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(ESTABLISHED 1863.)

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The aboye is a good likeness of Mrs. Lydia E. Pinkham, of Lynn, Mass., who above all other human beings may be truthfully called the "Dear Friend of Woman," as some of her correspondents love to call her. She is zealously devoted to her work, which is the outcome of a lifestudy, and is obliged to keep six lady assistants, to help her answer the large correspondence which daily pours in upon her, each bearing its special burden of suffering, or joy at release from it. Her Vegetable Compound is a medicine for good and not evil purposes. I have personally investigated it and am satisfied of the truth of this.

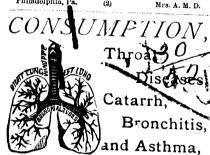
On account of its proven merits, it is recommended and prescribed by the best physicians in the country. One says: "It works like a charm and saves much pain. It will cure entirely the worst form of falling of the uterus, Lemocribea, irregular and painful Menstruation, all Ovarian Troubles, Indammation and Ulceration, Eloodings, all Displacements and the consequent, sping weakness, and is especially adapted to the Change of Life."

It permeates every portion of the system, and gives new life and vigor. It removes faintness, flatulency, destroys all craving for stimulants, and relieves weakness of the stomach. It cures Bloating, Headaches, Nervous Prostration, General Deblity, Sleeplessness, Depression and Indigestion. That feeling of bearing down, causing pain, weight and backache, is always permanently cured by its use. It will at all times, and under all circumstances, act in harmony with the law that governs the female system.

It costs only 31, per hottle or six for \$5. and is sold by druggists. Any advice required as to special cases, and then names of many who have been restored to perfect health by the use of the Vegetable Compound, can be obtained by addressing Mrs. P., with stamp for reply, at her home in Lynn, Mass.

For Kidney Complaint of either sax this compound is unsurpassed as abundant testimonials show.

Mrs. Pinkham's Liver Pills," says one writer, "are the best in the world for the cure of



togetner with diseases of the Eye, Ear and Throat, successfully treated at the ONTARIO PULMONARY INSTITUTE, 125 Church St., Toronto, Ont. M. Hitton Williams, M.D., M.C.P.S.O., Proprietor, Permanently established for the cure of Catarrh, Throat Diseases, Bronchitus, Ashma and Consumption; also Catarrhal Deafness, Catarrh, Ophthalmia (sore eyes) and Diseases of the Heart. The only institute of the kind in the Dominion of Canada. Over 40,000 persons treated during the past 18 years for some form of head, throat or lung trouble, from nearly every part of the civilized world. All diseases of the respiratory organs treated by medicated inhalations, combined when required with constitutional remedies for the stomach, liver, blood and nervous system. Consultation free, and prices of the institute within the reach of all. Those who desire to investigate for themselves had better call personally at the office, but if impossible to do so, may write for "List of Questions" and "Medical Treatise." Address On-Fakio Pulkinonaky Institute, 125 Church Street, Toronto, Ont. Monti n Pressyrrekian.

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#### Scientific and Aseful.

WATER ICE.—One cup of loaf sugar with the juice of six lemons squeezed over it, half a pint of water, and a syrup made by boiling three-quarters of a pound of sugar in a little less than a pint of water; let this stand in a large earthen jar or dish for an hour and a half, then mix the lemon, etc., with it, strain it and freeze. If you wish to make this a pretty dish as well as pleasing to the taste, add the whites of eggs beaten to a froth with powdered sugar mixed with them; put this on the top of each glass. of each glass.

of each glass.

KISSES.—Whites of six eggs, one pound of pulverized sugar, one drop of rose oil; put the sugar in the dish first, and drop the whites of eggs (unbeaten) upon it; beat them together thoroughly for two hours; drop on tins with a teaspoon, turning spoon round and round until the cakes are very high and end in a point; this will give them a fluted appearance; when baked and still hot, stick two of them together, using a little white of egg in necessary; lay them very carefully upon an inverted sieve to cool; they may also be squeezed through a meringue bag like ladyfingers, or they may be dropped in smooth round cakes.

fingers, or they may be dropped in smooth round cakes.

COOKIES.—Eake one cup of butter and two cups of sugar and beat them together "with fury;" as the French cook said; stir together, two talkspoonfuls of milk and a cupful-of flour, with which a teaspoonful of baking powder has been mixed. Beat up four eggs, and add them to the flour and milk, beat in the butter and sugar, and add enough flour to make a dough that can be rolled. Bake on a sheet of iron rather than in a pan, for the temptation to crowd a pan is almost irresistible, and a cookie with one straight edge, although it may taste quite as well as if twere round, does not look as well.—The brildren would not thing that it tasted as well, either. tasted as well, either.

