

And if to-day my life  
Should ebb away,  
Give me Thy Sacrament Divine,  
Sweet Lord to-day.

So, for to-morrow and its needs  
I do not pray;  
But keep me, guide me, love me, Lord,  
Just for to-day.

---

*Prayer for one not yet a Communicant.*

O BLESSED JESUS, I long for the time when I may be permitted to draw near to Thy Altar, to receive the Holy Sacrament of Thy Body and Blood; and now I beseech Thee, by the nearness of Thy Presence and by the power of Thy Love, prepare my heart and cleanse my soul from whatever Thou findest in me, which makes me unfit to receive Thee. *Amen.*

---

O LORD, take Thou my heart, for I cannot give it Thee; and when Thou hast taken it keep it for I cannot keep it for Thee; and save me in spite of myself, for JESUS CHRIST'S sake. *Amen.*

---

*If you still have time to spare while others are receiving DO NOT LOOK ABOUT YOU, but remain on your knees and pray for others, or for any special grace you require, or for strength to overcome any special sin. On making any particular request, say:*

O ETERNAL FATHER! I come to this Holy Communion of Thy dear Son's Body and Blood, humbly beseeching Thee because of It, in It, and with It, to grant me (*Here name your request.*)