hear me yell.

She Suffered for Eight Long Years.

THEN DODD'S KIDNEY PILLS CAME TO HER RELIEF.

Mrs. E. S. Thompson is Telling Her Many Friends What Caused the Great Improvement in Her Health.

Minabito, via Sleeman, Ont. April 3rd. (Special).—Mrs. E. S. Thompson, an old and respected resident of this place is telling her numerous friends that her recent wonderful improvement in health is the result of using Dodd's Kidney Pills.

"My sickness dates back about eight years," Mrs. Thompson says. "My sleep was broken and unrefreshing, there were dark circles under my eyes, my appetite was staid and I suffered from backache. I had frequent headaches, I felt heavy and sleepy after meals, and I was depressed and low spirited. Rheumatism and Bright's disease were soon added to my afflictions."

"I was far from being well when I started to use Dodd's Kidney Pills. I only took two boxes of them, but the results are so good that I am recommending them to all my friends."

All Mrs. Thompson's troubles came from sick kidneys. Dodd's Kidney Pills cure sick kidneys. And sick kidneys are responsible for nine-tenths of the pain and weariness suffering women are heir to.

SEALS IN BONAVISTA BAY.—Seals are reported plentiful in some places in Bonavista Bay and quite a number have already been killed by shoremen.

MILARD'S LINIMENT CURES DYPHTHERIA.

MILARD'S LINIMENT RELIEVES NEURALGIA.

What a Gas Range Means for You, Mrs. Housekeeper.

The gas range is a muscle saver and a step saver. Think of the many tons of coal you used in that coal range, and how you have had to handle it all twice; first, carrying it up out of the cellar; then, from the kitchen to the ash barrel.

No more soot to wipe away; no more ashes to cart away; no more wood to fetch; no more coal dust; no more smoke and no more reason why the kitchen cannot be kept as clean and as orderly as the parlor. The gas range means just this.

Saves 50 Per Cent. of Kitchen Cares.

Half of the labor in the house is caused by dust from the coal range. Every time it smokes, no matter how good the draught may be, clouds of ashes rise and settle on the furniture.

It Eliminates Hard Work.

Use a gas range and you will live better, you will play better, and you will work better because the use of the gas range eliminates the drudgery of carrying coal, ashes and the chopping of kindling, as well as the drudgery of cleaning up a lot of dirt, and, best of all, for the cook it makes it unnecessary for her to stand over a hot stove from two to three hours a day.

Your Boys and Girls.

It is an old saying that a man is only as his feet. Babies should go barefooted until they begin to walk, and should walk barefooted as much as possible, of course under suitable conditions. Sandals are always better than shoes, and shoes should always be laced, never buttoned. The toe cut walk is bad because it puts the weight on the heel, and tends to produce bad postures and flat-footed, so the baby should be taught to walk straight-footed.

Deformities of the foot include all possible positions in which a foot can be placed. Some exist from birth, others are due to infantile paralysis, palsy, high heels, improper shoes, overweight, general weakness, and the inherited diseases that cause other acquired deformities already described. The most frequent error concerning them is in flatfoot which women commonly attribute to rheumatism. Some foot deformities require surgery. Many yield to manipulation, or special apparatus.

It is the duty of every mother to give her child the benefit of a physician's advice and treatment, which in almost all cases of deformity, will make life happier for the child and in some measures remove the handicap under which it must otherwise struggle as a cripple for life.

Are you going to get a New Suit of Clothes for Easter? If so, buy now; as the longer you delay the more you pay. We have a splendid line of Tweeds and Serges of the very finest quality, and our cut and workmanship need no advertising.

SPURRELL BROS., 365 Water Street.—mar14,ed,tf

BIG SHIPMENT OF FOODSTUFFS.—A large shipment of foodstuffs, principally flour and pork, reached town this morning from the States and Canada.

MILARD'S LINIMENT CURES DYPHTHERIA.

MILARD'S LINIMENT RELIEVES NEURALGIA.

Have You Any Pictures ?

That need framing? If so, don't allow them to be laid aside any longer; just bring them along, choose some pretty Moulding suitable for the subject, and leave the rest to us.

We carry at all times a wonderful selection of Picture Mouldings, and have just received a large addition to our stock. We are experts at Picture Framing, with a reputation of many years' standing, and we can fill any order, however large, with perfect satisfaction at the shortest notice. Prices and Sample Mouldings on application to the

U. S. Picture & Portrait Co.



NO MATTER HOW THE FIRE IS CAUSED

if you're not insured, you're a loser. Take time to see about your policies. We give you the best companies and reasonable rates.

PERCIE JOHNSON, Insurance Agent.

SLATTERY'S.

New Arrivals:

MEN'S BRACES, MEN'S SHIRTS, MEN'S UNDERWEAR.

LADIES' NIGHTDRESSES, LADIES' CORSETS, CHILDREN'S UNDERWEAR.

Also, HOSIERY, POUND GOODS, TURKISH TOWELS, COTTON BLANKETS, WOOD PIPES and many other lines.

All at Lowest Possible Prices.

Slattery Bldg., Duckworth & George's Sts. Phone 522. P. O. Box 236.

Advertise in The Evening Telegram

DOUGLAS CELEBRATED MIDLOTHIAN OATMEAL

From Dalkeith, Scotland, by the Keg, Stone or Pound.

Fresh Cod Tongues.

Kipperd Herring, Fresh Eggs, Sinclair's Fidelity Hams, P. E. L. Clams, 17c. can, "Ocean" Brand Salmon.

SARDINES, viz:— "Skipper" in Tomato, "Big Fish", "Gold Fish", "Gold Label".

Japanese Crab, 1 lb. tins, Anchovies in Oil and Brine.

SPECIALS. Symington's Pea Flour, 20c. can, Simon's Polishing Paste, 2c. 4c. 6c. Reg. 5, 3, 10c. sizes.

Milk Powder, 10c. can. Two teaspoonfuls will make a large glass of milk.

C. & B. Indian Mangoes, Reg. 45c. bottle for 30c. Imperial Quarts Lemon Juice Reg. 45c. for 35c. bottle.

Plasmon Powder, 20c. can. Norton's Mustard in bottles, 2c. each.

Edwards' Harlene for the Hair, No. 1 size, 50c. bottle No. 2 size, 75c. No. 3 size, \$1.20.

C. P. Eagan

DUCKWORTH STREET & QUEEN'S ROAD.