### Moving Pictures in the Desert.

Pictures instead of politics at the House of Commons, with a special seat reserved at each performance for the Prime Minister! That would cause

a sensation, wouldn't it?

Yet the national exchequer of the West African Republic of Liberia is swelled by letting out the House of Representatives as a twice-weekly movie. The admission price is thirty cents and the President of the Re

ublic has his own reserved chair.

Mr. Cherry Kearton, the well-known English explorer, has described an even more remarkable movie he cam across in the wilds of Uganda. It wa a private show owned and operated by the Kabaka, or ruling chief. Here, thousands of miles from civilization. Mr. Kearton was rendered fromesic

seeing a film of Piccadilly Circus! Another man, when journeying with a Greek caravan from Smyrna to Bag dad, witnessed a picture-show in the desert. Acetylene gas provided the projecting power, camel bells the orchestra, sand the seats, and the sky

Moving pictures in Royal palaces public schools, battleships, and liners are no longer unique. But a pictureordinary. The first takes place of casionally at the Church of the Hôfy Redeemer, in New York, and the second at the State Penitentiary, Stillwater, Minneapolis, Operator and orchestra are furnished by the prisoners, and all those of good behavior are

The world's smallest public picture theatre can accommodate seventy people, and is situated on the side of a mountain in Colorado, at a place called Vanadium. The films are thrown off on the mountainside each week as the train passes through. To return them it is necessary to carry them on horseback to a distant town.

### The Doubter.

When the rivers choose to run upbill, When the sup sets in the east

When an automobile, minus gas, Will still keep up its speed Why then the man who doubts he can Will be likely to succeed.

So long as the rivers seek the sea And the flowers turn to the light and

yearn : For the sun's inspiring glow: So long as the valiant heart holds true.

Though a hundred foes assail.

And fights on still, shall the man of

Be the one who cannot fall.

The man who "won't" is the man who It's the man who "can't" who Ask for Minard's and take no other.

He's the doubter who, when chance

says "Do!" To his faltering self says "Don't!"

If pushing a buttten would win his

Still bare would be his shelf,
For he'd question fate the while he'd

For the bottom to push itself.

### Lack of Sleep Only Few Days is Fatal.

may be able to do without for for weeks and weeks, but if you are deprived of sleep for only a few days will die, says Dr. Anna Lipinski who has been lecturing before French medical societies on the value of slumber in therapeutics.

Lipinski herself has gone three weeks without eating, although she managed to keep her strength at a fairly normal scale by frequent drinks She is continuing her experiments in a laboratory on the outskirts of Paris, despite the fact that she lost her sight several years before the war, and has given a mass of evireform the treatment neurasthenic and digestive maladies.

## Sounded Like It.

Little Effie (who had stroked the kitten until it had begun to purr)—
"Maudie, do you hear that?"
Elder Sister—"Hear what, Effie?"
Effie (excitedly)—"Kittle! I do helieve she's boiling."

John D's Income, John D. Rockefeller has a total year

ly income of from \$43,000,000 to \$45,-

Buy Canadian products.

Think over the acts of your life carefully before you ask for exact

It is estimated that American wo-men spend about \$500,000,000 on hats each year.

A French statistician concludes that at the age of fifty a man has slept 6,000 days, worked 6,500, walked 800, amused himself 4,000, spent 1,500 eat-ing, and been ill only about 500 days or about 3 per cent. of the time.

Have you ever tried baking fruit in the oven, instead of stewing it in a saucepan? The full flavor of the fruit is kept in this way. Place in a pie-dish with the required water and sugar, cloves, etc., and put an old dinner plate over the top. Then bake until the fruit is tender.

# Advertising is News

Without advertisements, this paper would not be as interest-Ing to you, because the information about goods for sale in the stores is news-just that.

Many people read newspapers as much for their advertising columns as they do for other

This is particularly true at this

Stores are now advertising Spring Wearing Apparel and a host of things that are bought for household use incident to spring cleaning.

Think of the money that will be spent by women for spring clothing. The new frocks, hats, shoes, lingerle, corsets, gloves, bought.

