

The Amateur Expert

The automobile party — among whom was the young man who knew it all — had stopped to watch the workmen who were engaged in building an enormous steel bridge, and some of the more venturesome had fared cautiously out upon the job. The young man referred to above accompanied them.

Once there, with a cigarette dangling from his lips and with his feet widely spread, he shed information — accurate and otherwise — upon all that came to listen. He gave graphic and highly colored accounts of similar feats of engineering that he professed to have seen in various parts of the world. Finding his own party inattentive, he turned his attention to a young man that stood near.

The young man had the air of belonging in some way to the work in hand. He had swung easily from point to point of the job, and now stood talking in an undertone with one of the gang foremen. Meanwhile he chewed a straw, and apparently fretted about nothing. As the foreman nodded and moved away, the young man with the cigarette moved forward and spoke.

"Fairish-sized job they're doing here," he remarked, patronizingly. The quiet young man looked up and nodded.

"One of the biggest anywhere," he responded, briefly.

"Oh, I don't think I'd say that if I were you," he corrected easily.

"It's just about what I called it, I think — just a fair-sized job. You ought to see some of the really big jobs engineers do nowadays — you'd have reason to be proud of your part in the profession, no matter how small it is. I won't mention the Assuan dam, because I didn't see that until after it was finished, but I call to mind one bridge I saw in the building down in the Andes a year ago. Here the information young man became so excited that he dropped his cigarette, and as he raised his voice the workmen near him paused to listen. As he proceeded, some of them showed signs of amusement; so, indeed did the quiet young man.

"That was what you might call a big bridge," the informant went on, largely. "I was stopping at Dash," here he named the place, "and we used to go over every little while and watch them. It was practically impossible to get out on the bridge, as you can here, so we had to watch from a distance. But I was told on good authority that three firms failed to build it, and that they let it lay over one year until they could get Hawkins — he's the big noise when it comes to difficult jobs, you know — to come down and finish it. Ever hear about that bridge?" he demanded.

The quiet young man smiled a little deprecatingly, and nodded his head.

"Why, yes," he replied. "I've heard it mentioned, and I've seen sketches of it in the engineering papers. In one way and another almost all men in this line of business hear of these big jobs, you know. I had really thought, though, that this bridge was bigger — more metal and a longer span. This is really supposed to be one of the biggest — at least, so I've understood."

The young man imparting information smiled tolerantly.

"When you get a chance," he advised, "just look up the bridge I spoke of in your trade papers. I think you'll find I'm right and you're wrong. I really make a study of these things, although my work is in a different line. I'm very sure."

At this interesting juncture something on the far end of the job attracted the attention of the quiet young man, and with a hurried excuse he took his departure. Some of the party watched his easy progress admiringly, and one young lady spoke to the expert on bridges.

"Who was that young man, Sydney?" she wanted to know. Sydney glanced carelessly at the retreating back.

"Why, I don't know — clerk, or something like that," he replied. "Timekeeper, I guess. I saw something that looked like a time-book in his pocket."

A brawny riveter that had been within earshot during the colloquy raised his head, and addressed the young lady diffidently.

"Beg your pardon, miss," he said, "but if you are speaking about the young fellow that just left, I can tell you. He's the chief engineer of the road. They got 'im up 'ere from South America on puppets to build this bridge. Me'n my buddy here — he indicated his helper with a wave of his hand — 'come with him. He was the fellow that built that bridge down there arter three others made a mess of it." Here he raised his voice, for the visiting expert, with a very red face, was leaving the job in a hurry.

"His name's 'Awkins,' bawled the riveter after that discomfited young man, "and he forgets more 'bout bridges." But the rest of his remarks were drowned in the laughter of the party — not that the expert could have heard them, for he was already out of hearing, and getting farther every second.

REPLENISH YOUR BLOOD IN THE SPRING

Just now you are feeling "out of sorts" — not your usual self. Quite exhausted at times and cannot devote real energy to your work. Sleep does not rest you and you wake up feeling "all tired out." Perhaps rheumatism is flying through your muscles and joints, or may be your skin is disfigured by rashes, boils or pimples. Headaches, twinges of neuralgia, fits of nervousness, irritability of temper and a disordered stomach often increase your discomfort in the spring.

