

Every Human Effort

is followed by waste of body,
brain and nerve cells.

To keep in perfect trim, these
tissue cells must be replaced
daily by proper food.

The true food is

Grape-Nuts

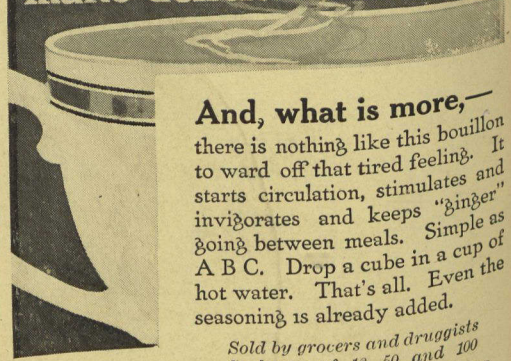
—A trial shows.

“There’s a Reason”

Read the famous little book, “The
Road to Wellville,” in packages.

Armour's Bouillon Cubes

make delicious Bouillon



And, what is more,—
there is nothing like this bouillon
to ward off that tired feeling. It
starts circulation, stimulates and
invigorates and keeps “ginger”
going between meals. Simple as
A B C. Drop a cube in a cup of
hot water. That's all. Even the
seasoning is already added.

*Sold by grocers and druggists
In boxes of 12, 50 and 100*

For Free Samples, address

Dept. 561

Armour and Company, Chicago



Makes
All
Woodwork
Bright
and
Clean

THE Great
varnish food
and renewer—

O-Cedar Polish

Gives a high, dry, hard lustre and glasslike finish. So
hard and dry that it does not gum or collect dust as mere
polishes do. O-Cedar cleans as it polishes.

25c to \$3.00 Sizes at all Dealers.

Full satisfaction guaranteed or money refunded.

Channell Chemical Co., Limited,

369 Sorauren Avenue

CHANNELL CHEMICAL CO.

Toronto, Ont.

CHICAGO

NOTICE OF REMOVAL

We have moved from our former ware-
house 51 Wellington St. W. to more
convenient and larger premises,
lately occupied by Rolph & Clark, Ltd.

Cor. Simcoe, Pearl and Adelaide Sts.
Where we will continue our business in
all its branches as before.

ACCOUNT and MEMO BOOKS
FINE LEATHER GOODS
STATIONERY and OFFICE SUPPLIES
PAPER of EVERY DESCRIPTION
DIARIES Office and Pocket 1914
BOOKBINDING Every Style.

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