The same is true of men's buying. Think of the suits, light top coats, hats, shirts, collars, tles, gloves, socks, shoes-the sporting goods and the inciden-tal wearing apparel bought for golf, tennis, and so on.

Think of the new things that will be bought for spring clean-ing and home convenience at this time. The vacuum cleaners, carpet sweepers, brooms, gas and electric heaters ranges, washing machines, paints, varnishes, floor wax. cleansing fluids, curtains, up-holstery, garden and porch furniture, lawn mowers, garden tools, etc.

Think of the lighter foods com-ing into use. Coreals, fruits,

All these new demands are incident to the changing season, and they all are Trade Stimula-

People feel livelier at this time and consequently loosen up their purse strings.

The opportunity for local merchants to get over effective Lo-cal Advertising News at this time is so evident that it needs no emphasis.

Miss Oldgirl (who writes)-"I am thinking of writing a love story founded on my own experience."

Variation—Spensor. Racial Origin—English

Source-A title of office.

Thus the keeper of the "family"

Surnames and Their Origin

The answer, of course, is that in

more family names than the big depend upon it I will advise other suf- chisel shaped like a hammer largely independent and owing vaslargely independent and owing vas-salage to counts and kings only as a for this is, in the first place, that the people flocked from the small communities, where there was not so purse was in reality the "secretary of the treasury," and the head of the household kitchen was the commis-only such need, but where the menthe treasury, and household kitchen was the commission of the Normans, was the officer responsible for the feudal custom of the Normans, was the officer responsibility in days when sleges were laid, often not to be lifted for months or even years.

The "despenser" or despencer," under the feudal custom of the Normans, was the officer responsibility in days when sleges were laid, often not to be lifted for months or even years.

A creative propose of differentiation quite accurate to the big commandative propose of differentiation quite accurate. The reporter from the local paper called at the home of the bride's parents the day after the wedding. The bride's mother met him at the door.

"Good morning, Mrs. Brown," said the journalist. "I have called to get some details of the wedding."

"Good morning, Mrs. Brown," said the journalist. "I have called to get some details of the wedding."

"Authorities differ as to the origin of Authorities differ as to the origin of Payarly, which is the matron in dismay, "They're all will come to our door. The mere hostrils in the selection of proper food.

The reporter from the local paper called at the home of the bride's parents the day after the wedding, arrangements for the future.

"Good morning, Mrs. Brown," said the journalist. "I have called to get some details of the wedding."

"Oh, pshaw! that's too fad!" replied the matron in dismay, "They're all will come to our door. The mere mostrils in the selection of proper food.

This title, however, when coupled with the word "le" (the), as of course it was soon became too clumps even for the Norman tongue, with the result that it did not take many generations of the place and or field. It is more probsuit that it did not take many genera-tions before the more common form of the word was "spencer" or "spen-had been named by the Anglo-Savons ser." There were many, many castles as "Veverlac," or beaver-lake

You Always Get full food value for your money when you eat

Each golden granule of this attractive wheat and malted barley food is rich in nutriment for body and brain. Serve Grape-Nuts direct from the air-tight packet for breakfast or hunch.

Crisp-Delicious-No Waste "There's a Reason" for Grape=Nuts

We Have Too Many Brains.

There were instances in which indi-ridual fighting men lost as much as a eacupful of brain substance without matement of their mental faculties.

impairment of their mental faculties. Extraordinary!

The reason is not easy of explanation. Buf apparently nature provides us with more brain material than we need to think with, and we can spare quite a bit of it without serious consequences. quences, unless some essential struc-ture be entirely destroyed.

One thing the brain will not endure is compression. It childhood the skull may be squeezed all quit of shape without harmful results. The Flathead Indians do that, and so do abordiginal peoples in other parts of the world. But even a clot of blood, due to cause paralysis, and local pressure of a bone may render a person insane.

WOULD NOT BE WITHOUT

BABYS OWN TABLETS

Mrs. W. Beesley, Mille Roche, Ont., wires: "I have used Baby's Own Tablets for the past eight months and would not be without them. I used the state of a restand and easier to sit than to stand—and easier to lie down than to sit."

The prevalence of that philosophy means that the people of that land are imperfectly civilized. They are in a state of arrested development. They are scratching flea-bites or sleeping in the shade or imbibling strong waters when they ought to be planting, digging wells, making roads and building houses.

