

The pitch, tone and other characters of the voice are seriously impaired by this habit.

If mouth-breathing can retard physical development, produce deformity, increase vulnerability to disease, and mar personal beauty, it can also produce equally great perturbations in the mental and moral conditions. There is a very intimate connection between the vascular and lymphatic systems of the brain, and the upper portion of the respiratory tract. The effects of strong mental impressions and emotions are reflected in the pallor or turgescence of the mucous membrane of the respiratory tract, and in the diminished or increased secretion of the serous and mucous glands. The psychic functions may be equally perturbed by morbid conditions in the naso-pharynx. Children and youths who were nervous, irritable, quarrelsome, mischievous, untruthful, dishonest, disobedient, indolent, ignorant, immoral, in brief, in Sunday School parlance, "possessed," when the respiratory tract was obstructed, have evinced, after normal conditions were restored by an operation, a complete change in mental and moral character, the malevolent characteristics giving way to the Christian graces. A stupid, backward, incorrigible boy may, by the removal of adenoids, enlarged tonsils or other obstruction, be transformed into a bright, intelligent, exemplary student, who, in due time, becomes the consecrated minister or the self-sacrificing medical missionary.

#### TREATMENT.

If medical science has one mission greater than any of the others, it must surely be the prevention of disease and of physical disability. If the medical profession has much to its credit, there is also much that can be justly charged against it. How often does the physician, who is practising in the country, after he is through with his professional call to the sick member of the family, go out with the farmer to inspect some of the prize animals amongst the flocks and herds—in the city he goes to inspect an auto, or perchance a thoroughbred pup—but in either case, how seldom does he make it his duty to inspect the physical condition of the children in the home? There are hundreds, if not thousands, of men and women in Ontario to-day who are more or less handicapped for life through the ignorance, indifference, or gross carelessness of parents. In many of these cases, we, as physicians, must frankly admit that we had many opportunities of educating these parents and helping their children, that we failed to avail ourselves of. Many a child is punished for delinquencies, when he should receive sympathy, whilst the father, and oftentimes the family physician, too, should receive the horsewhip.

The prevention of faulty habits, physical, mental and moral.