

**WAR-TIME CHRISTMAS
FARE RECIPES**

Orange Fruit Cake—1 cup butter, 1 cup sugar, 1 egg, 1/2 cup marmalade, 2 cups flour, 1 teaspoon baking powder, 1 teaspoon soda, 1 teaspoon cinnamon, 1 teaspoon cloves, 1 cup chopped raisins, 1 cup chopped nut meats.
Cream the butter, add gradually one half of the sugar; beat the egg until light and add to it the other half of the sugar; combine the two mixtures, then add the marmalade. Sift together the flour, soda, baking powder, cinnamon and cloves and add to the mixture with the raisins and nuts. Bake in one loaf in a moderate oven.

Cracker Plum Pudding—1 cup flour, 1 cup suet, 1/2 cup powdered cracker, 1/2 cup molasses, 1/2 cup water, 1/2 cup brown sugar, 1/2 cup raisins, 1 cup currants, 1 egg. A pinch of salt, spice to taste and a small quantity of orange peel and nut meats. Mix all the ingredients thoroughly and steam for three hours.

Plain Plum Pudding—1 pound bread crumbs, 1 tablespoon flour, a pinch of salt, 1 heaping teaspoon baking powder, 1/2 lb. brown sugar, 1/2 lb. suet chopped fine, 1 lb. raisins chopped, 1 lb. currants, 2 oz. candied peel, 1/2 teaspoon mixed spice.
A small amount of milk is used to

slightly moisten the mixture, care must be taken not to use any more milk than is necessary or the pudding will be heavy. Boil for four hours previous to the day when it is required for use. Two hours boiling will be sufficient on the day when the pudding is required.

Lemon Mincemeat—4 lemons, 4 large apples, 1 lb. currants, 1/2 cup sugar, 1/2 cup nuts, 1/2 cup raisins, 1 teaspoon each of cinnamon, ginger, nutmeg, allspice, cloves and salt, 1/2 cup butter or suet.
Squeeze the juice from the lemons and cook the peel until soft, changing the water twice, then put the peel through the meat chopper and afterwards rub it through a sieve. Chop the apples fine and add the lemon juice and peel and the other ingredients. Mix well and store in air-tight sealers.

Caramel Pudding Sauce—Stir half a cup of sugar in a pan over the fire until it is thoroughly melted and a light brown in color. Add half a cup of boiling water and let it simmer for ten minutes. Flavor with a few drops of extract of lemon.

Molasses Pudding Sauce—1/2 cup brown sugar, 1/2 cup molasses, 1/2 cup butter, 1/2 cup flour, 1/2 the juice and grated rind of a lemon, 1/2 of a nutmeg grated, 1/2 teaspoon cinnamon, 1/2 teaspoon boiling water.
Stir all the ingredients together, adding the water last. Put into a saucepan and let boil until clear, stirring constantly.

Mock Mince Meat—4 crackers rolled,

2 eggs, 1/2 cup chopped raisins, 1 cup currants, 1/2 cup vinegar, 1 cup hot water, 1 cup butter, 1 cup sugar, 1 cup molasses, 1 teaspoon each of all kinds of spice and one of salt.
Mix all the ingredients thoroughly. This makes sufficient for three large pies.

Lemon Pie without Eggs—The juice and grated rind of two lemons, 4 powdered crackers, 2 cups water, 1/2 cup sugar. This mixture is sufficient to make two pies.

Potato Stuffing for Poultry—2 chopped onions, 2 cups mashed potatoes, 1 cup bread crumbs, salt, pepper and powdered sage to taste.

Chestnut Stuffing for Poultry—1 pint fine bread crumbs, 1 pint shelled and boiled French Chestnuts, chopped fine; 1 cup melted butter or dripping, salt, pepper and chopped parsley to season.
As a substitute for the chestnuts very finely chopped celery gives a very good flavor.

