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He spoke as unconcernedly of the trip cameras, so all I got was a small boy we had white fish for dinner. Right as you would speak of going to town, and girl. The lassie thought it good fun good it was, too.

The whole trip down we had fine pangs of hunger but just overwhelming weakness. This was borne out by another man who on this very lake had come as near to starvation as one could and remain alive. His experience had come during the terrible spring of 1907, when the ice remained in the upper lake until after the middle of June. Then he was doing missionary work among humans. This year he is doing missionary work among trees He is one of a party that Mr. Knechtel, of the Dominion Department of Forestry, was taking up to survey and map out some of the timber areas of the district north of the lake, with a view to their better protection and preservation. You could not listen to Mr. Knechtel for long without getting some impression of the importance of the work he and his small staff are trying to accomplish for the lasting benefit of the Dominion. As much of this work can only be done in winter the party will not come out again until next spring.

The fishing season was almost over, so the ship was only running on an "approximate" time-table, which meant that it didn't matter a great deal where she went or how long she stopped in any particular place. The first stop was at Hecla, an Icelandic settlement on an island south of the Narrows. It One who never turned his back, but is the home of our stewardess, and no one minded waiting a little while for Never doubted clouds would break breakfast while she renewed home ties through the dining room window. Gull ideal place for camping, of which some wise ones have already taken advantage.

—Robert Browning.

There is a long, crescent-shaped, sandy beach, and a grassy shore with enough their God is not ashamed to be called state in the way of his success; and we are God's athletes, bound was saved from destruction, for "God for the sake of our glorious ambitation to "keep under their God"—what kind of men are their evil way; and God repented of the bring it into subjection." It was the prettiest inhabited place we these who are men after God's own evil that He had said that He would saw. Little Bull Head consisted of one heart? If you read that grand roll of do unto them; and He did it not." house on a high bank and a wood-pile.

she "wobbled" mightily and erratically. of the bunk, then suddenly you'd roll be taken as an example. He might life of selfish ease may beckon enticingly, ness, no opportunity of growing from side to side and end up with a have ruled in Egypt, but he chose to but they are inspired by the life of God within them to choose the highest, and But we all turned out to explore when downtrodden brethren. "And what struggle towards a city of heavenly per-Warren's Landing was reached. The shall I more say? for the time would fection, even though "going up to the laboration of the laboration of the laboration of accepting crucifixion of agony."

In opportunity to return to a a victory over cowardice and seinsquing if for self-in the continuous and patient within them to choose the highest, and within them to choose the highest, and downtrodden brethren. "And what struggle towards a city of heavenly per-God if He never called us to endure pain or trial, but allowed us to grow soft the laboration of the laboration of the laboration of agony."

In opportunity to return to a victory over cowardice and seinsquing in the continuous through endurance and patient within them to choose the highest, and downtrodden brethren. "And what struggle towards a city of heavenly per-God if He never called us to endure pain or trial, but allowed us to grow soft the laboration of the laboratio boat navigation on the lake. It is just who "were tortured, not accepting crucifixion of agony." at the head of the Nelson river and it just needs a slight stretch of the imagination to see along its great length right out to Hudson Bay. We didn't find out who Warren was, but he didn't choose his landing place for its beauty—just a sand-point with a few scrubby trees to partly shelter the huse and tents of the Indians who do the fishing. The warehouse, store, bunk and cook houses were right out in the sand on the open point. But everything was beautifully clean, and that covers a multitude of defects in situation. And nothing could take from the glory of the sunset and the moonrise that night.

Here we said good-bye to the various parties to whom Warren's Landing seemed only the front doorstep into the wild. They packed their goods into the little launch or the canoes that were to take them as far as Norway House that night, followed by the good wishes of us, who had reluctantly to turn back toward bricks and business. We were the better for meeting these "doing" folk, even if we were as "ships that pass in the night and speak one another in passing." The cheer of the friendly

hail does not die readily. It is beautiful. The fishing boats be- and women of whom God is not ashamed. longing to that station were just beating

rate the actual suffering involved cause, while we sailed over a lake full After the first day or two there are no of white fish and carried a few tons of

and would not be back till September. Indians are proverbially dubious about it in the hold, that was the one day

The whole trip down we had fine the Nelson as I know Portage Avenue. raphers round in hope of having herself weather—smooth seas and blue skies—The surveyor added this to our stock of transferred to the film. She even and it was with regret we saw Selkirk knowledge in relating an experience of changed from a blue dress to a starched his own in the wilds, that the stories white one to add to her charms. This you read of deaths by starvation over-day at Sandy Island was notable has

DAME DURDEN.



THEY MIGHT HAVE RETURNED

If they had been mindful of that country from whence they came out, they might have had opportunity to have returned. But now they desire a better country, that is, an heavenly : wherefore God is not ashamed to be called their God: for He hath prepared for them a city.—Heb. xi.: 15, 16.

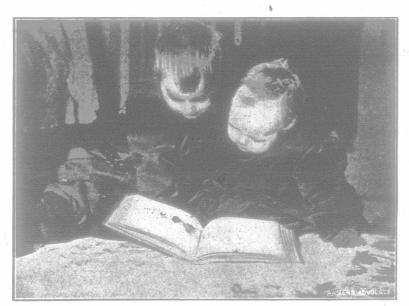
marched breast forward, Never dreamed, though right were

worsted, wrong would triumph, Harbor, a little further north, is an Held we fall to rise, are baffled to fight better, sleep to wake.

