

around, shall not pass unseen nor unenjoyed.

The principal towns in Upper Canada are built along the shores of Lake Ontario, and on the banks of those navigable rivers which are best suited to the advantages of commerce. The length of this lake from east to west is 180 miles: its breadth is much varied on account of the numerous indentations on its shores. Settlements adapted to commercial intercourse prove often unhealthy to their inhabitants. Placed as they generally are on the banks of oozy streams and stagnating rivers; in certain seasons of the year, they contribute materially to the production of sickness.

York, the seat of government, and capital of the province, is built on a level plain, along the northern bank of an extensive bay, which communicates on its west side with the lake. This bay is long and narrow, and fed by many streams from the contiguous soil, which in summer supply its waste of evaporation. It is navigable to vessels of consider-