A Swiss who visited these people stad: "What they need is a winter."

Thoreau observed: "A man sits as many risks as he runs."

Whole nations, like individual men, may close their eyes and let a great chance go by. Sometimes it, goes by with a loud noise; sometimes it, goes by with a loud noise; sometimes it goes with the council for the matter of whele of his income is a comparatively limited one—far smaller than most people matter of expenditure of the matter of ex

Tablets are a mild but thorough laxa
cs in sience. But it does not each.

In any successful business the man who is put in a place of command, is the man who is put in a place of command, is the man who is receive no money whatever from the sees and seizes chances.

He reaches out and grabs them. Or mothers. What Mrs. Beesley says thousands of other mothers say. The tablets are a mild but thorough laxa
Tablets are a mild but thorough laxa
cs in sience. But it does not each.

In any successful business the man who is put in a place of command, is the man who is put in a place of command, is the man who sees and seizes chances.

He reaches out and grabs them. Or their respective incomes.

Owing to the way in which King George invested the income from the Gorge invested the income from the buchy of Cornwall during the Prince's minority he enjoys a comfortable in
and was called. Tablets are a mild but thorough laxa-tive which regulate the bowels and sweeten the stomach, thus driving out onstination and indigestion and making teething easy. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## Bird Invented First Incubator.

The first and original incubator ems to have been the clever invenseems to have been the clear have it in of an Anstralian bird of large size called the "brush turkey," it saves the fowl a great deal of time and trouble

The hen turkey lays her "clutch" of eggs in a neat circle, and then she nd her mate scratch together a big pile of leaves and other forest trash to cover them. Decomposition of this vegetable material produces chereby the eggs are kept at proper emperature for incubation. From time to time the male bird

yes the heap a scratching over, as if make sure that the temperature de-He does not permit the newly hatched young ones to emerge, however, until they are fully fledged and able to take care of themselves. Then he helps them to get out.

Credit won by lying is quick in

# Amateurs AttentionL

Introductory Offer good for FILMS FINISHED BY MAIL Any Size Roll and One Print

from each negative for 25 CENTS PER ROLL Expert attention, and 24-hour Service.

ALEX. J. McLEAN 135 SPADINA AVE.

TORONTO

The Prince's Income.

There is a proverb, in a land where it is always summer, that says: "It is easier to sit than to stand—and easier Surprise was expressed in some

Theres is no more uplifting habit than that of bear-ing a hopeful attitude, of

believing that things

going to turn out well and

not ill; that we are going

to succeed and not fail:

or may not happen, we are

going to be happy.

shoot-somebody else will bag the minority he ame.

In this world you are or you aren't before it reaches him. It was for this

you do or you don't. That is all reason that he decided some time ago there is to it. Never mind the reason that he decided some time ago to dispose of a considerable portion of there is to it. Never mind the reader on such as the states in South London, and it is possible that a great proportion of the money so raised will go to endow his state and brothers.

In addition to the exclusion of other things past, present and to come, is the mainspring of many a fruitful endeavor. An appring of many a fruitful endeavor. An important wachfulness ready to grasp of his rank as Colonel of the Welsh. Girl Gustomer—"Have you Scott's spring of many a fruital and save and the grasp of his rank as Colonel of the Welsh and use every chance for all there is Guards, and this may be said to be

## in it is the wise man's winning policy. all that he possesses. It may be pointed out, too, that he A SPLENDID TONIC FOR WEAK PEOPLE

Dr. Williams' Pink Pills Act on the Blood and Nerves.

Food is as important to the sick person as medicine, more so in many cases. A badly chosen diet may re-

cases. A badly chosen diet may retard recovery. In health the natural
appetite is the best guide to follow;
in siekness the appetite is often fickle
and deprayed.

Proper food and a good tonic will
keep most people in good health. Dr.
Williams' Pink Pills are a fine tonicmedicine, harmless and certain in
their action, which is to build up the
blood and restore vitality, to the run.
Werkers there are still engaged in blood and restore vitality to the run-down system. For growing girls who are thin and pale, for pale, tired wo-not all dead or buried in museums. are thin and pate, for pate, three we men, and for old, people who fall in and tens of thousands still being made men, and for old, people who fall in strength, Dr. Williams' Pink Pills are an ideal tonic. Thousands have testive an ideal tonic. Thousands have testive west Africa, the Hudson Bay Terrian and the remote parts of the Source—A title of office.

