

## THE TORTURES OF RHEUMATISM

**Happily Stopped When He Began To Take "Fruit-a-lives"**

3 OTTAWA ST., HEIZ, P. Q.  
 "For a year, I suffered with Rheumatism, being forced to stay in bed for five months. I tried all kinds of medicine without relief and thought I would never be able to walk again. One day while lying in bed, I read about 'Fruit-a-lives' the great fruit medicine; and it seemed just what I needed, so I decided to try it. The first box helped me, and I took the tablets regularly until every trace of the Rheumatism left me."  
 LORENZO LEDUC.  
 50c. a box, 6 for \$2.50, trial size 25c.  
 At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

### Back from France

Many Wolfville friends of Mr. Gillmore will be interested in the following taken from a Boston paper:

Many relatives and friends of Mr. Robert S. Gillmore, of Jersey street, Back Bay, extended him a most cordial welcome home, when he arrived here from New York on Tuesday, Jan. 13th having sailed from France on the U. S. S. George Washington, which docked in New York harbor Monday, bringing over the last of the American soldiers and sailors, after fourteen months' continuous service as Secretary for the Y. M. C. A.

Mr. Gillmore, who has been stationed at Brest the greater part of the time, assisted in arranging the details necessary for the departure of over 1,000,000 members of the American Expeditionary Forces, and became very popular with his fellow countrymen and the French people, as the many messages of good will and souvenirs presented him testify. Previous to his departure from home he paid a brief visit to northern France, Germany and Belgium, and his vivid descriptions of conditions in those countries are intensely interesting and thrilling.

**DR. A. W. CHASE'S CATARRH POWDER 25c.**  
 Is sent direct to the diseased parts by the improved blower. Heals the ulcers, cleans the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever. 50c. a box; blower free. Accept no substitutes. All dealers or Edmanson, Bates & Co., Limited, Toronto.

It requires a whole lifetime in which to become wise, but a man can make a fool of himself in a minute.

### His Death Expected

**New Brunswick Man Saved**

Mr. Isidore Thomas, of Tilley's Road, Gloucester County, N.B., while expecting death, availed himself of help that was offered at random. Here is part of a letter he wrote to us:—

"I beg you to publish my letter, so that people may know what Gin Pills did for me. My case was very serious. I was so sick everybody expected my death any day. Finally, on advice from friends, I tried Gin Pills, and in a short time was well again, and soon had gained 20 pounds."

Kidney and bladder troubles, very often, work in secret ways. A bad condition may exist, with only a headache to indicate it. That is why the slightest pains in back or sides should be investigated. These pains, along with sciatic neuralgia, rheumatism, dizziness, constipation, lassitude, lumbago, highly-colored urine, headache, floating specks before the eyes, gravel, indicate kidney trouble. A course of Gin Pills, taken at once, will give relief, and prevent the progress of the disease, enabling the organs to right themselves and restore good health. Gin Pills are the sure, safe, quick remedy. Get a box from your druggist or dealer—50c. Money refunded if no relief found. Send for free sample.

The National Drug & Chemical Co. of Canada, Limited, Toronto, United States Address, Na-Dra-Co., Inc., 202 Main St., Buffalo, N.Y. 257

Mind's Linctum Cures Distemper.

### Old Home Summer

One of the principal objects of the OLD HOME summer movement is to give an incentive to every town of the Province to modernize its town, make it as progressive as possible, stimulate industrial growth, beautify its streets, parks, cemeteries and private grounds, and make it as attractive as possible in every way in order that a large number of the visitors coming to Nova Scotia in 1924 will find many features in the Old Home Town to induce them to remain, or at the very least, to come back the following year. At the same time these improvements will make the towns more attractive for those living in them. They will hold out greater inducements in order to keep the young people from going away, and they will stimulate a general industrial development.

North Sydney has been the first town to publicly move along a definite line with this object in view. Mr. A. C. Thompson of that town was nominated as one of the Executive to organize this great forward movement for Nova Scotia. Immediately on his return to North Sydney after the recent Provincial Conference, the Town Council held a meeting and Mr. Thompson succeeded in having that body pass a bill providing for the purchase of hundreds of trees, which are to be set out along the main thoroughfares of North Sydney next May, the month which was proposed at the Conference to be a great Arbor Month for the improvement of all towns in Nova Scotia. North Sydney will also engage a practical man to make a survey of the town in order that the work for the next three and four years will be along well defined lines of improvement and preparation for the Old Home Summer.

There is in this a splendid example to all the villages and towns of Nova Scotia.

The idea is to have a general Arbor Month during May of each year, the work that month to be carried on the following Autumn and every Autumn and Spring between them and the Summer of 1924, when the great forward movement will materialize.