WOMEN CANADIAN CLUB

Paul's Hall was filled to the limit of its capacity on Tuesday evening Dec. 4, when the Women's Canadian Club and townpeople were addressed by Rev. Capt. Kuhring, St. John. During the evening the Club choir sang "O, Canada," "Good Luck to the Boys of the Allies," "The Battle Cry of Liberty," and "Heroes of the Flag." In commencing his speech Capt. Kuhring said that St. Andrews always reminded him of the 6th Mounted Rifles, with which he had pleasant memories of Capt. Everett, Lieut. Grimmer and Sgt. Grimmer. He also had been associated with Capt. Vernon Lamb, who was considered one of the most experienced and best surgeons to look after cases. Capt. Lamb was never happy without lots of work. He was always in the best of spirits and never spared trouble or expense. He then spoke of his work in Lemnos in such historic surroundings. Returning from a trip to Alexandria he was conducting a service on board ship and as he gave out his text, "The Sea shall give up its dead," there appeared the island of Patmos, where St. John saw the Revelation. It was a wonderful thrill.

The Red Cross were doing a great work here. At Christmas time the agents of the Red Cross asked how many men were in the hospital and on Christmas day each patient received a little cotton bag containing a toothbrush, soap, wash rag, pencil, cards, and writing paper. How they were appreciated! These were from the British Red Cross. The Canadian Red Cross was not there, as there were no Canadian troops. The Red Cross Stores were huge tents packed to the ceilings with chocolates, sardines, biscuits etc. The supplies were very carefully handled so that nothing was wasted. The condition of affairs was serious. For three months the food consisted of bully beef and hard tack. The bread was sour it was not fit to eat. Capt. Kuhring then paid a high tribute to two nurses, Miss Munroe and Miss Dugger, who died from dysentery. Their funeral was simple but impressive. The orderlies in the hospitals were worthy of mention. They were always gentle, cheerful and tender. When the frost came the men got trench feet, and the orderlies would carry them on their backs. In the hospitals nothing was left undone. Every doctor had the right to order anything in the world for his patients. Many men on a canned chicken diet. The hospitals are divided into different classes: the dressing station, the Casualty Clearing where the men are sorted, the hospital trains with every convenience, the General or Stationary Hospital, Convalescent home and Vocational training. In this connection he mentioned the wonderful work done with returned soldiers. The old idea was when a man was wounded he was good for nothing. Now they are trained to be a useful asset to their country. This is the brightest thing in the war that instead of being defects they bring back their manhood with them. At the hospitals there are all comforts; hot and cold baths—those who cannot take them themselves are laid on a rubber blanket and bathed by an orderly—pyjamas and a bed with sheets. The men get such comfort out of little things. The men are always thinking of home, it is their sheet anchor. They don't remember quarrels and bickerings, home is the brightest spot on earth. They want to get back to Canada, God's country. They think of home and mother, but Dad comes in for his share. This war has made the sons feel one with their fathers. The boys don't need pity, they have an inspiration that quiet and home could never give them. After the baptism of fire at Courcellette, the French Canadians of the 22nd were men. The sense of duty is a wonderful uplifting power. Capt. Kuhring firmly believed in the Angels of Mons. Angels become visible in times of crisis, national or otherwise. There is no other explanation why the Germans did not break through the British lines and get to Mons. On the retreat a British Colonel, Major, and Lieutenant, for twenty minutes saw a great host of cavalry riding alongside. A lady in England received letters from three persons who said they saw angels at Mons. German prisoners asked who was the leader in shining armor at whom they had fired but could not hit. The Germans' huge cavalry was advancing nothing could stop them, when their horses turned back themselves. The reason why so few men till about it is because there are not many left.

There is no spot more awful than the Ypres salient. It was pounded on three sides by German guns with unlimited ammunition, while the British had just a few rounds each day. They did not withdraw because Ypres was the gateway of Calais. If the Germans had taken Calais they could have put shots across into Dover. If they had Calais they could have gone to Bologne and Havre. At first the British held the Ypres salient, and then the place of honor was given to the Canadians. They have held it ever since. It was at Ypres the Germans first used gas. There will be a day of reckoning for them. God must give Victory to the Allies for that one thing alone. It could not be given to such men.

Voluntary enlistment is now at an end. It was a success, for a large proportion were willing to go; but now more drastic measures are necessary. There must be conscription.

Things are not left to chance. Mathematics is the only science that is not left to chance.

Mathematics have worked out the distance a gun can shoot, and so accurate are their calculations that the infantry can go within twenty paces of where the fire is.

The cost of the war is heavy. There is the anxiety of those at home, the horrors of those at the front, the sufferings of the men who come back. Life is not measured by years but by accomplishment. The cost in money is a million dollars a day. Look at Belgium and Serbia. Austria and Bulgaria have treated Serbia just as badly as Germany has Belgium.

