

HOUSEHOLD.

A Superior Sponge Cake.

Put three-quarters of a pound of granulated sugar in a clean saucepan; add one-half of a cupful of water, and boil slowly until the syrup hairs. Pour slowly over the well beaten yolks of seven eggs, and continue the beating until the mixture is cold and of the consistency of a drop batter and very light and spongy. Whip the whites of the eggs to a stiff, dry froth, and sift one-half of a pound of pastry flour twice. To the yolk mixture add the juice and grated rind of one lemon, and cut in lightly a portion of the whipped whites. Stir in carefully the flour, then add the remainder of the whites. Have ready a shallow pan lined with paper, pour in the batter, and bake in a moderate oven. If in a sheet two inches thick, it will be done in about twenty minutes; if in a loaf, from fifty minutes to an hour will be required.—'Morning Star.'

Selected Recipes.

Mashed Parsnips.—Pare the parsnips and boil them, first adding two or three white potatoes. Mash thoroughly, add butter, pepper, salt and two well-beaten eggs. Stand in the oven a few minutes to brown.

Peanut and Cheese Sandwiches.—Shell and skin sufficient fresh-roasted peanuts to make a small cupful when pounded or rolled. Sprinkle them lightly with salt, and mix them with enough cream cheese to hold them together. Spread this on squares of thin bread. These sandwiches are particularly nice served with lettuce salad.

About 'World Wide.'

'World Wide,' published at Montreal, comes to us filled with the cream of current newspaper literature. It deserves success.—The Daily Examiner, Charlotte-town, Feb. 27, 1901.

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Allow me this opportunity of expressing my high appreciation of the 'Witness,' which I read regularly. In my work I am much helped and encouraged by reading your clean and sane columns. You are free from the partisan craze, and the sectarian folly, and are most admirable in your zeal for the public good.
(REV.) MELVILLE A SHAVER.

Treadwell, Ont., March 9, 1901.
Messrs. John Dougall & Son, Montreal:
Gentlemen,—I think it right to let you know that my advertisement in your daily paper has proved very satisfactory. I am not acquainted with the details of newspaper publishing, so it is none of my business how or where your dividends arise, but I think it fortunate for our country that so much good reading and other privileges are within such easy reach.

Ever since I could read I have, except for short periods, been familiar with the 'Witness.' In my younger days, however, I took it like my porridge, for it was the only secular paper my father subscribed for, but during later years I have had occasion to compare your work with that of several other companies dealing in the same line, with the result that my attachment for the 'old' 'Witness' grows steadily. I am thankful, then, for whatever influence induced me to subscribe for your paper as soon as I had set up for myself.

'World Wide,' too, is very good, and gives me much pleasure. I trust that, like your other publications, it has more than philanthropy to back it, and we may well expect its finances to be sound. So I am, I think, justified in being a little proud to belong to a country where this sort of thing grows. If the climate of a country can be judged by what it can grow, the character of a people as a whole can well be measured by what they consume.

Canadians can, then, and should, for their own good (not to the disparagement of others), find much encouragement in the fact that while there is yet much vice among us, there is a very large part of our population in fine working shape, as indicated by their healthy appetites.

Wishing you much success in your enterprise, I am yours respectfully,
GORDON L. LAMB.

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