

or picked up with the hand, except in the case provided for by Rule 7; but a ball coming in the air may be blocked or patted away with the hand to protect the face or body; otherwise it must not be touched.

7. Should the ball lodge in any place inaccessible to the crosse, it may be taken out by the hand and immediately placed on the crosse.

8. *Striking and Kicking the Ball.*

The ball shall not be hit while on the ground, or kicked.

9. *Spiked Soles.*

No player shall wear spiked soles.

10. *Obtaining a Goal.*

A goal is obtained when the ball is caused to pass between the goal-posts and under the bar or tape, in any manner whatever by one of the defending side, or