DEVILLED MUTTONS.—Cold mutton cannot be accused of being rich or unwholesome, but its warmest defender will not say that it is tempting as food. To make an agreeable by kfast or luncheon dish of it, melt two tables poonfuls of butter and one of currant jelly in a frying pan, and heat the mutton in the mixture, turning it frequently prevent crisping, when it is thoroughly hot, lay it in a hot covered dish set over boiling water; add three tablespoonfuls of vinegar, a small spoonful of mustard, a quarter of a spoonful of salt, and an eighth of a spoonful of pepper to the mixture in the pan, and, when it boils, pour it over the meat and serve in three or four minutes. Even mutton will seem hot under this treatment.

LOBSTER FRITTERS.—To make them, cut DEVILLED MUTTONS.—Cold mutton can-

serve in three or four minutes. Even mutton will seem hot under this treatment.

LOBSTER FRITTERS.—To make them, cut the meat of a cold boiled lobster into dice and mix the lobster fat with it; add three-quarters of a cupful of mushrooms cut into dice; season this mixture with celery salt and cayenne pepper; put a piece of butter half the size of an egg into a saucepan, and when it bubbles stir in a tablespoonful of flour; let the flour cook a little, then add a cupful of cream and some finely minced parsley; stir until the sauce thickens, then add the other ingsedients, and stir well until they become scalling hot; remove from the fire and stir in the well beaten yolks of three eggs, spread this mixture an inch thick upon a buttered djsb, and set it upon ice to become chilled; their cut it into small parallelograms, and roll them in fritter batter, or beaten eggs and bread crumbs; fry them in boiling lard.

#### Á GREAT INSTITUTION.

The surgeons of the International Throat and Lung Institute, operating from their different offices, Montreal, Toronto, Detroit, Mich., and Winnipeg, Man., are treating more patients suffering from Consumption, Bronchitis, Laryngitis, Pharyngitis, Asthma, Catarrh, Catarrhal Deafness, than any other institution in the world. We will treat no case we think incurable. We can imprevery case and cure the majority we undertake to treat if patients will strictly thow out directions. By the use of cold impletors conveyed to the diseased parts by the sprometer the wonderful invention of Dr. M. Souvielle, of Paris, ex-aide surgeon of the French army, and other proper local and constitutional treatment, we are curing thousands of cases of the above named diseases every year. Write enclosing stamp for list of questions and copy of International News, published monthly, which will give you full information and reliable references.

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#### UNIVERSAL TESTIMONY.

-IN FAVOUR OF-

#### "KIDNEY-WORT

THE GREAT SPECIFIC FO DISEASES, LIVER TROUBLES CONSTIPATION, PILES, L WEAKNESSES, AND RHEUMATISM.

TERRIBLE KIDNEY DISEASE.

"Mrs. Hodges says I cannot too light prait Kidney-Wort," says Mr. Sam Hodges, Villiamstow W. Va. "It curved my terrible kidney disease. My wife had to turn me over in the bed, before using it

SEVERE KIDNEY DISEASE.

SEVERE KIDNEY DISEASK.

"I was entirely cured," recently said Mr. N. Burdick, of the Chicopee Box Co., Springfield, Mass., "of severe kidney disease by using Kidney-Wort."

COULD NOT WORK BEFORE.

"I've had no pains since I was care Kidney-Wort," said Mr. Jas. C. Hurd, of the Coopee Box Co., Springfield, Mass. "I could copee Box Co., Springfield, Mass. "I could copee Box Kidney-Wort," said Mr. Jas. C. Hurd, of the Coopee Box Co., Springfield, Mass. "I could copee Box Co., Springfield, Mass. "I could copee Box Co., Springfield, Mass." "Several doctors failed," writes greepy, Alleghany City, Pa., "but Kidney-Wort cured my kidney and liver troubles of two years standing."

KIDNEY COMPLAINT AND DIABETERS.

"For six years," says Engineer W. H. Thompson, of C. M. & St. Paul R. R., "I had kidney complaints and diabetes. Kidney-Wort has entirely cured me."

IT HAS DONE WONDERS.

"I can recommend Kidney-Wort to all the world."

"I can recommend Kidney-Wort to all the world."
writes J. K. Bingamon, Crestline, ()., "It has done
wonders for me and many others, troubled with kidney
and liver disorders."

Constitution, Piles and Rhenmatism.

I have found in my practice that Constipation and Piles in all forms, as well as Rheumatic affections yield readily to Kidney-Wort.—Philip C. Ballou, M.D., Monkton, Vt. kton, Vt. PILES 16 YEARS.

"Kidney-Wort is a medicine of priceless value. I had Piles for 16 consecutive years. It cured me."—Nelson Fairchilds, St. Albans, Vt.

Nelson Fairchilds, St. Albans, Vt. GRAVEL, PERMANENT RELIEF.

"I have used Kidney-Wort for gravel," recently wrote Jas. F. Reed, of North Acton, Main, "and it gave me permanent relief."