There is another side, the rewards that have come. There is not so much time wasted in card playing, etc. Knitting has taken the place. There is the Red Cross work and all its phases. It has brought riches to women's lives, to the childless especially. The boys are richer for going to the call of duty. They have woven in their characters that duty comes first. Another thing the church is delivered from the dissecting lines of German influence and things along British lines. Look at the map! If Turkey hadn't come in, Egypt would still be paying taxes. Egypt is not under a single Turkish power but wholly under British rule. There was a big problem in China. The Germans had the chance of unlimited supplies of gold and silver and a wonderful chance for trade. They have been sent out of China. In Africa, Germany held great possessions, word has come that the Germans have been driven out of German East Africa. The Russian situation is not so serious as some think, for it was expected for over a year. At the present time there is a very small portion of northern France in the hands of the enemy. At last the United States entered. It was a thing to be glad about that the war was not over until they came in. They needed what Canada had gone through to make them all they should be. Their moral natures are now awake.

The Canadians are not getting the hard end of things. They were not at Gallipoli. Our sufferings are nothing compared to theirs. The British praise the colonies, but are silent about themselves. It is

their duty. They may grow discouraged but there is no thought of giving up. The effects of the destruction of forests and roads will last for ages. The country is a sea of mud. The boys are caked with it but they are as cheery as if at home on a Brussels carpet. Water is brought up to them by motors. Food is cheaper than at home.

Add to the desolation of France the awfulness of Germany. Germany must be put where she cannot rise again or next generation will have to go through what this has done.

Capt. Kuhring then spoke of the coming election. Although during his ministry he had never touched on politics, he felt that now he could not keep silent. Every man and woman to-day must realize we are at a crisis. As long as there is a man in Canada who can carry a rifle, it is fair that a man should be wounded and as soon as he is well sent back to the trenches again and again? The moral effect on Germany would be great if every man at the front. See that west and behind the boys who have gone out!

**Unavoidably held over from last week.

FOOD CONTROL

The committee which Dr. Kierstead organized to take charge of the Food Control campaign in town has been doing some good work. Through its agents it has obtained the signed pledge-cards of two hundred and twenty-four households. Other cards are prominently displayed in the windows of all these households and bear these words: "To win the war, this household is pledged to carry out conscientiously the advice and directions of the Food Controller." The advice and directions consist mainly of avoiding waste and using as little wheat, beef and bacon as can possibly be managed. Sixty households also signed cards to the effect that they would purchase claims at stated times in order to save meat.

THE FOOD CONTROLLER SAYS

Until new ships, which are now under construction, become available as cargo carriers, the Allies must depend upon the North American continent for wheat and flour. Europe must import not less than 450,000 bushels of wheat, or the equivalent in flour, before the next harvest.

United States to-day has not one bushel more than would be required for normal consumption in that country, and Canada has only a surplus of 110,000,000 bushels.

There is wheat in Argentina, in Australia, in New Zealand, but without more shipping it cannot be moved. North America must supply almost the entire wheat needs of the Allies for the next three or four months. The Allied nations in Europe had completely exhausted all accessible reserves when the 1917 crop became available. Unfortunately the new harvest of France was less than half the production of a normal year before the war. The Italian crop was also much below the average. Both these countries have required larger amounts of foodstuffs from this continent than was anticipated, and their needs will continue.

The geographical position of Canada and the United States in relation to the Allies makes imperative that this continent should provide the food which must be forthcoming during the next few months. Let us then clearly understand the situation. The essentials are:

1. The Allies must be fed.
2. They have in their own countries only a fraction of the food required for their own people.
3. Until the shipping shortage is relieved, several months hence, the Allies must depend upon Canada and the United States to make up for their deficiency of essential food supplies, including wheat.
4. Canada and the United States can only spare the needed supplies by reducing their own consumption by at least 20 per cent.
5. If Canada and the United States should fail to make up the Allies' deficiency of food, the soldiers would have to go short and the whole Allied cause might be endangered.
6. Individual effort, individual saving of individual spoonsful of flour, individual economy in the use of bread and flour and individual substitution of other cereals for wheat alone can save the situation and give to the men at the front the support which they must have.

