

Bishop Dalegiewiecz, world class discus thrower and shot putter, puts his strength behind the Canadian effort.

mediocre finishes — in 1970 he ran himself out of the Commonwealth Games with severe leg cramps. In four attempts at the Boston marathon he has finished only once, a third in 1974.

Suddenly, in 1975, he started to put things together. He won the prestigious Fukuoka marathon in Japan in 2:10:8.4.

"I am optimistic about the Olympics," he says. "Injuries play a big part in distance running and if I can keep away from these, I do not see any reason why I cannot do well in Montreal."

This will be his second appearance in the Games.

He failed to reach the Canadian Olympic Association's qualifying time for the 1968 Games in Mexico but some bureaucratic wrangling won him a spot on the team. Dysentery knocked him out of the race and the frustrated runner was on the point of quitting.

It was another frustrating experience for him in 1972. He did not make the qualifying mark of 2:17.0 but it was subsequently discovered that the course had

been mapped out incorrectly and that everyone had run an extra 1,000 yards. That is the sort of stuff that would make any amateur decide to call it a day, but he stayed at it.

Now he has a bit of a chip on his shoulder about financial aid limitations for amateur athletes in Canada.

Career delayed

"Track and field has advanced me to the point of financial disaster and my business career has been delayed," says the McMaster University business administration graduate who received \$1,800 a year in grants. He discovered he couldn't live on that.

"I turned down a full scholarship to Eastern New Mexico University and find I'm paying dearly for this mistake."

A gold in Montreal could turn a few things around for the five-foot-nine 31-year-old runner who is one of Canada's most versatile track men. He has already

made Olympic qualifying standings in 5,000 metres (13:34.9) and in the 10,000 metres (28:13.7).

Who knows, he might even try for the triple, a la Emil Zatopek, the marvellous Czech of the 1948 and 1952 Games, and Ron Clarke of Australia and others. But that is doubtful.

The marksmen have a great record going into the Games.

Susan Nattrass, 25-year-old brunette from Hamilton, is 1974 world champion who gunned down 188 clay pigeons in 200 attempts, and Primrose from Edmonton, is 1975 world champ.

Miss Nattrass says she'd be willing to "take the silver" at Montreal. "John can have the gold," she says.

We'll see.

Men don't phase her

One thing is certain. The pair give Canada its best chances in any of the shooting events although for a time it appeared that Primrose wouldn't be able to make it to Montreal. He suffered an eye injury after competing in Mexico City in March of this year.

It was a freak accident. He suffered an abrasion when a helicopter blew up a dust cloud and he had blurred vision in his right eye. Things indeed looked bad but he showed definite improvement by the end of April.

It doesn't bother Miss Nattrass to know that she will be competing against men. She has grown up in a world of males.

"I had two brothers at home and that meant lots of football and hockey," she says. So competing against men, even on a large scale such as the Olympics, doesn't phase her.

Hardened international

The 34-year-old Primrose is a hardened international competitor. He finished sixth in the 1972 Games. He won the gold in the 1974 Commonwealth Games in New Zealand and last October he was on Canada's silver medal-winning team at the Pan-American Games in Mexico City.

The 14-year-old Nancy Garapick was second in the 200-metre backstroke in the 1975 world championships at Cali, Colombia, so she knows what to expect from the rest of the world. At the end of 1975 she was ranked fourth in the world in the 100 and second in the 200.

Steve Pickell moved all the way up from 15th in the world in the 100-metre backstroke in the 1973 world championships to fifth at Cali last year. That didn't please him one bit and neither did his sixth-place 1975 world ranking and he was vowed to do much better next July.

Canadian athletes have one big thing going for them in Montreal. It's called home court incentive.