POETRY.

SINCE O'ER THY FOOTSTOOL.

Since o'er thy footstool here below Such radiant gems are strown, O what magnificence must glow, My God, about thy throne ! So brilliant here these drops of light, There the full ocean rolls how bright!

If night's blue curtain of the sky, With thousand stars inwrought, Hung like a royal canopy, With glittering diamonds fraught, Be, Lord, thy temple's outer veil, What splendour at the shrine must dwell!

The dazzling sun at noontide hour, Forth from his flaming vase Flinging o'er earth the golden shower, Till vale and mountain blaze, But shows, O Lord, one beam of thine: What, then, the day when thou dost shine !

Ah, how shall these dim eyes endure That noon of living rays; Or how my spirit so impure, Upon thy glory gaze ! Anoint, O Lord, anoint my sight And robe me for that world of light.

From the British Magazine.

STANZAS.

Near and more near the thunders roll, The livid lightning plays; Hark, one wide crash from pole to pole, One fierce sulphureous blaze.

My pulse is calm, I feel no fear As in the storm I stand: What guides the bolt that whirls so near? It is my Futher's hand.

Sweet is you streak of pale blue sky Above the stormy clouds; And sweet the beam from mercy's eye, Though sin its fulness shrouds.

O Lord, whose glory is to save All that confide in Thee, Thy pardoning love no bounds can have, Since there is hope for me.

Bank upon bank the vapor crowds, Pouring the ceaseless rain; How measureless appear the clouds! To count the drops how vain!

And wider shines the orb of day, More numerous still it gleams; And swift the storm shall roll away, When forth its brightness beams.

Though dark, my guilty soul, as night, Countless as rain my sins, Thy mercy beams with broader light, Thy grace my pardon wins.

MISCELLANEOUS.

DR. PARRE,

An eminent physician of forty years' practice, testified as follows:

" The use of the Sabbath, medically speaking, is that of a day of rest. It is a day of compensation for the inadequate restorative power of the body under Buplism of a Pandarum.—The members of the continued labor and excitoment. A physician always congregation of Wesleyan Christians, and others from

From the Journal of the Institute of Flushing, U. States. is at end. The ordinary exertions of man run down administration of the rice of baptism to Wesley Abn. the circulation every day of his life; and the first general law of nature by which God prevents man from
in much esteem by all the Hindoos of this part
destroying himself, is the alternating of day with
India. He was, until lately, known by the name o
night, that repose may succeed action. But though Armunga the Tambiran, overseer of Tarmapuran
hight, apparently equalizes the circulation well, yet in near Tanjore. The Rev. R. Carver entered the does not sufficiently restore its balance for the attainment of a long life. Hence one day in seven, by the bounty of Providence, is thrown in as a day of compensation to perfect by its repose the animal system. The subhatical institution is not simply a pre
tem. The subhatical institution is not simply a precept partaking of the nature of a political institution, vanities, and his orange-coloured cloths, as Tambi but it is to be numbered among the natural duties, ran; these, immediately before the celebration of life be admitted to be a duty, baptism, Wesley Abraham, with his own hands, too and the premature destruction of it a suicidal act, up and presented to the minister, intoken of his utle This is said simply as a physician, and without respect renunciation of the habits and practice of his forms at all to the theological question. I have found it es-life. His beard had been shaven close, and also the sential to my own well-being as a medical man, to hair of his head, - the form of which, so far as abridge my labor on the Sabbath to what is actually could compare it with those called good heads ! necessary. I have frequently observed the prema-craniologists, was good—it was also handsome. H ture death of physicians from continued exertion. In countenance and manner bespoke determination and warm climates, and in active service this is painfully apparent. I have advised the clergyman, in lieu
of his Sabbath, to rest one day in the week; it form,
a continual prescription of mine. I have seen many
destroyed by their duties on that day. I would say
further, that quitting the grosser evils of mere anihead and beard, a large concourse of wealthy native mal living from over stimulation and undue exercise assembled at the Mission house, and would by form of body, the working of the mind in one continued prevent him; again and again was he assailed by the train of thought is the destruction of life in the most enteresties of his former flock to adhere to the religious description of the senators of his fathers and preserve his hair from the themselves need reform in that particular. I have defilement of the razor, but to no effect; at length seen many of them destroyed by neglecting this ecomy of life."