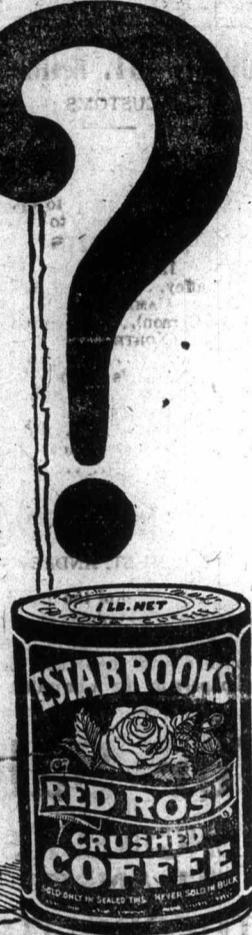
What is Crushed Coffee?

Briefly, Crushed Coffee is coffee that has had the beans crushed between steel rollers with just enough pressure exerted to break the beans into clean, even grains from which the bitter chaff and dust are easily separated by air suction—Resulting in a coffee so pure that no egg is needed to settle it. Red Rose Coffee is as easy to make as Red Rose Tea, and its flavor, aroma and smoothness are a delight as compared with the ordinary ground coffees.

Sold only in double-sealed air-tight cans to keep it good.

The same price as it was three years ago.

Red Rose Coffee



New Brunswick Boys Thrilled the World

For weeks and weeks that seemed like years and years they trained in the mud of England, marched through the slime, and slept under blankets that never were dry and they did not murmur.

For weeks and weeks that seemed like years and years they lived in the trenches of France, stood in mud and water up to their waists, and waited. Yet they did not murmur.

And then their chance came. Over the top they went with a yell—those boys from the towns and farms of this Province—smashed their way through the picked troops of Germany and for all time coupled the names of Courcellette, Vimy Ridge, and Passchendaele with that of New Brunswick.

Show You Are Worthy The Name They Won

That feat thrilled the world. The fighting Twenty-Sixth won a name and fame second to none in the whole British Army. That name is now the proud heritage of the people at home. Show you are worthy of it. Place that name and those boys above party strife. Unite to maintain the New Brunswick units at the front and the name they have fought and bled to win.

Vote for Union Candidates

Vote for the Union Government Candidates because they are pledged to support your lads at the front. It is no longer a case of Liberal or Conservative, but you must choose between Union Government and supporting your own at the front or Laurier and the repeal of the Military Service Act.

"Election means just one thing—you are either going to send men to back up the Canadians, or you are not."

Hon. F. B. Carvell

The men are always thinking of home, it is their sheet anchor. They don't remember quarrels and bickerings, home is the brightest spot on earth. They want to get back to Canada, God's country. They think of home and mother, but Dad comes in for his share. This war has made the sons feel one with their fathers. The boys don't need pity, they have an inspiration that quiet and home could never give them. After the baptism of fire at Courcellette, the French Canadians of the 22nd were men. The sense of duty is a wonderful uplifting power. Capt. Kuhring firmly believed in the Angels of Mons. Angels become visible in times of crisis, national or otherwise. There is no other explanation why the Germans did not break through the British lines and get to Mons. On the retreat a British Colonel, Major, and Lieutenant, for twenty minutes saw a great host of cavalry riding alongside. A lady in England received letters from three persons who said they saw angels at Mons. German prisoners asked who was the leader in shining armor at whom they had fired but could not hit. The Germans' huge cavalry was advancing nothing could stop them, when their horses turned back themselves. The reason why so few men till about it is because there are not many left.

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Money invested in STORM WINDOWS brings handsome returns to-day. It is a well proven fact that the judicious use of them will save fuel and increase comfort and health.

With the necessity of conserving your coal so it will last as long as possible, and that you may not be inconvenienced the latter part of the year, should there be a shortage, together with the unusual economy made possible by saving fuel now, you should seek the additional protection of STORM WINDOWS and STORM DOORS this year, if you have never done so before.

Orders for stock sizes filled promptly. Special sizes made to order.

HALEY & SON
ST. STEPHEN, NEW BRUNSWICK



Dear Mary:—

I've just finished "putting down" my new linoleums and mattings. How neat and clean my kitchen looks! How cool my bedrooms are and how easy to sweep and keep tidy!

My "girl" just sings as she works. She was getting cross before. I don't blame her. I ought to have been considerate of her surroundings as well as my own.

When you come over and see how refreshed my whole home is since I've fixed the floors, you too will get some new linoleum and matting.

Come over—HELEN.

P.S. You get yours where I got mine—from

BUCHANAN & CO.
Water Street St. Stephen.