

THE ROBERVAL LUMBER CO.'S MILLS, AT ROBERVAL, QUEBEC AND LAKE ST. JOHN RAILWAY. (Livernois, photo.)

W<u>hite Mountains</u>

::: AND :::

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HERE AND THERE.

Weathercocks tell us what way the wind blows; actions tell us what way the mind moves.

WHAT MAKES HAPPINESS.—The happiness of life is made up of minute fractions, the little, soon forgotten charities of a kiss or a smile, and the countless infinitesimals of pleasurable thought and genial feelings.

Many of our great English painters have been practical musicians, or, at least, connois-seurs of the divine art. Gainsborough, for example, though he never had the patience to learn his notes, was passionately fond of music, and played on several instruments. One day he was so delighted with Colonel Hamilton's playing on the violin that he exclaimed; "Go on, and I will give you the picture of 'The Boy at the Stile,' which you so often wished to buy of me."

SABBATH REST .- In the "Life of Frank Buckland, the eminent naturalist, who devoted himself so thoroughly to the scientific and practical study of the river and sea fishand practical study of the river and sea insueries of Great Britain, there is the following testimony to the value of Sabbath rest:

March, 1866,—I am now working from 8 a.

m. to 6 p.m., and then a bit in the evening— 14 hours a day; but, thank God, it does not hurt me. I should, however, collapse if it were not for Sunday. The machinery has time to get cool, the mill-wheel ceases to patter the water, the mill head is ponded up, and the superfluous water let off by an easy, quiet current, which leads to things above.

There are some interesting stories about "Carlyle at Kirkcaldy" in the current number of *Igdrasil*. Here is one, relating to a visit paid by Carlyle to the Provost of Kirkcaldy, "a worthy elder who regularly con-

ducted family worship":—One morning he asked Carlyle to take the reading and he would offer up the prayer himself afterward. Carlyle by accident opened the Bible at the first chapter of the book of Job. He began to read this slowly and intelligently, pausing after some clauses as if to meditate on the circumstance and take in the whole meaning. On he went, the servants wondering, the Provost "dumfoondert." Yet no one dare interrupt the sage, as his face was getting all aglow. . . . The time passed on, and all aglow. . . The time passed on, and yet he was only heating to his work. After finishing the whole forty-two chapters, he quietly closed the Bible and remarked, "That is a marvellous life-like drama, only to be appreciated when read right through." Carlyle, it is said, used to wonder why the Provost never asked him to read at morning prayers again.

Perhaps the most remarkable of existing birds is the *hoatzin* or *opisthocomus* of Guiana and Brazil, the sole representative of its order and with many peculiarities in its skeleton. Mr. E. A. Brigham, in 1884, made the astonishing discovery that the bird was at the time of hatching a quadruped, the fore feet ending in two claws, and used during locomotion, the young birds for a few days after hatching scrambling about, and digging their claws into the ground. After a few days, the fore limbs change into true wings. days, the fore limbs change into true wings. The author of the volume on birds of the Standard Natural History dryly remarks, after quoting Mr. Brigham's account, "A confirmation of these statements is greatly to be desired." A recent number of the English ornithological journal, the *Ibis*, contains a description, by Mr. F. E. Beddard, of the nestling of this bird; and he fully confirms Mr. Bingham's account. It has always been supposed that the bird's wing has been produced by a change from a reptilian foot, and this condition has been retained in this bird for several days after birth. Thus another for several days after birth. Thus another link connecting birds with four-footed vertebrates has been discovered.

Lemons are cultivated in the south of France, Portugal, and Italy, but their origin is in Asia, and therefore it is in that country the largest growths are to be found, as in its

native state it grows to a height of sixty feet, whilst in the European countries it is not of very high growth. In medicine, lemons are most valuable, and it is the best anti-scorbutic

most valuable, and it is the best anti-scorbutic remedy known. It prevents the disease and goes a long way in curing it. Sailors take the juice constantly when at sea.

It is also very good in neuralgia; the best way of applying it is to rub the afflicted part with a slice of cut lemon, and those people who desire to keep in good health and be free from billiousness should take the juice of a lemon in a glass of water, without sugar, before going to bed and before rising in the morning. Taking lemons without water irritates the stomach, and eventually would cause inflammation. The uses of lemon-juice are so numerous that it is impossible to define them all; but there is no doubt the more it is employed, both externally and internally, it is employed, both externally and internally, the better people's health will be. The use of lemons is good for sea-sickness, billiousness and jaundice, and most beneficial in fevers. It is good also to cure warts, and to destroy scurvey of the head by rubbing it into the roots of the hair. The Dietetic Reformer says: "A new method of prolonging life is announced in a German work, where we are announced in a German work, where we are told that long life will be reached by the daily and increasing use of lemons. Count Waldeck, it is said, attained the age of 120 years because of his having resorted to this antidote to the sluggishness of the liver."

HUMOROUS.

WELL SAID.—Dearest Friend (in a tone of surprise): Why, Sophy, what a pretty pitture you take!

SHE: Do you think marriage is a failure? He (aged twenty): It begins to look that way I've been rejected fourteen times.

WENT HIM ONE BETTER.—Tommy: My brother's a lawyer and has four suits on hand. Dick: That's nothing; my brother's a dude and has thirty-six.

Nor FAR Out.—"Ma, dear, what does the word 'Matinee' mean?" "Gracious, child! what ignorance! 'Matinee' is a French word, meaning an amateur performance."

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