One of the most peculiar points about the social and military system of the Normans was the manner in which occupations which to-day we look upon as of an humble, household nature, were exalted into titled offices.

The answer, of course, is that in through the early documents with the voits. The early documents with the voits and the permitted of the benefit derived from the world. The Arabs use a big flint-lock world. The Arabs use a big flint-lock world. The Arabs use a big flint-lock world. The Arabs use of the world. The Arabs use a big flint-lock world. The Arabs use of the world. The Arabs use of the world. The Arabs use of the world. The Arabs use a big flint-lock world. The Ar fied to the benefit derived from the tory, and other remote parts of the through the early documents with the social unit of all who were not tillers of the soil, was, though a single "household," a small nation in itself,"

through the early documents with the vous. I then began the use of Dr. little hammers so that it falls apart in Williams' Pink Pills and I can truth little slips, which he drops in a pall fully say I have found them the best of water. The other sits at a table in more family names, than the big depend upon it, will advise other sufficient have ever taken. You may from the all lands have given more family names, than the big depend upon it, will advise other sufficient have ever taken. through the early documents with the vous. I then began the use of Dr. little hammers so that it falls apart in

ferers to take these pills."

You can get Dr. Williams' Pink Pills

takes the flints and chips and trims
them with his chisel until they are through any dealer in medicine or by oblong and perfectly rectangular, mail at 50 cents a box or six boxes for with their parrow ends fined down to \$2.50 from The Dr. Williams' Medicine edges.

Joseph's Jelly.

Little Joseph was eating luncheon with his aunt. Presently she observed were walking down the main street that he was eating his jelly with a spoon. "Joseph," said she, "you must caught the eye of little lkey. not eat your jelly with a spoon." "I have to," said Joseph.
"No, dear, you do not," continued

the aunt. "Put your jelly on your ent. Here's a magnifying-glass; go I did put"it on my bread, auntie," said Joseph, "but it wouldn't stay there; it's too nervous."

Sounded Like Abuse

Yes, I would like that one in the "Oh, you mean skunk."

"What's that!" roared the customer, in hot anger; and the poor innocent clerk went around with a black eye for a week.

A good conscience is a previous possession. A guilty conscience is better than none at all.

before we can cash this cheque. any friend in the town?

Stranger-"No. I'm a tax collector."

Would Have to Wait. "No. Algy, I cannot marry you for a

chine and said, pleadingly, "Say, en-

three R's in one of the public schools, and was called a "bright" scholar. One day the teacher asked her how many seasons there were. Remember ing her father's talks to Mother at about business; she answered;

Clerk-"Oh yes. Several editions." nay be pointed out, too, that he pays taxes in precisely the same manner as any private individual, while he is even rated for the portion of St. lish."

Customer—"Well, I want the origin—the time.

al edition—not translated."

"I'ye on lace so fair la

plained it to me, and if you look at the chapters you'll see that they all begin with little verses. He told me that any good bookstore would know everywhere.

Dressing our thanks for the great good the chapters you'll see that they all we have getten free. It."

Tanlac is sold by leading druggists everywhere.

Adv.

Minard's Liniment Relieves Neuralgia

Replying to Inter-Allied Military Con trol Commission's note regarding the location of the "Big Berthas" used by the Germans during the war, the German Government said there seven such long range guns, of our were destroyed before the armisthe fifth was scraped at Essen

More Easily Managed.

Keep Your Skin Clear

By Using Cuticura

Mr. Spuffinstein and his little son

"Fadder!" he cried, "give me a penny to go and see the sea-serpent." "Vasteful poy!" exclaimed his par-

- Rash Boy.

Britain's Oldest Industry.

Ten thousand years ago our ances

tors made arrow heads, spear heads,

and find a vorm. Misunderstanding Wife (displaying a large lamb-shade

recently purchased)—"Isn't that per-fectly levely, my dear? And it cost Entering a furrier's shop in the only \$1.69."