The cause — winter has left its mark on you. These troubles are signs that your blood is poor and watery, that your nerves are exhausted. You must renew and enrich your blood at once and restore tone to your tired nerves, or there may be a complete breakdown. The most powerful remedy for these spring ailments is Dr. Williams' Pink Pills for Pale People, because these Pills cleanse bad blood — and strengthen weak nerves.

New, rich, red blood — your greatest need in spring — is plentifully created by Dr. Williams' Pink Pills, and with this new, pure blood in your veins you quickly regain health and increase your strength. Then your skin becomes clear, your eyes bright, your nerves strong, and you feel better, eat better, sleep better, and are able to do your work.

Begin your spring tonic treatment to-day for the blood and nerves with Dr. Williams' Pink Pills — the Pills that strengthen.

These Pills are sold by most dealers, but do not be persuaded to take "something just the same." If you can't get the genuine Pills from your dealer they will be sent you by mail, post paid, at 50 cents a box or six boxes for \$2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

AMAZING WAR RELICS.

Interesting Articles Sold by Auction in London.

There will doubtless be seen in this country some strange relics of the present great European conflict, says *The Times*.

Only the other day, a Lancashire man received from the front the actual bullet which had caused his brother's death.

A few years ago there was sold by auction the spear that was used by a rebel reviver to kill General Gordon. The relic ultimately fetched thirty guineas.

On another occasion the sword used by Lord Cardigan in the battle of Balaklava was disposed of at the same auction-mart for eight and a half guineas.

A very different war relic realized a very different price. This was the silver-gilt table-service used by Napoleon in the course of his many campaigns, and it went for £650.

A really extraordinary war relic was brought to light in the Tottenham Police Court some years ago. A woman applied to the magistrate for a summons against a pawnbroker for damage to a hearthrug. She explained that during a campaign on the Indian frontier, her son had made a large hearthrug out of the garments of his slain comrades, and sent it home to her.

A few years ago a relic of the siege of Paris was discovered in a windmill near Besancon. This was the mummified body of a pigeon, to one of the wings of which a quill was attached. Inside this was a brief message, dated 1870, which read: "Darling — All well, but starving — P. P. G." The pigeon was one of the homers which had been released during the siege and, maybe, shot by the Germans.

Perhaps the most gruesome of all war relics was one of the first Ashanti War, in 1824, when Sir Charles McCarthy and six hundred men fell into an ambush, and were slaughtered to a man.

The skull of the leader of the gallant six hundred was rimmed with gold, and used as a drinking-cup by the kings of Kumasi for half a century.

MOTHER'S PRAISE BABY'S OWN TABLETS

Mrs. S. E. Laurie, Grafton, Ont., writes: "I have used Baby's Own Tablets ever since my baby was two weeks old and would not be without them as I consider them the best medicine in the world for little ones." What Mrs. Laurie says thousands of other mothers say. Simply because they have found the Tablets safe and sure and pleasant for the little ones to take. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Lesser Evil.

"I can give you a cold bite," said the woman.

"Why not warm it up?" asked the tramp.

"There ain't any wood sawed," "So! Well, give it to me cold."

THOUGHTS FOR THE DAY.

He who gains a victory over other men is strong, but he who gains a victory over himself is all-powerful. — Lao Tze.

No human actions were even intended by the Maker of men to be guided by balances of expediency, but by balances of justice. — Ruskin.

Be not uneasy, discouraged or out of humor because practice falls short of precept in some particulars. If you happen to be beaten return to the charge. — Marcus Aurelius.

Our destiny is really nothing more than our character; our character but the result of our active and passive being, the sum, the combination of all our capacities and gifts. — Rahel.

We are apt to give up work too soon, to suppose that a single breakage has ruined the cloth. The men who get on in the world are not daunted by one nor a thousand breakages. — John Morley.

Look not mournfully into the past. It will not come back again. Wisely improve the present. It is thine. Go forth to meet the shadowy future without fear and with a manly heart. — Longfellow.

No Beans.

"Always be definite, Edla, darling," said the fond grandmother, "and when you are asked a question answer definitely in the affirmative or negative and always answer politely."

Edla listened attentively to her grandmother and determined to follow her direction. That day at dinner grandma said, "Edla, dear, will you have some more beans?"

"No," replied Edla.