The above facts we have collected from "Criti-

cal Notices," in the American Quarterly Observer. Church Mirror.

The example required in Ministers of the Gospel .-In all pursuits it is a true proverh that the disciple of his conversion, he has been admitted to baptism. is not above his master—the teacher must not, cannot Conservative, Aug. 5. look for proficiency in others, which he does not himself exemplify. But, above all others, this is true of the teacher of religion. He has every drawback to encounter in his efforts to gain and form disciples. Innate corruption, fixed habits, and surrounding example, all combine to destroy the efficiency of his instructions. He points, avowedly, to an unseen reward and unknown dangers as the grounds of exertion. He holds out motives for which the evil heart of deprayed humanity has little relish. He lays down principles which are hard to understand, harder still to realize, and hardest of all to put in practice. In reading of a religious newspaper, may regard himsel such a work, can the force of example be foregone? as performing, every week, the part of a tract divided with believe the messenger of eternal tributor. It would be difficult to point out a mode it truth, whom the, see living as one of themselves? which more good can be done, with an equal expension will singust be any and by motion which them but it of time and effort Will sinners be swayed by motives which they behold of time and effort. Will they inoperative on him who holds them forth? receive and cherish principles, which are unproductive of results in the life and character of their professed expositor and advocate? Such questions need not the errise a due command over our thoughts. Let us accusion ourselves, on an occasion, the expositor and advocate? Such questions need not the errise a due command over our thoughts. Let us accusion ourselves, on an occasion, the answer of experience: but that answer has been given take care of those entanglements of passion, and the errise and t too loudly and too long to be unheeded. page of the history of the church of God, under both the dispensations in which it has existed, is a lesson on the indispensableness of irreproachable purity and elevated picty in those who serve the airr. The gosmunicated by contagion, as it were, from those who are commissioned for its inculcation. God's omnipotence indeed, is not to be limited by the unfaithfulness of his servants. He can and will perform his promise to maintain his church, independently, if need he, of human co-operation. But the life of a church thief, as of a prayerless christian.—Jay. with a corrupted ministry, is like that ghostly life of which we read in the fables of enchantments-when the moving and animated eye does but lend fresh horrors to the cold, putrescent corpse: the spirituality and purity of our holy faith casts a shade of double intensity over the inconsistent conduct of a worldly clergy and their perishing people .-- Rev. W. R. Witlingham.

CALCUTTA.

thus respect to the preservation of the restorative curiosity, assembled at the Wesloyan chapel, in Pos and the subject became a matter of police cogniz ance,-a warning from the bench of magistrate enabled the new convert to return in peace to the Mission house, and undergo the loss of his hair which he remained resolutely determined to low Having since satisfied Mr. Carver of the integrity

RELICIOUS NEWSPAPERS.

The Connecticut Observer makes the following re marks, which we think may well be considered by those who are desirous of improving the moral sa intellectual state of society: - Chr. IVit.

" A religious newspaper is, in truth, a periodica

GOLDEN SENTENCES.

Let us accustom ourselves, on all occasions, to ex Every attachments to any present interest and view which could deprive us of our power over them.—Doddridgu

Would God that all the Lord's people were prophets, and that the Lord would put His spirit upo pel, to be life-giving, must be borne abroad by liv-them! 11 Numb. 29. If from thence thou shalt seit ing evidences of its power. Holiness must be com-the Lord thy God, thou shalt find Him if thousen municated by contagion, as it were, from those who Him with all thy heart and with all thy soul, 4 Deut. 28

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