20 YEARS KIDNEY DISEASE.

"I had kidney disease for twenty years," writes C. P. Brown, of Westport, N. Y. "I could scarcely walk and could do no work. I devoutly thank God that Kidney-Wort has entirely cured me."

A GREAT BLESSING for RHU-MATISM.

"It is, thanks to kind Providence, a great temporal blessing," truly remarks Wm. Ellis, of Evans, Colarado. The gentleman referred to Kidney-Wort, and its magical curative properties, in the cases of rheumatism and kidney trouble.

BREEZELDEA TRANS 60N THESE RENGES.

RHEUMATISM ON THE BENCH.

A priceless Jewel. J. G. Jewell, a Judge at Woodbury, Vt., says: "Kidney-Wort cured my rheumatism. Nothing else would do it."

PILES.

FILES.

From Nantucket, Mass., Mr. Wm. H. Chadwick writes: "Kidney-Wort works promptly and efficiently in cases of Piles as well as Kidney troubles. It's a most excellent medicine."

LEDIES' TROUBLES.

"No medicine helped my three years peculiar troubles," say Mrs. II. Lamoreaux, of Isle La Motte, Vt., "except Kidney-Wort: It bred mg, and many of my friends, 500."

OVER 30 YEARS.

"I had kidney and other troubles ever to years,"

"I had kidney and other troubles ever to years," writes Mrs. J. T. Gulloway, Elk Flat, Oregon. "Nothing helped me but Kidney-Wort. It will feet a permanent cure."

A Physician's wife's Troubles.

"Domestic remedies and prescriptions by myself (a practising physician) and other doctors, only palliated my wife's chronic, two years standing, inflammation of the bladder. Kidney-Wort, however, cured her." These are extracts from a letter of Dr. C. M. Summerlin, of Sun Hill, Washington Co., Ga. SETTLED CONSTIPATION.

"I have had kidney die ase for 30 years," writes Mrs. Sarah Phillips, of Frankfort, N. Y., near Utica. "Kidney-Wort has allayed all my pains and cured my settled constipation."

LADY DISCHARGES TWO SERVANTS.

"I have no been able to do my house-work for many years, until lately," writes Mrs. M. P. Morse, of Hyde Park, Minn., "I've now surprised all my friends, by discharging my two servants and doing their work. Kiden Wort was the cause. It cured me and I'm stron

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IN SHORT, TAKE ALL THE BEST qualities of all these, and the best qualities of all the best Medicines of the World and you will find that HOP BITTERS have the best curative qualities and powers of all concentrated in them, and that they will cure when any or all of these, singly or combined, tail. A thorough trial will give positive proof of this.

My mother has been using your Burdock Blood Bitters as a liver remody, and finds them very efficacious. Chas. L. Ainsworth, 41 Vance Block, Indianapolis, Ind.

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Flies, roaches, ants, bed-buss, ran mer, gophers, chipmunks, cleared out by Roosly on Rats." 15c.

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Take You Choice.—You can be weak, nervous, debilitated, and despondent, disqualified for work of head or hand, or you can enjoy a fair share of head or hand peace of mind. Burdock Blood Bit ers will alleviate your misery and do you a world of good if you will persevere in their use for a few weeks.

weeks.

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Infallible, buseless, harmless, ca harno; for feverishness, restlessness, worm, constitutions. stipation. 25c.

MR. J. R. SEYMOUR, Druggist, St. Gatharines, writes that he finds an ever increasing sale for Burdock Brood Bitters, and adds that he can, without hesitatory, recommend it. Burdock Blood Bitters is the grand specific for all diseases of the Blood, Liver and Kidnare neys.

Ask for Well, "ROUGH ON CORNE."

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Quick, complete, permanent curs Grns, warts, bunions.

warts, buntons.

No lady of refinement likes to resort to superficial devises to supply a becoming semblance of her former beauty. It is health alone that kindles the fire that lights the countenance and brings back the fresh tints of the apple blossoms to the ladd cheek. If anything on earth will do this it is Mrs. Lydia E. Pinkham's vegetable Compound which has already brought health to multitudes with whom all other means had failed.

John Havs, Gredit P.O., says: His shoulder was so lame for him months that he could not raise his hand to his head, but by the use of Dr. Thomas' Eclectric Oil hepain and lameness disappeared, and although three month have elapsed, he has not had an attack of it since."

#### "THREW AWAY HER SUPPORTER."

"THREW AWAY HER SUPPORTER."

DR. PIERCE.—A neighbour of ours was suffering from "female weakness" which the desors dold her could not be cured without a supporter where so siderable persuasion my wife induced her to fry your "Favourite Prescription." After using one bottle she threw away the supporter and did a large agashing, which she had not done in two year before.

JAMES MILLER,

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