

ing any kind of trouble with. I knew I had plenty of that in my heart to prescribe out to help along with your case; so here you are not three weeks with us, a-mixing riz biscuits for Tom's supper and like to coax the heart outen both of us. I told him—Dearie me, somebody's calling at the front gate!"

(To be continued)

The Upward Look

Common Things Glorified

And the word was made flesh and dwelt among us . . . full of grace and truth.—John 1, 14.

Sometimes our daily duties seem commonplace and humble. As we see how much greater things others appear to be accomplishing we wonder why our lives should have been cast amidst conditions that give us so little opportunity to live up to the highest and best that is within us.

When such thoughts present themselves it is well for us to examine our lives carefully. Are we making the most of such opportunities as lie within our reach? If not, we may rest assured that we are not yet ready to undertake greater responsibilities.

Our whole life is a school. The little incidents of our daily life, the exacting round of daily tasks, the annoyances and discouragements that we constantly meet, are our books and tools. We can neglect them and thus fail to learn the lessons that they faint would teach. Or, we may look upon them as opportunities to grow in grace and strength of character and thus through the manner in which we deal with them we fit ourselves for the performance of the greater duties that will fall to our lot as soon as we prove ourselves capable of their performance.

The life of Christ affords us our great example. It is wonderful to think that at one time Christ was made flesh, that he emptied himself of many of his divine attributes and that he dwelt among us full of grace and truth. It is comforting to know that He suffered from the same physical limitations as we ourselves.

we are souls as we ourselves. We are weary (John 4: 6) that Jesus being weary of his journey sat on the well. Thus we know that Christ can sympathize with us when we are tired. We read (Matthew 8: 24) that during the tempest on the sea Jesus slept. When He was tired, therefore, He saw that Christ felt the need of sleep and rested. In Matthew 21: 18, it is related that in the morning as Jesus returned into the city He hungered. This shows that the Son of God felt the pang of hunger as did his fellow men. While suffering on the cross Christ said: "I thirst" (John 19: 28) and later He died. Thus we see that Christ was subject to just as we are. In addition to all this we know that He "was in all points tempted like as we are, yet without sin" (Hebrews 4: 15).

Christ had a purpose in all this. He desired to teach us for one thing that we must not despise little things. Christ could not have lived under more humble circumstances. His people were poor. He belonged to a despised people and he lived for most of his life in a small, country village. And yet, God was with Him and thus Christ was able to overcome his hu-

man weaknesses and to accomplish more in his short life than human mind can ever fully grasp. And God is with us. Are we asking Him in faith as Christ did repeatedly, for the help and strength that we need? If so we may rest assured that He will grant it.—I.H.N.

For Our Boys and Girls

On page 11 of this issue of *Farm and Dairy* will be found our premium offer of a pair of fine nickel-plated skates in return for a club of only two new subscribers to *Farm and Dairy*. Every boy and girl reader of this paper can have one of these pairs of skates with very little trouble. We will send sample copies free, and there is no reason why the boys and girls shall not have many good times skating during the coming winter. Send in your subscriptions with \$2.00 and we will send you the skates at once. Address, Circulation Manager, *Farm and Dairy*, Peterboro, Ont.

Our New Serial Story

In this issue we are beginning the publication of our new serial story, entitled, "The Road To Providence." This story is bound to please our readers, as did our preceding serial, "Miss Selina Lue." "The Road To Providence," is written by the same author as "Miss Selina Lue," and is one of the most charming stories we have been able to find for Farm and Dairy. We trust our readers will be interested in it, and renew their subscriptions at once, that they may not miss any installment of the new story.

Garbage Rest

I was recently shown by a housekeeper, who is most exacting in regard to the sanitary conditions of her home, an admirable arrangement for her garbage can, which kept it perfectly safe from the incursions of cats and dogs, and in itself was most simple in design. Against the wall of an outhouse was a small brick platform the bricks being merely placed in position, no mortar or sand being



used. This platform is twenty-seven inches square and two bricks high, and is flushed with the hose every morning. Once a week it is taken apart, the pavement beneath thoroughly scrubbed, and the platform built up again. Above this, screwed to the wall, so that the garbage can slide easily, is a two-inch band of galvanized tin (bought at the tin-smith's), bent to fit, holding the can firmly and safely.—C. B. M., Peterboro Co., Ont.

To Lengthen Dresses Easily

Make a wide hem in the skirt of your growing girl's wash dress, two inches deeper than necessary, then run an inch wide tuck in the hem on the wrong side. This plan is also useful when machine-hemstitching a hem at bottom of skirt.

I received my Bible from Farm and Dairy for securing three new subscribers at \$1.00 each, and I think a great deal of it. It was worth working for. I wish Farm and Dairy every success.—Stanley E. Canfield, Oxford Co. Ont.

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