"No what?" enquired grandma, reprovingly.

"No beans," answered Edla definitely.

A Fish All Right.

Inquire — Does one Fish live in this building?

Janitor — Yessah. Dere's Mr. Salmon on de second floor.

Will Quickly Cure Any Sour Stomach

Relieves Fullness After Meals.

"When I was working around the farm last winter, I had an attack of inflammation," writes Mr. E. P. Dawkins, of Port Richmond, N. J., "for a long time, but well enough to work until spring. But something went wrong with my bowels, for I had to use salts or physic all the time. My stomach kept sour, and always after eating there was a pain and fullness, and all the symptoms of intestinal indigestion. Nothing helped me until I used Dr. Hamilton's Pills. Instead of hurting, like other pills, they acted very mildly, and seemed to heal the bowels. I did not require large doses to get results with Dr. Hamilton's Pills, and feel so glad that I have found a mild, yet certain remedy. To-day I am well — no pain, no sour stomach, a good appetite, able to digest anything. This is a whole lot of good for one medicine to do, and I can say Dr. Hamilton's Pills are the best pills, and my letter, I am sure, proves it."

Refuse a substitute for Dr. Hamilton's Pills of Mandrake and Butter, sold in yellow boxes, 35c. All dealers, or The Catarhozone Co., Kingston, Ont.

PURIFYING WATER.

The Most Efficient and the Least Expensive.

Recent experiments in Paris, Marseilles and other French cities offer encouragement that electricity may prove to be the long-sought means of cheap and effective water purification. Purity of water supply is generally recognized as most important for the health of the community, and large expenditures are made annually by cities to maintain a reasonably pure and safe supply for drinking and cooking.

All efforts against water-borne disease for large communities have been only partly successful heretofore, because complete sterilization cannot be accomplished by any method of filtration now known so as to be practical for use on a large scale.

It has long been known that ultra-violet rays of light have very remarkable germicidal effect, quickly destroying the vitality of the most virulent disease-producing germs. Through the discovery by Dr. Cooper Hewitt the ultra-violet rays may be produced in great quantity at very small cost by means of the mercury vapor lamp.

The new method of purification is said to be not only the most efficient but the least expensive method yet discovered. An electric current necessary for a single 16-candle lamp will sterilize perfectly 14,000 gallons of river water in 24 hours at a cost less than 1 cent per 1,000 gallons. The apparatus is said to be simple, not very expensive and may be installed in private homes.

Electricity also has been recently applied to killing germs in milk so that the contents of a capped bottle will keep sweet for eight days. A rapidly alternating current at a pressure of about 4000 volts has succeeded in the desired results of killing harmful bacteria without altering the chemical composition of the milk.

Great thoughts seldom come in very big packages.

I Never Want to Be Without Them

WHAT MRS. A. AVERON SAYS OF DODD'S KIDNEY PILLS.

Alberta Lady Feels It Her Duty to Tell Her Friends of the Benefit She Has Received from Dodd's Kidney Pills.

Faith, Alberta, April 5th (Special). — "I never want to be without Dodd's Kidney Pills," says Mrs. A. Averon, one of the oldest and most highly respected citizens of this place.

"I am an old lady, sixty-eight years of age," Mrs. Averon continues, "and had Kidney trouble for twenty years. My heart bothered me, my muscles would cramp, and my back ached. Neuralgia was added to my troubles."

"Dodd's Kidney Pills are the only medicine that have helped me, and I cannot recommend them too highly. I feel it my duty to tell my friends what Dodd's Kidney Pills did for me."

"Dodd's Kidney Pills are the favorite remedy of the old folks. They cure the Kidneys, which are the first of the organs of the body to feel the strain of years. By curing the Kidneys Dodd's Kidney Pills ensure pure blood and pure blood gives renewed energy all over the body. That's why the old folks say 'Dodd's Kidney Pills make me feel young again.'"

WISE AND OTHERWISE.

Man is made of dust, and is generally out for more.

A soft answer turneth away wrath, but a soft snap is surer. Have a little sense and the world will take care of themselves.

Success only comes to the man who goes after it with a club.

Many a man's idea of contentment is having more than he can use.

No really big man allows his head to outgrow the rest of his anatomy. Our opinions cost us nothing, so long as we keep them to ourselves. It's when a fellow is hard up that he feels he should be let down easy.