A series of colds have been going around lately, and on every side we hear the sneeze that calls to our mind the old rhyme of the English of the North Country:—  
 Sneeze on a Monday, sneeze for danger,  
 Sneeze on a Tuesday, kiss a stranger.  
 Sneeze on a Wednesday, sneeze for a letter,  
 Sneeze on Thursday, you get something better.  
 Sneeze on a Friday, you sneeze for sorrow,  
 Sneeze on a Saturday, love comes on the morrow.  
 Sneeze on a Sunday, you'd best safety seek,  
 The devil will have you the rest of the week.

### CASTORIA

For Infants and Children

I Use For Over 30 Years

Always bears the Signature of *Chas. H. Fletcher*

To wind the great clock in the tower of the British House of Commons it formerly took two men working three afternoons a week. An electric motor now completes the task in twenty minutes.

Foreign Lady in a pharmacy: "I vant some powder." "Mannen's?" "No, vimmen's!" "Scented?" "No, I will take it mit me."



## "I Wonder Would It Help Me?"

THIS question has been answered by many thousands of women who have found health and happiness in the use of Dr. Chase's Nerve Food.

Sleeplessness, irritability, nervousness, gloomy forebodings of the future, depression and discouragement—these are some of the symptoms which tell of exhausted nerves.

In order to avoid nervous prostration or some form of paralysis it is well to get the building up process established at once by use of Dr. Chase's Nerve Food.

50 cents a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.



The publisher of the best farmers' paper in the Maritime Provinces is writing to us stating:

"I would say that I do not know of a medicine that does more for me in time like MINARD'S LINCTUM. It has been an untiring remedy in our household ever since I can remember, and has outlived dozens of would-be competitors and imitators."

## COUNTER CHECK BOOKS....

When in need of a further supply leave your order with us. We have the agency for the two BEST MANUFACTURERS, and can furnish any style you may require.

"The Acadian"  
 WOLFVILLE

It is announced officially that the British have a new projectile which is capable of piercing any armor plate. This will act as a great stimulus to Americans to find a new armor plate capable of resisting any projectile. And so the merry competition between what is offensive and what is defensive goes on indefinitely.

**For Sale!**  
 Hay, Straw, Oats  
 Apply to  
**Supply Co., Ltd.**  
 Canning, N. S.

**Acadia DAIRY FARM**  
 Milk and Cream  
 Rush Orders a Specialty  
 Once a Customer always a Customer  
 PHONE 230  
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**J.F. HERBIN**  
 OPTOMETRIST  
**SHADOW TEST**  
 Hours: 9 to 12 a. m. 1 to 6 p. m.  
 Evenings by appointment.  
 Phone 83-13.

WOLFVILLE, N. S.

**BABY SLEIGHS!**  
 Big Roomy Sleights, handsomely finished in White Enamel, or in other colors. Some with hoods, some without.  
 Prices \$4.50 to \$17.00  
 RAIL SLEIGHS \$2.00, \$2.25  
 BOYS' SLEDS, with round runners, 50c., 68c., 90c., \$1.15  
 STEERING SLEIGHS, with flexible runners, \$2.00, \$2.25, \$2.75.

Write for our Big Catalogue. WE PAY FREIGHT on orders amounting to \$10.

**VERNON & CO.,**  
 Furniture and Carpets.  
 TRURO, N. S.

**FINE LINEN STATIONERY**  
 35 Cents per Box.  
**"THE ACADIAN" OFFICE**  
 WOLFVILLE.

### Professional Cards.

**DR. J. T. HOTCHKIS**  
**Veterinary Surgeon**  
 WEBSTER ST. KENTVILLE.  
 Phone 10

**M. R. ELLIOTT**  
 A. B., M. D. (Harvard)  
 Office at residence of late Dr. Bowles. Telephone No. 23.  
 Hours—8-10 a.m., 1-3, 7-9 p.m.

**COAL!**  
 HARD COAL  
 SOFT COAL  
 COKE  
 KINDLING  
**A. M. WHEATON**

**R. J. Whitten & CO.**  
**HALIFAX**  
 Receivers and Sellers of all kinds of Farm Produce.  
 Consignments Solicited.  
 Prompt Returns.

**AUTOMOBILES FOR SALE!**  
 Several second hand Autos. and Auto Trucks. All thoroughly overhauled and ready for the road.  
**T. E. HUTCHINSON**  
 WOLFVILLE

**FURNESS LINE**  
 Regular Sailings Between  
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 Every facility for  
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 Passenger Service  
 Halifax St. John's Liverpool  
 Apply to  
**Furness Withy & Co., Ltd.**  
 Halifax, N. S.  
 St. John, N. B. Sydney, N. S. Montreal

**NOTICE!**  
 We hereby give notice that J. W. Meisner, of Port Williams, has taken over the Milk Route held by us and will commence delivery February 1, 1920.  
 We thank our customers for the generous patronage extended to us in the past and solicit a continuance of the same for the new dealer.

**Acadia Dairy Farm**  
 E. C. JOHNSON

**NB Tonight Tomorrow Alright**  
 Get a 25c. Box.  
  
 Sold by A. V. Rand.

**Children Cry FOR FLETCHER'S CASTORIA**