—Robert Browning.

heroes in the eleventh chapter of

nothing to gain and everything to lose-



THE PURSUIT OF LITERATURE

The cheer of the friendly deliverance." The records of history are full of the daring deeds of men and Coming back we stopped at just one women who might have returned new place—Sandy Island, and Sandy to a life of easy comfort, but who de-Island will stay with us for a long while. liberately chose the hard path—men

And yet human nature naturally home with the morning's catch and shrinks from pain, and the desire to be everybody was busy. It took a couple happy is a very strong instinct in everyof hours to get the fish landed, so we body. A man who grumbles about a went exploring and took "snapshots." little discomfort—as Jonah did—may

Someone has written

What better would'st thou have when all is done

If any now were bidden rise and come, To either, could he pause to choose between

The rose-warm kisses of a waiting bride In a shut silken chamber, and the

As we think of the great multitude which no man can number, a multitude of men and women who loved present happiness as dearly as we do, and yet laid it down triumphantly when the call you read of deaths by starvation over- day at Sandy Island was notable, be- you've enjoyed the trip with us. of duty required the sacrifice, we can only pray to have strength given us to follow in the train of those of whom God is not ashamed. He does not call us to the life of an ascetic. There is no virtue in suffering unless the suffering lies in the path of duty. And yet a little hardness, deliberately chosen for the sake of strengthening the spiritual muscles of the athlete of God, is certainly far less enervating than a life of continuous luxury. It was not good for the rich man to be clothed in purple and fine linen, and fare sumptuously "every day." Plain living is a distinct halo Plain living is a distinct help to high thinking, as well as one way of keeping the body in good condition to do God's work effectively. It is often dangerous to indulge unrestrainedly in earthly pleasures—even those which are most innocent-because they are apt to make one forget the ambition to seek a better country. God's servants have no business to yield up face scorn and insult, danger and a woman "can't do without" her death, without any earthly afternoon cup of tea, or a man is "as bribe whatever—as Jonah did when cross as a bear unless he gets his usual he daringly proclaimed God's wrath smoke," it is time to throw off the against the people of Nineveh. He had chain of such a slavery. I remember crossing the ocean, more than twenty from an earthly point of view—by obeying the command of God: "Arise, because two young women on board
go into Nineveh, that great city, and
preach unto it the preaching that I bid when their supply of candy gave out. We are so apt to talk of his run- They were like a hard drinker, without ning away in fear, that we almost for- any chance of getting his usual glassget how he afterwards preached so force-fully that the king of Nineveh arose very idea is humiliating. Why even an from his throne, laid off his royal robes and covered himself with sackcloth and say "No" to innocent bodily creatings ashes. We forget that through Jonah's when they stand in the way of his suc-

Of the bared limbs bound fast for

martyrdom.

When God gives us something to do that is neither easy nor pleasant, let us Certainly, Jonah did not always show thank Him for the call as a young sol-We stopped there for negotiations with Hebrews, you will find that they were the hero-side of his character—does any dier would thank his general if he were the wood-pile.

Hebrews, you will find that they were the hero-side of his character—does any dier would thank his general if he were the wood-pile.

Christ is the only Man who picked out for a difficult and dangerous From there to the head of the lake fied with their achievements—but pre- never turned his back when duty called adventure. The soldier, if he is made a lot of us were not taking much interest ferred progress to comfortable ease. him forward, but those who say to of good material, has no desire to return in the scenery. A fierce wind sprang If they had considered that a life Him: "Draw me, we will run after to the easy comfort of the camp-fire, up and as the cargo was extremely light, of smooth and pleasant luxury was thee!" are determined to rise when but rejoices at the opportunity of put-"Draw me, we will run after to the easy comfort of the camp-fire, satisfying, they had opportunity to re- they fall, to wake when they have care- ting his powers to a hard test. And we It wasn't monotonous, however, because turn, the way was open, there was no lessly slept on duty, to fight better when should be disappointed if God gave us for a moment your head and heels were compulsion but their own driving, they have been weakly borne down by nothing but easy living, no chance to win playing tatoos on the respective ends passionate, high ambition. Moses may the foe. The opportunity to return to a a victory over cowardice and selfishus thank Him-even though it may be with tears—for the hard bits of life.

> Listen to the stirring words of Ella Wheeler Wilcox:

"Thank God, there's still a vanguard Fighting for the right! Though the throng flock to rearward, Lifting, ashen-white. Flags of truce to sin and error, Clasping hands, mute with terror, Thank God, there's still a vanguard Fighting for the right!

"Through the wilderness advancing, Hewers of the way, Forward! far their spears are glanc-

Flashing back the day.
'Back!' the leaders cry, who fear

them; 'Back!' from all the army near them; They, with steady step advancing, Cleave their certain way.

" 'Slay them!' From each drop that falleth Springs a hero armed, Where the martyr's fire appalleth, Lo, they pass unharmed. Crushed beneath the wheel, op-

pression. Bold, their spirit holds possession, Loud the dross-purged voice outcalleth.

By the death-throes warned."

DORA FARNCOMB.