Outh of Ireland, a gentleman asked to se shown some furs suitable for a present, "Any special kind?" inquired the clerk.

There's a limit to everything, fincluding hats."

AUTO REPAIR PARTS



Cashier (at bank)—"You will have o bring-someone here to identify you

Just then a dirty-faced machinist crawled out from under the dead ma-

bout that."

Customer—"Oh, no! A friend exful results and she joine

Not One Big Bertha Left, Germans Say.

at Meppen and the seventh at Magde burg in November, 1919.

Buy your out-of-town supplies with Dominion Express Money Orders. Five Dollars costs three cents.



BAYER

Wafning! Take no chances with substitutes for genuine "Bayer Tab-lets of Aspirin." Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. In every Bayer package are directions for Colds, Headache, Neuralgia, Rheu-matism, Earache, Toothache, Lum-bago and for Pain. Handy tin boxes or twelve tablets cost few cents. Drug-gists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada), of Bayer Manu-facture of Monoaceticacidester of Salicylicacid. of twelve tablets cost few cents. Drug



"For the first time in six years know what it is to enjoy good health, and since it was Tanlac that got rid of my troubles and put me into such fine shape, I think it is up to me to state the facts for the banefit of others," said Fred Roberts, 1824 Georgia-St. East, Vancouver, B.C.

"I suffered for years from billious ness and my appetite varied a lot Sometimes I would hardly touch hite and other times I would eat hearty meal, but, as sure as fate, if I did eat anything, I had to suffer for it afterwards. I would get nauscated and bloat up with gas so had I'd have palpitation of the heart and almost choke for breath. I had violent headaches that left me weak and lifeless olace in a "downtown bookstore" over. I also has a lot of right leg which gave me a lot of trouble and which kept me awalle so lover. I also had rheumatism in my much at night that I was tired most of

Clerk—"Why. Scott wrote in Eng-lac so far, but already I have gotten is even rated for the portion of St. Ish.

James's Palace be occupies, though
Customer—"Perhaps translated this is purely an "act of grace" upon his part, and he could claim exemption on the ground that this is a Royal palace.

Reference with the right word, What I mean is the works the way he originally wrote them, as poems, before they were made into novels."

Clerk with here a grace in the could claim exemption on the ground that this is a Royal palace.

Clerk with here a grace in Engine to the word fair, but already I have gotten wonderful results from it. I have a good appetite, can at anything I fancy and never have a sign of billousness or gas or pala alterwards. My feel much stronger and have galled the provided in the could claim exemption of the portion of St. Ish.

Customer—"Perhaps translated the word from the provide in Engine wonderful results from it. I have a good appetite, can at anything I fancy and never have a sign of billousness or gas or pala alterwards. My feel much stronger and have galled the provided in the word of the word of the provided in the word of the w the first novels."

Clerk - We have Scott's poems. If the pounds in weight. I'm not bother ten pounds in weight. I'm not bother ten pounds in weight. I'm not bother and the rheumatism has entirely disas he wrote it in poetry."

. Clerk—"I'm afraid you're mistaken about that."

and the recumatism his entirely disappeared. I now sibep wall at night and get up feeling fine. My "fe also has been taking Tanlas with wonder-

We Want Him Not. Says a sage: "Give me the man whistles at his work. All right, old chap; you can have him.

In proportion to its size, a cockroach is twenty times stronger than a horse.

Classified Advertisements.

C OMPOSITORS AND PRESSMEN wares, 43-hour week, permanent posi-tions guaranteed. Apply the Reid Press Lipited, Hamilton, Ontario.

O. McPherson,
Furniture Dealer, Undertaker,
Armstrong, B.C.
Minard's Liniment Co., Ltd., Minard's Liniment Co., Ltd.,
Yarmouth, N.S.
Dear Sirp—Since the start of the
Baseball season we have been hindered with sore muscles, sprained ankles,
etc., but just as soon as we started
using Minard's Liniment our troubles
ended. Every baseball player should
keep a bottle of your liniment handy.
Yours truly, W. E. McPHERSON,
Secretary Armstrong High School
Baseball Team.





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