

which make up their lives. Pity for humanity in bondage to ignorance and passion, climbing the hill from which he looks down with such infinite pains and suffering, comes to soften his indignation.

All personal sense of offence fades from the mind of the true aristocrat. He stands in silent reverence and awe before the working of Nature's inexorable laws and forces.

Truly the arbitrary disposition is to be pitied. Always rushing blindly against these powerful unseen barriers and dams, rising half-stunned but unconscious what hit him, and rushing on with redoubled force and fury, only to catch it again. Such sights as these, while they call forth sympathy and compassion, make the true aristocrat impersonal in his attitude toward men. They enable him to steel his heart, to refrain from meddling interference and be willing to seem cruel in order to be kind, in affairs where governing and managerial capacity are called for.

A man is a true aristocrat only when he can say with reverence and truth: "Thy will, not mine, be done," yet work on courageously to the end.—*Indian Medical Record*.

A Warm Bath for a Restless Child.

A warm bath just before going to bed tends to allay the nervous irritability which prevents sleep in children, whether caused by temper or work, and it does so probably by dilating the blood vessels on the surface of the body, and so relieving hyperemia of the brain. A warm mustard foot-bath—an excellent remedy for sleeplessness—is also beneficial through its derivative effects.—*Indian Medical Record*.

A New Aphrodisiac.

The fertility of certain foreign therapeutists in the discovery of new aphrodisiacs is simply extraordinary, for all the world as if there were a ready market for drugs of this class. From a therapeutical point of view aphrodisiacs can have but a very limited field of usefulness; indeed, on thinking the matter over, we are rather at a loss to define ever so limited a field for their employment. The latest addition to the list is Yohimbin, the active principle obtained from a plant growing in equatorial Africa. Experiments have been made with this product on frogs and rabbits, and it is stated to produce marked hyperemia of the sexual apparatus. On this ground it is recommended for the treatment of sexual neurasthenia, and also in albuminuria, though we are unable to follow the train of reasoning which led up to this conclusion.—*Medical Press and Circular*.