Take care of the night before and the morning after will take care of itself.

"Seag is believing, but even the blind man may be convinced he is right."

Many a fellow is left-handed who still feels that he does everything right.

If we could see ourselves as others see us, conceit would be a drug on the market.

One enemy will generally do more to make a man talked about than a dozen friends.

You always have to look out for some fellows, and others will bear looking into.

Music hath charms, but at the same time it isn't the song birds that make the best potpies.

The race is not always to the swift, the faster a man runs into debt, the more he gets behind.

Some people are always talking about how square they are, and we don't notice any corners sticking out of them, at that.

SOME HARD KNOCKS

Woman Gets Rid of Habit.

The injurious action of tea and coffee on the hearts of many persons is well known by physicians to be caused by caffeine. This is the drug found by chemists in tea and coffee.

A woman suffered a long time with severe heart trouble and finally her doctor told her she must give up coffee, as that was the principal cause of the trouble. She writes:

"My heart was so weak it could not do its work properly. My husband would sometimes have to carry me from the table, and it would seem that I would never breathe again."

"The doctor told me that coffee was causing the weakness of my heart. He said I must stop it, but it seemed I could not give it up until I was down in bed with nervous prostration."

"For eleven weeks I lay there and suffered. Finally husband brought home some Postum and I started new and right. Slowly I got well. Now I do not have any headaches, nor those spells with weak heart. We know it is Postum that helped me. The Dr. said the other day: 'I never thought you would be what you are.' I used to weigh 92 pounds and now I weigh 158."

"Postum must be prepared according to directions on pkg., then it has a rich flavour and with cream is fine."

Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs.

Postum comes in two forms: Regular Postum — must be well boiled. 15c and 25c packages. Instant Postum — is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both kinds are equally delicious and cost per cup about the same. "There's a Reason" for Postum. — sold by Grocers.

WHEN TO EAT.

Scientist Declares We Do So at the Wrong Time.

That we eat at exactly the wrong time, at least in some countries, is the somewhat remarkable conclusion which Prof. Bergonie of the Bordeaux University reaches as the result of his researches, and it is very apropos at this time when we have the Taylor system of best use of the human motor.

Again, in an electric station, the engineers regulate the coal consumption so as to concord with the variable demand for current. But human beings, according to him, although they work at stated hours, carry out the absorption of food quite by chance and without being occupied with making the food supply concord with the periods of most work.

Fortunately, the liver acts as a reserve of energy, owing to its glycogenic function, but its capacity is, of course, limited. Take, as an example, a repast composed of 1 part fatty elements, 1 part of proteins (meat), and 4 to 5 parts carbohydrates — sugar, starch, etc., the utilization of the energy commences almost at once, and the amount of energy available increases up to some three hours after absorbing the food; then it decreases slowly.

According to this, it follows that most Europeans and Americans use exactly the wrong hours for taking their repast, that is, from 12 to 1 o'clock, and from 7 to 8, for the early morning breakfasts — coffee, etc., can hardly be counted. Especially to be remarked is that the evening meal acts to produce energy just when the organism is about to rest for a long period, and this can only act to overload the liver, being unused for a long time.

According to Prof. Bergonie, the principal repast should be taken at 7.30 a.m., and should be completed by two others, of lighter nature, taken at 4.30 and at 8 o'clock p.m. We would remark that in France and some other countries an early morning repast would not be practicable on account of an absolute lack of appetite for heavy food which is felt at that time, at least by a great number of persons. The Romans had the same habit, points out the Scientific American, so that this must be due to the effect of climate, as it does not depend upon the race of the person who may at any time inhabit such countries.

Corns Cured Quick

Applied in 5 Seconds. Sore, blistering feet from corns — types can be cured by Putnam's Extricator in 24 hours. "Putnam's" soothes away that drawing pain, causes instant relief, makes the foot feel good at once. Get a 25c. bottle of "Putnam's" to-day.

Fever and Ague.

"It-er-seems," said he, "regarding the unfortunate with scientific interest, 'that the attacks of fever and chills appear on alternate days. Do you think—is it your opinion—that they have, so to speak, decreased in violence, if I may use that word?'"

