

If you must draw the line at ~~lard~~

and have, like thousands of other people, to avoid all food prepared with it, this is to remind you that there is a clean, delicate and healthful vegetable shortening, which can be used in its place. If you will

USE COTTOLENE

instead of lard, you can eat pie, pastry and the other "good things" which other folks enjoy, without fear of dyspeptic consequences. Deliverance from lard has come.

Buy a pail, try it in your own kitchen, and be convinced.

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LITERARY NOTES.

Standard Anthem Book—Whaley, Royce & Co., Toronto. Like the differences between other things in the world, there are anthem books and anthem books. In past years choirs have become tired of much that is inferior in the contents of most anthem books. Improvements come quicker as the years pass, so that the demand is always for up-to-date anthems though not forgetting old and well tried ones by the well trained choirs and the critical and cultured musical taste of the present day congregations &. The above book compiled by Mr. A. S. Vogt, a well known organist and a leader in musical matters in Toronto contains nothing but gems which would be expected as the result of Mr Vogt's efforts. A glance through the index shows literal recognition of the popular anthems of Harry R. Shelley; also the old favorite Dudley Buck, Mozart's magnificent Gloria an arrangement of one of the Songs without words the Heavens are telling" (Hayden) and the many other anthems not forgetting Handel's "Hallelujah Chorus."

Mr. Vogt remarks that he has chosen "works of melodious character and musicianly construction to appeal to all allclasses of church musicians and etc" it is printed in strong but cheap binding on the best paper.

Professor Drummond accompanied D. L. Moody in that famous campaign in Great Britain twenty years ago, and he delivered his addresses like "The Greatest Thing in the World," at Mr. Moody's conferences, at Northfield. He has written a study of Mr. Moody's career for McClure's for December, in which he calls Mr. Moody "the most truly great man living."

Rudyard Kipling will contribute to the Christmas Scribner a long poem entitled "McAndrews' Hymn," in which he adds an entirely new type of character to the remarkable list which he has already created. Those who think that he is only successful with Indian types will be surprised at the wonderful figure of his creation of an old Scotch engineer Howard Pyle will illustrate the poem.



Charles H. Hutchings.

Sick Headache CURED PERMANENTLY

BY TAKING

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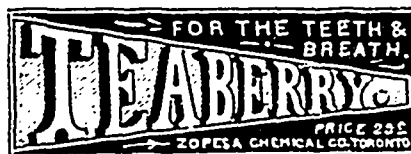
"I was troubled a long time with sick headache. It was usually accompanied with severe pains in the temples, a sense of fullness and tenderness in one eye, a bad taste in my mouth, tongue coated, hands and feet cold, and sickness at the stomach. I tried a good many remedies recommended for this complaint; but it was not until I

Began Taking Ayer's Pills

that I received anything like permanent benefit. A single box of these pills did the work for me, and I am now free from headaches, and a well man."—
C. H. HUTCHINGS, East Auburn, Me

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