"Sage advice is annually dealt out upon this subject, and this year the warnings of the wise are supplemented by a publication which is deserving of wide patronage and a careful study. The book to which we refer is 'Swimming and Life-Saving,' and its author is that courageous man, Captain W. D. Andrews, who has been decorated with innumerable medals for bravery in rescuing drowning persons. The work which has just been issued from the press is one of the most complete books of its kind, and is filled with information about swimming, the various instructions being illustrated by capital ents."-Toronto Empire, May 1, 1889.

"One of the most useful and interesting Canadian publications of the year is that of Captain Andrews on 'Swimming and Life-Saving,' issued in well bound style from the Methodist Publishing House, Toronto. It has a strong local interest, for Captain Andrews was born and brought up in Kingston, and performed the first of his many deeds of water heroism here in saving life. His great experience and capabilities are made valuable universally in the lessons he gives on swimming and life-saving. His medals and honors are also

described."-Kingston British Whig.



ADDINGTON SQUARE, S.E., London, March 4th, 1889.

DEAR SIR,—We desire most cordially to thank you for the To CAPTAIN W. D. ANDREWS, R.H.S., books which Messrs. Sinclair & Cook have sent us on your behalf. "Swimming and Life-Saving" is the best work on the subject we have ever seen (after almost twenty years' experience), and we wish it every success and a large sale, for the more such an excellent and practical book is read the better it will be for the individuals reading it, and for the advancement and promotion of the art.

As brother sportsmen we cannot conclude this acknowledgment of your kindness without assuring you of the deep sympathy we have for you in your terrible affliction; while sincerely hoping it is only temporary, we can assure you nothing would give greater satisfaction to all swimmers in this country (your fame has reached us many years since) than the knowledge of your complete recovery.

We are, very fathfully yours, HENRY & WALTER BENJAMIN,