The patient smiled feebly. "Doc," said he, "on fever days my head's so hot I can't think, and on ague days I shake so I can't hold an opinion."

I was cured of Acute Bronchitis by MINARD'S LINIMENT. J. M. CAMPBELL, Bay of Islands.

I was cured of Facial Neuralgia by MINARD'S LINIMENT. WM. DANIELS, Springfield, N.S.

I was cured of Chronic Rheumatism by MINARD'S LINIMENT. GEO. TINGLEY, Albert Co., N.B.

Guard the Tongue.

You would not think of taking your neighbor's life or wounding him with any physical weapon. But you perhaps do not realize that when you say an evil thing about him you are wounding him more grievously than you could possibly wound him with gun or dagger.

You may be killing his reputation, which may be a worse calamity to him than killing his body. It is strange, indeed, that this terrible item of wrong-doing is so easy and so widespread. It is hard to understand the peculiar pleasure which many people seem to feel in saying unkind things about others.

Bad as it is simply as a breach of good neighborliness and good citizenship, it is unspeakably bad form from the standpoint of Christianity and the teachings of Christianity's founder.

Minard's Liniment Relieves Neuralgia.

The man who has no friends realizes the disadvantages of having no one to tell his troubles to.

Life is made up of surprises. Have you ever noticed that the things that don't seem possible happen so often?

ED. 7. ISSUE 15-15.

AN INTERESTING CASE.

Heavy Fine Imposed on an American Railroad.

The close supervision exercised by the Interstate Commerce Commission over the United States railroads is illustrated by the heavy fine imposed recently by the federal courts on the Michigan Central Railroad of \$24,000 for failing to collect demurrage charges from the National Fireproofing Company. In the case of these demurrage charges the unfortunate railway is sometimes between the devil and the deep sea; for the shipper, particularly the large shipper, is often slow in paying, whereas the watchful commission, suspecting a concealed rebate, is ever threatening punishment. A fine such as the one just imposed will probably force the railroads to insist on prompt collections, and the Canadian Board of Railway Commissioners may follow suit. Shippers who have been storing their goods on freight cars at the railroad's expense will then no longer be able to escape payment by putting up excuses or playing on the fact that they are good customers of the railroad.

Tortures of Rheumatism Yield to This Remedy

A Marvel of Speed, an Unfailing Cure for Old Chronic Cases.

GET A TRIAL BOTTLE TO-DAY.

With reliable old Nerviline you can rub out the pain of Rheumatism, Sciatica, Lumbago, or Neuralgia — rub it away so completely that you feel like new all over.

It matters not how deeply seated the pain is, or how long you have had it — rubbing with the king of all liniments "Nerviline" will cure you.

Nerviline is highly concentrated — about five times stronger than the ordinary white ammonia liniment — therefore it penetrates quickly — sinks in deeply — and gets right at the core of the pain at once — draws out the lameness, takes away the stiffness — eases the joints that have hurt you so much.

Out comes the pain every time you rub on Nerviline, which contains some of the most valuable pain-subduing remedies known to science. Worth its weight in gold to every family in the land, and sure to cure the emergent and minor ills of a hundred kinds that constantly arise. Get the large 50c family size bottle; small trial size 25c. Nerviline is sold by every dealer everywhere.

Never Had Any.

"I hear that Doodley's wife has left him without any reason!" "So! Well, in that case she left him as she found him."

Minard's Liniment Cures Burns, Etc.

Under Cover.

Parson — Robert, did you know that your mother was looking for you?

Bobby — You bet! That's why she can't find me.

LOW FARES TO THE CALIFORNIA EXPOSITIONS VIA CHICAGO & NORTH WESTERN RY.

Four splendid daily trains from the New Passenger Terminal, Chicago to San Francisco, Los Angeles and San Diego. Choice of scenic and direct routes through the best of the West. Something to see all the way. Double track. Automatic electric safety signals all the way. Let us plan your trip and furnish folders and full particulars. B. H. Bennett, G.A., 46 Yonge St., Toronto, Ontario.

Between Friends.

"My husband has an eye for the artistic."

"No one would have believed it to look at you."

Minard's Liniment Cures Dandruff.

Most men are the architects of their own misfortunes.

Minard's Liniment for sale everywhere.

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CANCER, TUMORS, LUMPS, ETC., Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

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